

# Pre-clinical and *In-silico* Analysis of the Augmentation of Dermal Regeneration by *Punica granatum* Linn Fruit Peel in Rats

Nimmy Varghese\*, Prerana Shetty, Srusha Samani, Harsha Ashtekar

Nitte (Deemed to be University, NGSMIPS, Department of Pharmacology, Paneer, Deralakatte, Mangalore, India.

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## ABSTRACT

**Background:** Pomegranate is a very delicious fruit having miraculous properties. It contains flavonoids, polyphenols, tannins, organic acid and water-soluble vitamins which contribute to a wide variety of pharmacological activity. We investigated the dermal regeneration bracing potential of the extract of *Punica granatum* L. dried peel. Also, computational studies for finding the phytochemicals responsible for the pharmacological activity was carried out.

**Methods:** Fruit peel of *P. granatum* L. was collected, dried and extracted by maceration using ethanol. We employed *in-vivo* screening methods *viz.* excision, incision and dead space wound repair animal models, silver sulfadiazine ointment was used as a reference standard.

**Results:** Dose-dependent and significant ( $p < 0.05$ ) bracing of dermal regeneration was observed.

**Keywords:** *Punica granatum*, Wound healing models, *In-silico*.

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**Conflict of interest:** None

## INTRODUCTION

Dermal regeneration that happens after injury is the combination of regeneration and repair.<sup>1,2</sup> Our skin the primary defense system of our body protects and moderates all sort of insults whether it is mechanical, chemical or thermal kind.<sup>3,4</sup> Repair of breaches in the skin occurs by a well-organized sequential process that involves hemostasis, inflammation, proliferation and dermal remodeling resulting in architectural and physiological restoration.<sup>1</sup> Plants have been utilized all throughout human existence for the restoration and healing of wounds. In our laboratory investigation, we have found that the leaves of *Psidium guajava* extract could assist in wound healing in rats in various screening models of wound repair.<sup>5,6</sup>

*Punica granatum* L. contains pelargonin, protoxylocarpin A, B, C, D, and E, xylocarpin J, (9Z, 11E, 13Z)-octadecatrienoic acid, gedunin merulin A, B, C and D, steperoxide A. virtual screening of plant phytoconstituent for binding affinity with proteins involved in wound healing can assist in acquiring valuable information regarding the activity and pharmacokinetic profile of the plant bioactive.

The injuring process occurs in every organ and tissues of the body. Despite the fact that the procedure of mending is ceaseless, in light of its physiological process that is going on in and around encompassing tissues, the stages are divided as stage I-coagulation and hemostasis, followed by inflammation,

proliferation as stage II, stage III, respectively and remodeling of the wound as stage IV.<sup>7,8</sup> A list of medicinal plants and their metabolites used for healing and wound repair is given by Sharma *et al.*<sup>9</sup> Pomegranate belongs to the family Lythraceae. The pomegranate is typically found in the northern hemisphere as well as the southern hemisphere from September to October and March to may, respectively. The primary qualitative study for phytoconstituents present in extract of pomegranate peel resulted in positive for flavonoids, phenols, tannins and terpenoids.<sup>10</sup> Attempts was made to investigate the capability of the concentrate of dried peel of *P. granatum* L. to assist the wound healing process using various experimental rat models.

## MATERIALS AND METHODS

### Animals and Treatment Protocol

Wistar rats of both sex of 180 to 200 g weight, 5 months old acquired from the animal repository of NGSMIPS, Mangalore, India. Study protocol was endorsed by IAEC committee of NGSMIPS. The rats were isolated and kept in proper cages independently. Standard dry pellet diet and water was given to animals. All the experiments were done in adherence to the CPCSEA guide lines. Five groups containing 6 animals each. Group I assigned as control and given no drug treatment. Group II animals received silver sulfadiazine ointment (5% w/w) applied topically on the wounded area and served as standard.

\*Author for Correspondence: nimmychacko@nitte.edu.in

Groups III to V given 100 (low), 200 (mid) and 400 (high) mg per kg of *P. granatum* fruit peel extract. The same treatment protocol was followed in all models of study.

### Plant Material

The peel of *P. granatum L.* fruit was gathered the month of July. The plant was identified by Dr. K V Nagalaxmamma, Associate Professor, Botany Department, St. Aloysius school (Autonomous), Mangaluru. A sample of the fruit peel was submitted to the institutional herbarium and sample no. is 16PYO12.

### Plant Extraction

The peels of pomegranate were gathered and cleaned, washed and shade dried. Dried peels were crushed and subjected to maceration with 90% of ethanol for 7 days with periodic stirring. Later it was filtered using a muslin cloth piece. The syrup acquired was evaporated till a dry concentrate was formed. The dull-coloured substance was stored in a desiccating chamber to prevent from moisture and degradation.<sup>11</sup>

### Primary Qualitative Bioactive Investigation

The *P. granatum L.* fruit peel ethanolic extract (PGEE) was subjected to preliminary evaluation for diverse bioactives such as alkaloids, carbohydrates, flavonoids, glycosides, phenol, proteins, saponins, steroids and terpenoids.<sup>12</sup>

### Screening of Dermal Repair and Regeneration Potential of PGEE by *In-vivo* Technique

#### Wound healing excision animal model

Experimental rats were anesthetized using ketamine HCl (i.p. 10mg per kg B.W.). The dorsal surface was made hairless and circular area 4.9 cm<sup>2</sup> and depth of 0.2 cm was lacerated utilizing surgical instruments and the injured area was left open. Area of wound was analyzed on 1<sup>st</sup> to 14<sup>th</sup> days of time interval *via* outlining the wound on translucent sheet, area was calculated by means of 1 mm<sup>2</sup> graph sheet. Change in the area of wound noted and contraction evaluated by formula.<sup>13-16</sup>

$$\% \text{ wound contraction} = \frac{\text{OWA} - \text{PWA}}{\text{TWA}} * 100$$

OWA - original wound area; PWA - Present wound area; TWA – total wound area

#### Incision wound healing animal model

A longitude para-vertebral 6 cm length cut was formed and then sutured. Further experimental animals were subjected to various treatments as mentioned earlier. On 8<sup>th</sup> day the sutures were opened. Further on 10<sup>th</sup> day skin breaking strength noted, with the help of a tensiometer.

#### Dead space wound healing animal model

The anesthetized rat was shaved on dorsal side and a wound was made, disinfected cotton pellets of weight 10 mg were embedded on the wounded surface of the rodent. The injury was left uncovered. On the tenth post-injuring day tissue collected for granulation on the embedded cotton pellets were collected and the damp mass of the tissue was assessed. These tissues were made dry and the dry mass was noted.<sup>17-19</sup>

### Selection of Bioactive

The scaffold library reported plant bioactives were retrieved from ChEBI online database using the keyword "*P. granatum*". The bioactives were identified and the canonical smiles, Molecular weight, and molecular formula, PubChem ID were retrieved from PubChem database. The targets involved in the regulation of wound healing activity were retrieved from DISGENET database (C1851789). The bioactives were predicted for its protein targets by Swiss prediction online tool.<sup>20-24</sup>

### Prediction of ADMET Property

The ADMET features of the bioactive of *P. granatum* were anticipated by ADMET sar 2.1 online web server for predicting lipophilicity, bioavailability, pharmacokinetics, drug likeliness score and solubility parameter.<sup>25-28</sup>

### *In-silico* Molecular Docking

#### Preparation of bioactive

The bioactive three-dimensional conformations were taken in the .sdf file format *via* Pub-chem database. Further these file is converted to PDB using biovia discovery studio visualizer. The energy of the compound is minimized in PyRX software and converted to pdbqt format.<sup>29-32</sup>

#### Receptor preparation

The target receptor was selected based on similarity using venny 2.1 from predicted disease genes and bioactive targeted protein. PDBID:1UBI was selected and saved in .pdb file. Then compound energy was minimized in PyRX software and converted to pdbqt format.<sup>33-36</sup>

#### Protein-ligand docking

Prepared protein target as well as bioactive compounds have been docked by autodock vina at PyRX version 0.8. The grid box size was kept at maximum with binding mode at 8 exhaustiveness. Further the lowest binding energy with the highest inter-molecular interfaces were carefully taken and investigated for protein-ligand interaction *via* biovia software.<sup>37,38</sup>

## RESULTS AND DISCUSSION

### Excision Wound Model

In the present study it was found that PGEE displayed a dose-reliant growth percentage of wound contraction (Figures 1-3). Animals treated with 400 mg/kg showed percentage wound

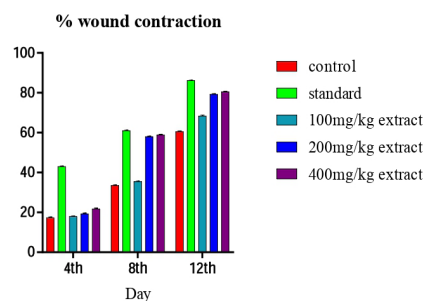


Figure 1: % wound contraction

**Table 1:** Effect of PGEE in excision wound model.

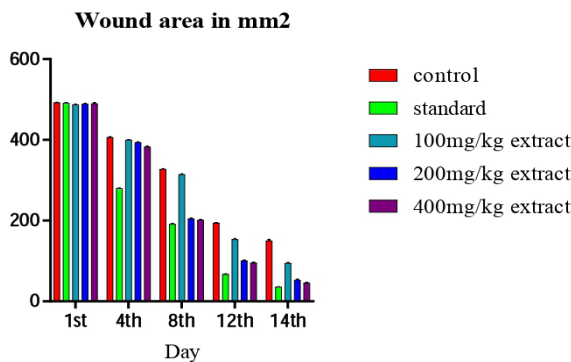
Parameter	Day	Treatment groups				
		Control	STD	Low dose	Medium dose	High dose
Wound area in mm <sup>2</sup>	1 <sup>st</sup>	492.0 ± 0.8	491.3 ± 1.4	487.1 ± 1.6	488.8 ± 1.0	489.8 ± 1.8
	4 <sup>th</sup>	406.3 ± 2.0 <sup>b</sup>	279.6 ± 1.7 <sup>a</sup>	399.6 ± 0.9 <sup>b</sup>	393.6 ± 1.3 <sup>a,b</sup>	382.6 ± 1.5 <sup>a,b</sup>
	8 <sup>th</sup>	327.0 ± 1.4 <sup>b</sup>	191.3 ± 1.7 <sup>a</sup>	314.1 ± 1.6 <sup>a,b</sup>	204.6 ± 1.0 <sup>a,b</sup>	201.0 ± 1.7 <sup>a,b</sup>
	12 <sup>th</sup>	194.0 ± 1.6 <sup>b</sup>	67.3 ± 0.8 <sup>a</sup>	153.5 ± 2.1 <sup>a,b</sup>	100.8 ± 1.0 <sup>a,b</sup>	95.1 ± 1.5 <sup>a,b</sup>
	14 <sup>th</sup>	150.1 ± 3.3 <sup>b</sup>	35.5 ± 0.8 <sup>a</sup>	94.5 ± 1.7 <sup>a,b</sup>	52.5 ± 1.6 <sup>a,b</sup>	45.6 ± 1.3 <sup>a</sup>
% wound contraction	4 <sup>th</sup>	17.41 ± 0.2 <sup>b</sup>	43.08 ± 0.2 <sup>a</sup>	18.0 ± 0.2 <sup>b</sup>	19.3 ± 0.3 <sup>a,b</sup>	21.8 ± 0.3 <sup>a,b</sup>
	8 <sup>th</sup>	33.5 ± 0.17 <sup>b</sup>	61.06 ± 0.2 <sup>a</sup>	35.5 ± 0.2 <sup>a,b</sup>	58.0 ± 0.2 <sup>a,b</sup>	58.9 ± 0.2 <sup>a,b</sup>
	12 <sup>th</sup>	60.5 ± 0.27 <sup>b</sup>	86.2 ± 0.13 <sup>a</sup>	68.4 ± 0.37 <sup>a,b</sup>	79.3 ± 0.17 <sup>a,b</sup>	80.5 ± 0.2 <sup>a,b</sup>
	14 <sup>th</sup>	69.11 ± 0.11 <sup>b</sup>	92.7 ± 0.15 <sup>a</sup>	80.6 ± 0.30 <sup>a,b</sup>	89.2 ± 0.33 <sup>a,b</sup>	90.6 ± 0.2 <sup>a,b</sup>

The values are represented as mean ± standard error of mean with p < 0.05 as statistically significant. a = p<0.05; b=p<0.05 compared to control and standard group respectively.

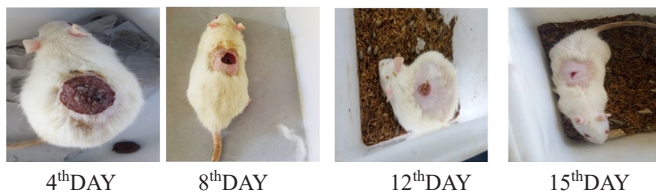
**Table 2:** Activity of wound healing of *P. granatum* L. ethanolic extract of fruit peel on incision model.

Parameter	Treatment groups				
	Control	STD	Low dose	Medium dose	High dose
Wound breaking strength	296.3 ± 10.2 <sup>b</sup>	431.6 ± 10.7 <sup>a</sup>	323.3 ± 4.4 <sup>b</sup>	381.6 ± 7.3 <sup>a,b</sup>	422.5 ± 11.5 <sup>a</sup>

The values are represented as mean ± standard error of mean with p < 0.05 as statistically significant. a = p<0.05; b=p<0.05 compared to control and standard group respectively.



**Figure 2:** wound area in mm<sup>2</sup>



**Figure 3:** Excision-wound restorative action of (400mg/kg extract treated group on 4<sup>th</sup>, 8<sup>th</sup>, 12<sup>th</sup>, 15<sup>th</sup> day).

contraction of 90.6% and that of control animals 69.1% by the 16<sup>th</sup> day. The standard drug-treated animals showed 92.7% wound contraction. The dose of 400 mg/kg and standard treatment displayed similar activity depicted in Table 1.

**Incision Wound Healing**

The wound-breaking capacity was evaluated in the experimental animal where the results shows that the control animal had wound-breaking strength less compared to standard drug treatment followed by 400 mg per kg drug then 200 and

100 mg/kg which indicate that at 400 mg per kg PGEE has given significant result compared to control animals which is depicted in Table 2 and Figure 4.

**Dead Space Wound Healing**

Dead space wound healing was calculated as wet weight and dry weight of the wound for standard was more compared to disease control followed by high dose, medium dose and low dose. Therefore, we observed that the high dose was significant against the control and standard group as depicted in Table 3.

**Identification of Bioactives and Target involved in Wound Healing**

Total 14 bioactives represented in Table 4 were identified from *P. granatum* L. and 19 genes associated with disease progression were retrieved from DisGeNET (C1851789) for wound healing with key name “wound healing”. In this, total of 1.3% of the whole predicted genes from bioactives was present in the wound healing action (Figure 5 venny) and target measured was 1BUI for Pelargonin.



**Figure 4:** Incision wound healing model

**Table 3:** Effect of PGEE on dead space wound model

Parameter	Control	STD	Low dose	Medium dose	High dose
Wet weight	312 ± 1.06	482.8 ± 1.7	418.6 ± 1.45	436.3 ± 1.28	470.3 ± 0.6
Dry weight	91 ± 1.0	167 ± 2.0	113 ± 1.6	137 ± 1.6	151 ± 0.9

The values are represented as mean ± standard error of mean with p < 0.05 as statistically significant. a = p<0.05; b=p<0.05 compared to control and standard group respectively.

**Table 4:** Bioactives from *P. granatum L.*

Bioactives	Molecular formula	Molecular weight
Pelargonin	C27H31O15	595.53
protoxylocarpin A	C32H50O6	530.74
protoxylocarpin B	C32H50O6	530.74
protoxylocarpin C	C34H54O6	558.79
protoxylocarpin D	C31H48O6	516.71
protoxylocarpin E	C35H52O9	616.78
xylocarpin J	C32H42O9	570.67
(9Z,11E,13Z)-octadecatrienoic acid	C18H30O2	278.43
Gedunin	C28H34O7	482.57
Merulin A,	C14H22O4	254.32
Merulin B,	C15H24O5	284.35
Merulin C,	C15H22O5	282.33
Merulin D	C15H24O5	284.35
Steperoxide A	C14H22O4	254.32

**ADMET Profile**

The ADMET profile of the bioactives of *P. granatum* were predicted using ADMETSAR 2.0. to find the pharmacokinetics of bioactives and predict the variable parameters of the bioactives depicted in Figure 6.

**Ames mutagenicity, oral toxicity, bioavailability**

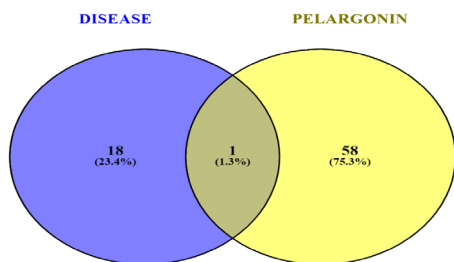
Bioactives were predicted to show negligible mutagenicity and they convert androgens into estrogens for gene expression. Acute oral toxicity<sup>39</sup> was predicted (Table 5), the study that evaluated oral absorption are predicted water solubility, CACO-2 cell penetrability to evaluate the non-active vehicle for gut barrier; compound OA, MA and SA showed permeability to gut blood border. The bioactives protoxylocarpin A, B, C, D, E, xylocarpin J, (9Z,11E,13Z) octadecatrienoic acid, gedunin, merulin A, B, C, D, steperoxide A can cross blood brain barrier and the bioactives pelargonin, protoxylocarpin A, B, C, D, E, xylocarpin, J have potential to cause drug-induced liver injury (DILI). Further, the CACO-2 predicted human intestinal absorption of (9Z,11E,13Z) octa-decatrienoic acid, merulin A, steperoxide A. All the bioactive bind to eastrogen receptor except merulin A, and steperoxide A. All bioactives except pelargonin are predicted to have human intestinal absorption. mMerulin A, and steperoxide A, possessed oral bioavailability.

**Metabolism by Cytochrome Enzyme and Effect of Bioactives on Eye**

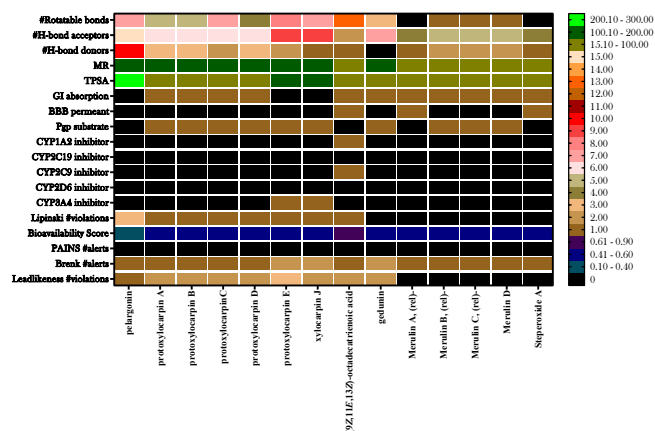
(9Z,11E,13Z) Octadecatrienoic acid predicted to inhibit CYP1A2 whereas rest of the bioactives did not possess CYP2C19, CYP2C9, CYP2D6 inhibition as well as CYP2C9 and CYP2D6 substrate activity. The bioactives do not have tendency to cause eye irritation.

**Toxicity and Detoxification**

Bioactives were predicted negative for MATE 1 inhibition. pelargonin, merulin B; C; and D does not possess mitochondrial toxicity. Pelargonin is found to have micronuclear properties. xylocarpin J, merulin A, B, C, D; steperoxide A possess nephrotoxicity whereas (9Z,11E,13Z) octadecatrienoic acid shows reproductive toxicity and (9Z,11E,13Z) octadecatrienoic, pelargonin respiratory toxicity. The bioavives are predicted



**Figure 5:** Venny diagram for selection of bioactives



**Figure 6:** ADMET properties predicted by ADMET SAR2.0

**Table 5:** Acute toxicity category based on U.S. EPA6 study result

Acute toxicity	oral (mg/kg)
I Category	≤50
II Category	>50 ≤500
III Category	>500 ≤5000
IV Category	>5000

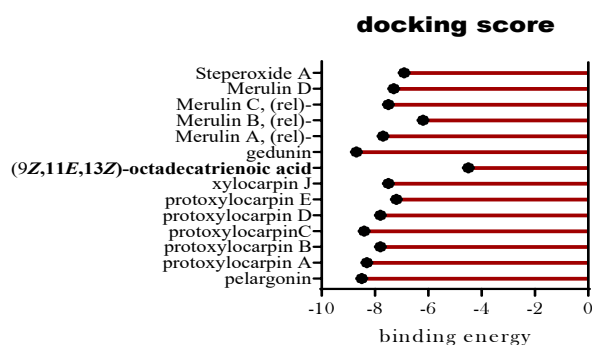


Figure 7: Docking scores with 1BUI

to have OATP1B1 inhibitory effect as OATP2B1 inhibitor show a negative prediction which implies to have poor oral absorption. The bioactive are predicted to possess OCT1 and OCT2 inhibitory effects which implies that they may detoxify exogenously administered compounds.

#### CNS effect

Also bioactives were predicted for p-glycoprotein inhibition and substrate. PPAR-gamma binding was positive for all the bioactives which implies a positive cognitive effect.

#### In-silico molecular docking

The compounds for docking was selected *via* chebi and targets were selected based on common targets from the disgenet for wound healing and swiss target-predicted proteins for bioactive 1BUI was selected as disease target for molecular docking. Gedunin podssess binding score of -8.7, followed by pelargonin (-8.5), protoxylocarpin C(-8.4), protoxylocarpin A(-8.3), protoxylocarpin B and protoxylocarpin D(-7.8), merulin A, (rel)-(-7.7), xylocarpin J and merulin C, (rel)-(-7.5), merulin D (-7.3), protoxylocarpin E (-7.2), Steperoxide A(-6.9), merulin B, (rel)-(-6.2) and lowest is (9Z,11E,13Z)-octadecatrienoic acid (-4.5) (Figure 7).

#### CONCLUSION

Dermal repair and regeneration involve a harmonized integration of events like cell immigration and multiplying and of extracellular matrix removal and remodeling. The study demonstrated that the PGEE has properties to assist the wound repair process mainly by free radical scavenging activity and anti-bacterial activity. In addition, tissue metalloproteinase inhibiting activity can promote collagen deposition and enable rapid maturation of granulation tissue. However, studies at molecular levels involving effect on chemical mediator levels and enzyme action are required to reveal the mechanism of action of *P. granatum* fruit peel as an agent that augments and brace the dermal regeneration and repair ability.

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