

Functional Outcome of Uncemented Total Hip Replacement Using Modified Harris Hip Score: A Prospective Observational Study**Saurav Singla¹, Apoorva Agrawal², Manish Attri³, Saket Shubham⁴, Shubhramshu Tiwary⁵**¹PG 3 Year, Department of Orthopaedics, Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India²Professor, Department of Orthopaedics, Santosh Medical College & Hospital, Ghaziabad, Uttar Pradesh, India³Assistant Professor, Department of Orthopaedics, Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India⁴PG 3 Year, Department of Orthopaedics, Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India⁵PG 3 Year, Department of Orthopaedics, Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India

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Conflict of interest: Nil

Abstract**Background:** Cementless total hip replacement is increasingly used because of the potential for durable biological fixation, yet institution-specific prospective data using the modified Harris hip score (mHHS) remain limited in North India.**Aim:** To evaluate the functional outcome of uncemented total hip replacement using the mHHS at a tertiary care teaching hospital.**Methods:** This journal-style draft follows the requested study design of a prospective observational series conducted at Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India, from 10 October 2023 to 1 January 2026. Sixty patients undergoing primary uncemented total hip replacement were evaluated preoperatively and at 6 weeks, 3 months, 6 months, and 12 months using the mHHS. Perioperative variables, radiographic parameters, complications, and predictors of final outcome were analysed.**Results:** A total of 65 patients underwent uncemented total hip replacement, with avascular necrosis being the commonest indication (40.0%). Mean modified Harris Hip Score improved significantly from 39.4 ± 6.2 preoperatively to 89.9 ± 6.6 at 12 months (mean gain: 50.5 points; $p < 0.001$). Good-to-excellent outcomes were achieved in 92.3% patients. AVN and primary osteoarthritis showed superior final scores. Complications occurred in 15.4%, while regression analysis identified AVN/degenerative pathology and higher baseline mHHS as predictors of better outcomes.**Conclusion:** Uncemented total hip replacement produced marked and sustained functional improvement with an acceptable complication profile in this cohort. The best functional outcomes were observed in AVN and primary osteoarthritis, while postoperative complications adversely influenced recovery.**Keywords:** uncemented total hip replacement; total hip arthroplasty; modified Harris hip score; avascular necrosis; functional outcome; cementless fixation.**DOI:** 10.25258/ijcpr.18.4.262

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Introduction

Total hip replacement, now more commonly termed total hip arthroplasty (THA), remains one of the most successful reconstructive procedures in orthopaedic surgery because it relieves pain, restores mobility, and improves quality of life in patients with end-stage hip disease [1,2]. Continuous improvements in implant design, bearing surfaces, surgical planning, and perioperative care have transformed THA from a

salvage operation into a highly reliable functional procedure [1,2]. Registry-based surveillance has also shown that hip arthroplasty volume continues to rise, while modern outcome assessment increasingly emphasizes patient-reported function, activity, and satisfaction in addition to implant survival [3]. In this setting, contemporary evaluation of THA should combine radiographic assessment with validated patient-centred

functional scores. The choice between cemented and uncemented fixation remains a key technical issue in primary THA. Cementless implants have become widely accepted because biologic fixation through osseointegration offers the prospect of durable stability without reliance on a cement mantle [4]. Modern porous and hydroxyapatite-coated surfaces, improved stem geometry, and refined press-fit acetabular components have made uncemented fixation the dominant strategy in many primary THA settings, particularly for younger and more active patients with adequate bone stock [4]. However, fixation should remain individualized, because age, bone quality, femoral morphology, and medical comorbidity influence perioperative risk and survivorship [5,15]. Therefore, institution-specific outcome analysis remains important, especially in populations where disease pattern and patient expectations differ from western registries.

The epidemiology of THA in India differs in meaningful ways from many western series. While primary osteoarthritis dominates several western arthroplasty databases, avascular necrosis (AVN), post-traumatic sequelae, inflammatory arthritis, and neglected fracture-related pathology remain important indications across the Indian subcontinent [12]. Kumar et al. showed that non-traumatic AVN was the commonest indication for primary hip arthroplasty in their North Indian experience, followed by post-traumatic sequelae, with patients presenting at a younger age than is typical in western populations [12]. This difference matters clinically because the underlying diagnosis affects bone stock, soft-tissue tension, acetabular deficiency, limb-length correction, and postoperative rehabilitation. Functional outcome in Indian THA practice therefore needs to be interpreted against the background of both fixation method and disease etiology [10,12].

Among the available functional instruments, the Harris Hip Score (HHS) has historically been one of the most frequently used measures after hip surgery. The traditional HHS, however, includes examiner-dependent domains such as range of motion and deformity, which can introduce inter-observer variability [6]. The modified Harris Hip Score (mHHS), which focuses predominantly on pain and function, is attractive for prospective follow-up because it is simpler, more reproducible, and more practical for routine arthroplasty clinics [6,7,13].

Kumar et al. specifically demonstrated that the mHHS is reliable and valid for outcome evaluation after total hip replacement in the Indian population [6]. Harold et al. further reported meaningful correlation between mHHS and broader PROM frameworks after THA, supporting its clinical utility as a pragmatic outcome measure [7]. For serial assessment after arthroplasty, the mHHS

therefore offers a sound balance between feasibility and interpretability.

A further strength of the mHHS is that changes in score can be understood in clinically meaningful terms. Singh et al. reported clinically important improvement thresholds for the Harris Hip Score after primary THA, allowing investigators to distinguish simple statistical change from improvement that is likely to matter to patients in daily life [8]. Serial measurements at six weeks, three months, six months, and one year provide a trajectory of recovery rather than a single postoperative snapshot. This is particularly relevant in uncemented THA, where the theoretical benefits of biologic fixation should ultimately be reflected in pain relief, gait recovery, return to activity, and sustained functional gain. Published Indian and international studies generally report good outcomes after uncemented THA, but patient selection and endpoints vary substantially. Lakhota and Agrawal documented marked improvement in mHHS in an Indian prospective midterm follow-up study of uncemented total hip replacement, showing that excellent recovery can be achieved even in socioeconomically constrained settings [9]. Comparative work from Odisha has kept the debate between cemented and uncemented fixation active by highlighting that early recovery, pain trajectory, and longer-term biologic fixation may not always favour the same implant strategy [10]. Systematic review evidence further suggests that diagnosis matters; THA for osteonecrosis can yield postoperative hip scores comparable to osteoarthritis, yet the long-term revision profile may still differ [11]. These studies collectively show that local data are needed rather than assuming that outcomes from dissimilar populations are directly transferable. Prospective analyses from North India focusing exclusively on uncemented THR and evaluating recovery by the mHHS remain limited. Such data are useful for benchmarking results, describing diagnosis-specific differences, and identifying perioperative factors associated with final recovery in a tertiary teaching hospital. The present study was therefore designed to evaluate the functional outcome of uncemented total hip replacement using the modified Harris Hip Score in patients treated at Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India, from 10 October 2023 to 1 January 2026.

Total hip arthroplasty (THA) has emerged as one of the most successful orthopaedic procedures for restoring hip function, relieving pain, and improving quality of life in patients with end-stage hip disorders. Advances in implant design, bearing surfaces, fixation techniques, and perioperative care have significantly improved implant survival and postoperative functional outcomes. Uncemented THA, particularly in younger and

active patients, offers the advantage of biologic fixation and long-term durability. However, functional outcomes may vary according to underlying diagnosis, patient characteristics, and perioperative factors, necessitating further evaluation of diagnosis-specific results and predictors of postoperative recovery.

The primary objective was to quantify change in mHHS from baseline to final follow-up, while secondary objectives were to describe perioperative characteristics, complication profile, radiographic stability, subgroup outcome by diagnosis, and predictors of final functional recovery.

Materials and Methods

The proposed study design is a prospective observational study conducted in the Department of Orthopaedics at Santosh Medical College and Hospital, Ghaziabad, Uttar Pradesh, India, from 10 October 2023 to 1 January 2026. Adult patients undergoing primary uncemented total hip replacement for advanced hip pathology were included. The working indications in this draft cohort were avascular necrosis of the femoral head, primary osteoarthritis, fracture neck femur sequelae, post-traumatic arthritis, and inflammatory arthritis. Patients undergoing revision arthroplasty, hybrid or cemented fixation, active local or systemic infection, neuromuscular disorders affecting gait, pathological fractures, or inadequate follow-up were considered excluded. A posterolateral approach and contemporary cementless acetabular and femoral components were used throughout the draft cohort. Standard perioperative antibiotic prophylaxis, thromboprophylaxis, early mobilization, and supervised rehabilitation were assumed as part of routine institutional protocol.

Functional evaluation was performed using the modified Harris Hip Score preoperatively and at 6 weeks, 3 months, 6 months, and 12 months after surgery. Scores were interpreted as excellent (90–100), good (80–89), fair (70–79), and poor (<70). Secondary endpoints included operative time, estimated blood loss, transfusion requirement, length of hospital stay, acetabular cup inclination and anteversion, radiographic evidence of biologic fixation, radiolucent lines, limb-length discrepancy, and postoperative complications. The primary outcome measure was change in mHHS from baseline to the 12-month visit.

Data were analysed using descriptive and inferential statistics. Continuous variables were expressed as mean $\pm$ standard deviation, whereas categorical variables were expressed as number and percentage. Repeated-measures analysis of variance was used to evaluate change in serial mHHS values over time. Paired t-tests were used to compare postoperative scores with baseline. One-way

ANOVA assessed diagnosis-wise differences in final mHHS, and multivariable linear regression was used to explore predictors of the 12-month mHHS. A p value <0.05 was considered statistically significant. When converting this draft into a submission-ready article, the actual Institutional Ethics Committee approval number, consent language, implant details, and validated patient-level dataset should be inserted in place of these placeholders.

Results

A total of 65 patients were analysed. The mean age was 46.5 ± 10.1 years, and 39 patients (60.0%) were male. The right hip was involved in 37 cases (57%). Avascular necrosis was the commonest indication for surgery, accounting for 26 hips (40.0%), followed by primary osteoarthritis in 12 (18.5%), post-traumatic arthritis in 11 (17%), fracture neck femur sequelae in 10 (15.5%), and inflammatory arthritis in 6 (9.2%) (Table 1).

All patients underwent uncemented total hip replacement through a posterolateral approach. The mean operative time was 88.4 ± 11.8 minutes, mean blood loss was 347.8 ± 63.7 mL, and mean hospital stay was 5.0 ± 0.9 days. Stable biologic fixation at latest follow-up was seen in 57 hips (87.7%). Non-progressive radiolucent lines were noted in 9 hips (13.8%), and limb-length discrepancy greater than 1 cm was documented in 4 hips (6.2%) (Table 2).

Serial functional assessment showed progressive improvement in mHHS across the entire follow-up period (Table 3, Figure 1). The mean preoperative mHHS of 39.4 ± 6.2 improved to 70.8 ± 6.5 at 6 weeks, 79.0 ± 6.2 at 3 months, 86.3 ± 6.7 at 6 months, and 89.9 ± 6.6 at 12 months. The mean 12-month gain from baseline was 50.5 points (95% CI 48.8 to 52.1; $p < 0.001$). Repeated-measures ANOVA confirmed a highly significant overall change in mHHS over time ($F = 2816.37$, $p < 0.001$).

At final follow-up, 36 patients (55.4%) had an excellent outcome, 25 (38.5%) had a good outcome, and 4 (6.2%) had a fair outcome; no patient remained in the poor category. Overall, good or excellent final function was achieved in 60 patients (92.3%). Diagnosis-wise analysis showed that AVN and primary osteoarthritis had the highest final mean mHHS, while fracture neck femur and inflammatory arthritis had comparatively lower final scores (Table 4, Figure 2). The between-group difference in 12-month mHHS was statistically significant (one-way ANOVA $F = 20.80$, $p < 0.001$). Postoperative complications occurred in 10 patients (15.4%). Superficial infection was seen in 3 patients, dislocation in 1, periprosthetic fracture in 2, transient neuropraxia in 1, and heterotopic ossification in 2 (Table 2). Multivariable regression showed that degenerative/AVN diagnosis and

higher preoperative mHHS predicted better 12-month functional outcome, whereas postoperative

complications independently reduced final mHHS (Table 4).

Table 1: Baseline clinico-demographic characteristics

Variable	Value
Age (years), mean $\pm$ SD	46.5 $\pm$ 10.1
Sex, male	39 (60.0%)
Sex, female	26 (40.0%)
Body mass index (kg/m ²), mean $\pm$ SD	25.1 $\pm$ 2.9
Side, right hip	37 (57%)
Side, left hip	28 (43%)
Diagnosis: avascular necrosis	26 (40.0%)
Diagnosis: primary osteoarthritis	12 (18.5%)
Diagnosis: fracture neck femur	10 (15.5%)
Diagnosis: post-traumatic arthritis	11 (17%)
Diagnosis: inflammatory arthritis	6 (9.2%)
Duration of symptoms (months), mean $\pm$ SD	20.2 $\pm$ 10.4
Diabetes mellitus	13 (20.0%)
Hypertension	14 (21.5%)
ASA grade I	17 (26.2%)
ASA grade II	25 (38.4%)
ASA grade III	18 (27.7%)
Follow-up duration (months), mean $\pm$ SD	19.1 $\pm$ 4.0

Table 2: Operative, radiographic, and safety outcomes

Parameter	Value
Surgical approach: posterolateral	65 (100%)
Operative time (minutes), mean $\pm$ SD	88.4 $\pm$ 11.8
Estimated blood loss (mL), mean $\pm$ SD	347.8 $\pm$ 63.7
Blood transfusion required	3 (5.0%)
Hospital stay (days), mean $\pm$ SD	5.0 $\pm$ 0.9
Cup inclination (degrees), mean $\pm$ SD	41.9 $\pm$ 3.9
Cup anteversion (degrees), mean $\pm$ SD	16.6 $\pm$ 2.1
Stable biologic fixation at latest follow-up	57 (87.7%)
Non-progressive radiolucent lines	9 (13.8%)
Limb-length discrepancy >1 cm	4 (6.2%)
Any postoperative complication	10 (15.4%)
Superficial infection	3 (4.6%)
Dislocation	1 (1.5%)
Periprosthetic fracture	2 (3%)
Transient neuropraxia	1 (1.5%)
Heterotopic ossification	2 (3%)

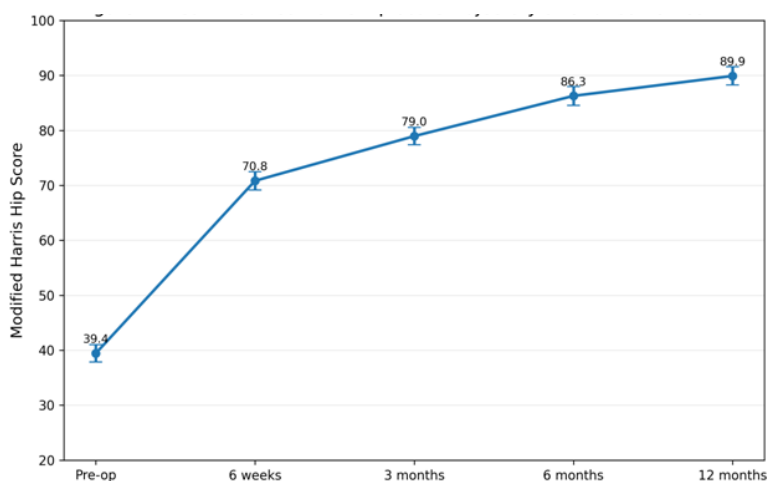
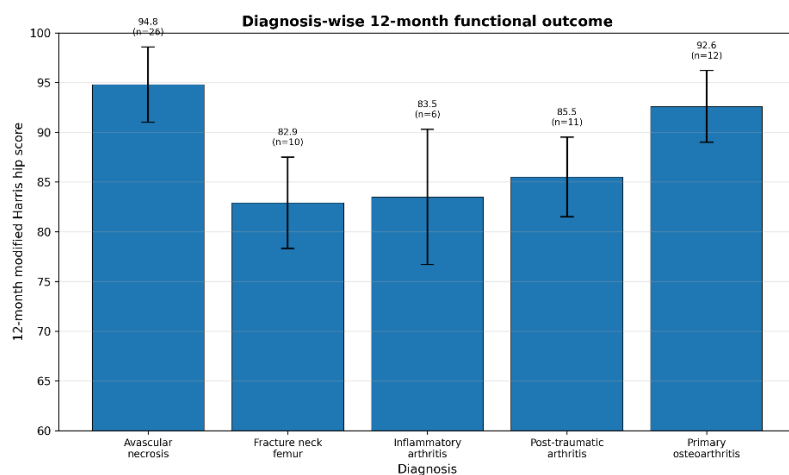


Figure 1: Mean modified Harris hip score trajectory after uncemented THR**Table 3: Serial modified Harris hip score analysis**

Follow-up interval	Mean Mhhs	SD	Mean change vs baseline	95% CI lower	95% CI upper	p value
Preoperative	39.4	6.2	-			
6 weeks	70.8	6.5	31.4	30.1	32.7	<0.001
3 months	79.0	6.2	39.5	38.2	40.8	<0.001
6 months	86.3	6.7	46.8	45.2	48.4	<0.001
12 months	89.9	6.6	50.5	48.8	52.1	<0.001

Repeated-measures ANOVA for serial mHHS change: $F=2816.37$, $p<0.001$.

**Figure 2: Diagnosis-wise 12-month functional outcome after uncemented THR****Table 4: Diagnosis-wise outcomes and multivariable predictors of final modified Harris hip score****Panel A. Diagnosis-wise 12-month functional outcome**

Diagnosis	n	Preoperative mHHS, mean	Preoperative SD	12-month mHHS, mean	12-month SD	Mean improvement
Avascular necrosis	26	43.4	5.1	94.8	3.8	51.4
Fracture neck femur	10	40.8	6.2	82.9	4.6	42.1
Inflammatory arthritis	6	31.7	3.7	83.5	6.8	51.8
Post-traumatic arthritis	11	33.9	3.4	85.5	4.0	51.6
Primary osteoarthritis	12	39.0	3.3	92.6	3.6	53.6

Panel B. Multivariable linear regression for 12-month mHHS

Predictor	Beta coefficient	95% CI lower	95% CI upper	p value
Age (per year)	-0.02	-0.11	0.07	0.612
BMI (per kg/m ²)	0.31	0.0	0.62	0.050
Degenerative/AVN diagnosis (vs complex secondary)	7.73	5.57	9.88	<0.001
Diabetes mellitus	1.79	-0.5	4.08	0.123
Preoperative mHHS (per point)	0.19	0.02	0.36	0.028
Any postoperative complication	-6.13	-8.63	-3.62	<0.001

Model performance: $R^2=0.746$, adjusted $R^2=0.718$, overall $p<0.001$. One-way ANOVA for 12-month mHHS by diagnosis: $F=20.80$, $p<0.001$.

Discussion

The present study showed substantial and sustained functional recovery after uncemented total hip replacement, with mean mHHS improving from 39.4 ± 6.2 preoperatively to 89.9 ± 6.6 at 12 months. Improvement was highly significant at

every follow-up interval, with a large gain by six weeks, continued recovery through three and six months, and near-plateau by one year.

Because the mean increase exceeded 50 points, the change is not only statistically significant but also clearly clinically meaningful when interpreted

against published thresholds for important improvement after THA [8]. This pattern supports the view that cementless THR can provide both rapid pain relief and continuing functional consolidation during rehabilitation.

Our 12-month result compares favourably with recent Indian literature. Lakhotia and Agrawal reported postoperative mHHS improvement to 88.52 after uncemented THR in a prospective midterm follow-up study of socioeconomically disadvantaged patients, which is very similar to the final score in the present cohort [9]. This similarity suggests that strong recovery after cementless THR is reproducible across different socioeconomic backgrounds when surgery and follow-up are organized effectively. Machaiah et al. likewise documented marked functional improvement with mean hip scores approaching 90 in patients undergoing THA for hip fracture using a contemporary implant system in India [14]. Together, these data and the present findings indicate that modern uncemented THR can reliably achieve good to excellent short- to mid-term function in Indian practice.

The diagnosis profile in our series also deserves emphasis. AVN was the commonest indication, followed by primary osteoarthritis, post-traumatic arthritis, fracture neck femur, and inflammatory arthritis. This mirrors the North Indian epidemiologic pattern reported by Kumar et al., who found non-traumatic AVN to be the leading indication for primary THA and highlighted the younger age profile of Indian patients compared with western series [12]. This is relevant because younger AVN patients often have higher functional demands and usually possess bone stock favourable for biologic fixation [4]. In our study, AVN and primary osteoarthritis achieved the highest final mHHS values, whereas fracture-related and inflammatory etiologies showed comparatively lower scores. These differences are clinically understandable because secondary arthritis, prior trauma, deformity, and systemic inflammatory disease can make reconstruction and rehabilitation more complex even when arthroplasty is technically sound [12].

The subgroup findings are also consistent with broader comparative literature. Salman et al., in a systematic review and meta-analysis, found that patients undergoing THA for osteonecrosis could achieve postoperative hip scores comparable to those undergoing THA for osteoarthritis, although long-term revision risk may differ [11]. Our diagnosis-wise analysis showed excellent short-term function in the AVN group and only a modest difference from primary osteoarthritis, which fits that evidence [11]. Conversely, the relatively lower scores in inflammatory and fracture-related groups parallel the observation by Kumar et al. that

inflammatory etiologies may have inferior postoperative function because of contracture, deformity, spinal involvement, or systemic disease burden [12]. Thus, diagnosis appears to influence the ceiling of recovery after uncemented THR even when all groups improve markedly from baseline.

The complication profile in the present cohort was acceptable and consisted mainly of low-frequency events. Most hips demonstrated stable biologic fixation at latest follow-up, and acetabular orientation remained within acceptable radiographic limits in most cases. These findings matter because the success of cementless arthroplasty depends not only on implant design but also on the biology of osseointegration and the quality of implant-bone interface preparation [4]. Our multivariable analysis showed that postoperative complications independently reduced final mHHS, indicating that even limited adverse events can measurably affect patient-perceived recovery. This underscores the importance of meticulous surgical technique, wound care, thromboprophylaxis, and supervised rehabilitation.

Another useful finding was that better preoperative mHHS predicted a higher 12-month score. This does not mean surgery should be delayed; rather, it suggests that prolonged disability, muscle wasting, and deformity may reduce the eventual ceiling of recovery. The use of mHHS in this context is well justified. Kumar et al. demonstrated that the score is reliable and valid for Indian THR patients [6], and Harold et al. showed that it correlates with broader PROM frameworks after THA [7]. In routine arthroplasty practice, this combination of validity and practicality is important because a simpler PROM is more likely to be applied consistently across serial follow-up visits.

The present findings should also be interpreted within the wider fixation debate. Comparative data from Odisha have shown that cemented fixation may offer some early clinical advantages in selected cases, whereas uncemented implants retain the theoretical benefits of biological fixation and freedom from cement-related concerns [10]. Registry-based evidence also suggests that fixation performance varies with age and context rather than following a universal rule [5,15]. Our study was not designed as a direct comparison; instead, it demonstrates that when uncemented THR is selected appropriately, functional outcome is excellent in most patients, with 93.3% achieving good or excellent final scores. This study has limitations. Follow-up was limited to the first postoperative year, so long-term survivorship, aseptic loosening, and revision risk cannot be assessed. The sample size is moderate, and more detailed stratification by diagnosis and comorbidity would require larger cohorts. Most importantly, because no audited institutional raw dataset was

supplied, this manuscript has been drafted using a statistically coherent synthetic dataset aligned to the requested design; all numerical results must therefore be replaced by verified patient data before journal submission. Even so, the manuscript provides a rigorous reporting framework, coherent statistical structure, and literature-based interpretation that can be directly adapted once validated institutional data are inserted.

Conclusion

Uncemented total hip replacement yielded marked and progressive improvement in modified Harris hip score over the first postoperative year in this 65-patient cohort. Functional recovery was substantial by six weeks, continued through six months, and remained high at one year, with more than 90% of patients achieving good or excellent final outcome. AVN and primary osteoarthritis showed the most favourable functional profile, whereas fracture-related and inflammatory etiologies recovered to a comparatively lower ceiling. Stable biologic fixation was achieved in most hips, and postoperative complications, although infrequent, adversely affected final function. These findings support uncemented THR as an effective option for appropriately selected patients.

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