

# QbD-Based Formulation, Optimization and *In-vitro* Antifungal Evaluation of Sulconazole-Loaded Nanosponges Encapsulated in Hydrogel

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## ABSTRACT

Using a QbD framework, this study developed and optimized a nanosponge-based hydrogel system for topical delivery of Sulconazole. CCD was used to identify the ideal concentrations of Ethyl Cellulose (polymer) and PVA (surfactant), with particle size and entrapment efficiency as critical responses. Nanosponges were produced via emulsion solvent evaporation and evaluated using FTIR, DSC, SEM, zeta potential, and UV spectroscopy. The optimized formulation, F11, achieved a size of 265.7 nm, zeta potential of -23.54 mV, PDI of 0.286, and high %EE and %DL. Hydrogel prepared using Carbopol 940 exhibited appropriate pH, viscosity, spreadability, and sustained drug release up to 12 hours. Antifungal evaluation confirmed potent MIC and MFC values against *C. albicans* and *A. niger*, with F11 outperforming both the pure drug and commercial cream in all microbiological assays.

**Keywords:** Sulconazole, Nanosponges, Hydrogel, QbD, Antifungal activity, Controlled release

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## INTRODUCTION

Sulconazole nitrate is an imidazole-derived broad-spectrum antifungal agent primarily used to treat superficial fungal infections such as dermatophytosis and candidiasis. It acts by inhibiting ergosterol biosynthesis, a critical component of fungal cell membranes, thus disrupting membrane integrity and leading to cell death<sup>1</sup>. Sulconazole exhibits potent activity against dermatophytes, yeasts, and molds, including *Candida albicans* and *Aspergillus niger*<sup>2,3</sup>. However, conventional topical formulations often suffer from poor skin penetration and limited retention time, which compromises therapeutic efficacy<sup>3,4</sup>. These limitations necessitate the development of advanced drug delivery systems that can enhance skin permeability, sustain drug release, and provide prolonged antifungal activity at the site of infection<sup>5,6</sup>. As porous polymeric carriers, nanosponges facilitate the encapsulation of various drug types, boosting solubility and stability while allowing for sustained drug delivery<sup>7</sup>. When incorporated into hydrogels, nanosponges combine the advantages of nanoparticulate systems with the hydrophilic, bioadhesive, and occlusive properties of gel matrices. This dual system enhances topical delivery by ensuring prolonged drug retention at the site of application and reducing dosing frequency<sup>8</sup>. The use of hydrogels also improves patient compliance due to their non-greasy nature and ease of application<sup>9,10</sup>.

To date, numerous works like nanoparticulate gels<sup>11</sup>, methods for in vitro antifungal evaluation<sup>12</sup>, topical delivery systems such as nanosponges and nanogels<sup>13-15</sup>, QbD-

optimized nanosponge formulations<sup>16,17</sup>, cyclodextrin-based nanosponges<sup>18</sup>, voriconazole-loaded nanosponges for topical use<sup>19</sup>, and solid lipid nanoparticles<sup>20</sup>.

## MATERIALS AND METHODS

### Materials

A gift sample of Sulconazole was provided by Hetero Drugs, Hyderabad. Ethyl Cellulose was received from Lee Pharma Limited, Visakhapatnam. All additional chemicals, including polyvinyl alcohol and solvents of analytical grade, were procured from SDFCL, Mumbai.

### Experimental Design

A Central Composite Design under RSM was selected to optimize the formulation variables affecting Sulconazole nanosponges.

Ethyl Cellulose and Polyvinyl Alcohol served as independent inputs, with the outputs being particle size and % entrapment efficiency. The experimental design included 13 formulations (F1-F13) analyzed via Design Expert 10.0.3.1.

### Formulation of Sulconazole-loaded NS

Sulconazole-loaded nanosponges (F1-F13) were prepared via the emulsion solvent evaporation method as per CCD specifications. Formulations were prepared by dissolving EC and Sulconazole in dichloromethane and adding the solution dropwise to a PVA aqueous phase under 1000 rpm stirring for 2 hours. After vacuum filtration and drying at 40°C for 24 hours, samples were stored in a desiccator. Table 2 presents the formulation compositions.

### Characterization of Sulconazole-loaded Nanosponges

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Table 1: Design Summary of Independent and Dependent Variables used in RSM-CCD

Variable Type	Parameter	Symbol	Low Level	High Level
Independent Variable	Ethyl Cellulose (mg)	X1	100	300
Independent Variable	Polyvinyl Alcohol (mg)	X2	100	300
Dependent Variable	Particle Size (nm)	Y1		
Dependent Variable	Entrapment Efficiency (%)	Y2		

### Particle Size, Zeta Potential, and Polydispersity Index (PDI)

The Malvern Nano ZS Zetasizer was employed to determine the average particle size, zeta potential, and PDI of the optimized Sulconazole nanosponges. Dilution with distilled water was performed before analysis to ensure reliable scattering data. These measurements offered insights into the physical stability, size uniformity, and electrostatic repulsion between particles within the formulation.

### Entrapment Efficiency and Drug Loading Capacity

To evaluate drug entrapment and loading, 50 mg of the nanosponge sample was mixed with 10 mL of pH 6.8

Table 2: Sulconazole-loaded nanosponges formulations

F-code	X <sub>1</sub> (mg)	X <sub>2</sub> (mg)	Y <sub>1</sub> (nm)	Y <sub>2</sub> (%)
F1	341.421	200	360	81.21
F2	100	300	335	82.68
F3	200	200	280	83.72
F4	200	58.5786	350	82.11
F5	58.5786	200	343	82.23
F6	200	200	275	83.78
F7	200	341.421	365	81.24
F8	100	100	326	82.14
F9	300	300	365	82.19
F10	200	200	275	83.86
F11	200	200	265	84.48
F12	200	200	278	83.91
F13	300	100	340	82.78

phosphate buffer and stirred until complete dissolution. The supernatant was then analyzed at 234 nm using UV spectrophotometry. Entrapment efficiency and drug loading were calculated using standard equations involving total and free drug content.

### FTIR and DSC Analysis

To determine compatibility between Sulconazole and excipients, FTIR spectra were recorded from 4000 to 400 cm<sup>-1</sup> using potassium bromide pellets. Thermal behavior was assessed using DSC (DSC-PYRIS-1), with

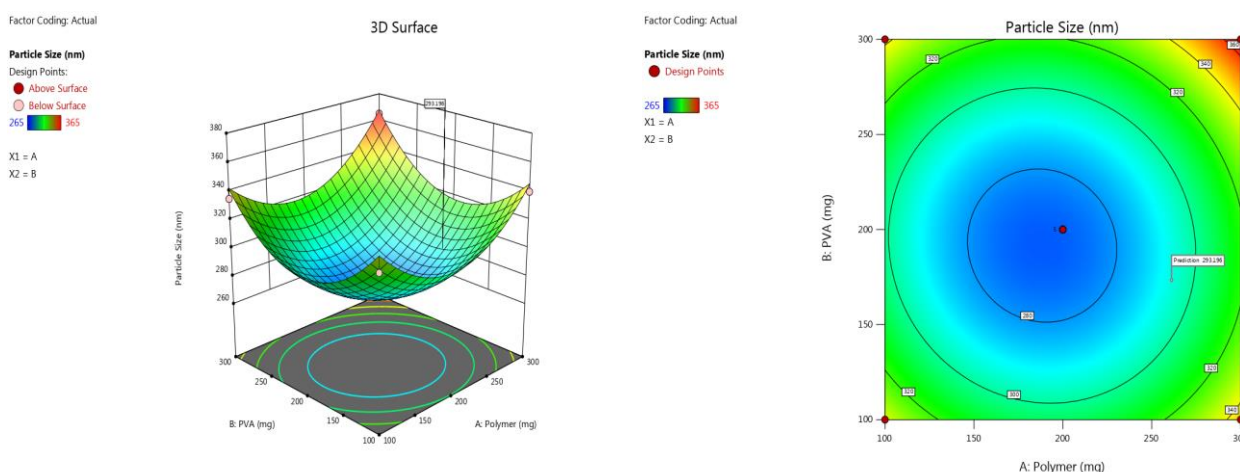


Figure 1: Response plot depicting the impact of X1 and X2 on particle size (Y1)

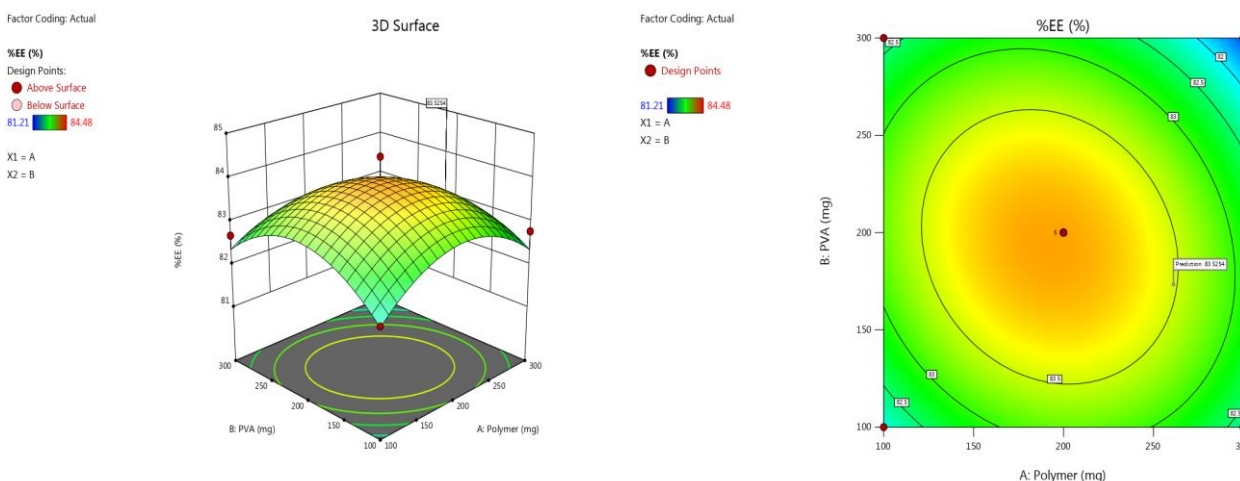


Figure 2: Response plot depicting impact of X1 and X2 on entrapment efficiency

## Results

	Size (d.nm):	% Intensity:	St Dev (d.nm):
<b>Z-Average (d.nm):</b> 265.7	<b>Peak 1:</b> 295.5	100.0	79.85
<b>Pdl:</b> 0.286	<b>Peak 2:</b> 0.000	0.0	0.000
<b>Intercept:</b> 0.954	<b>Peak 3:</b> 0.000	0.0	0.000
<b>Result quality : Good</b>			

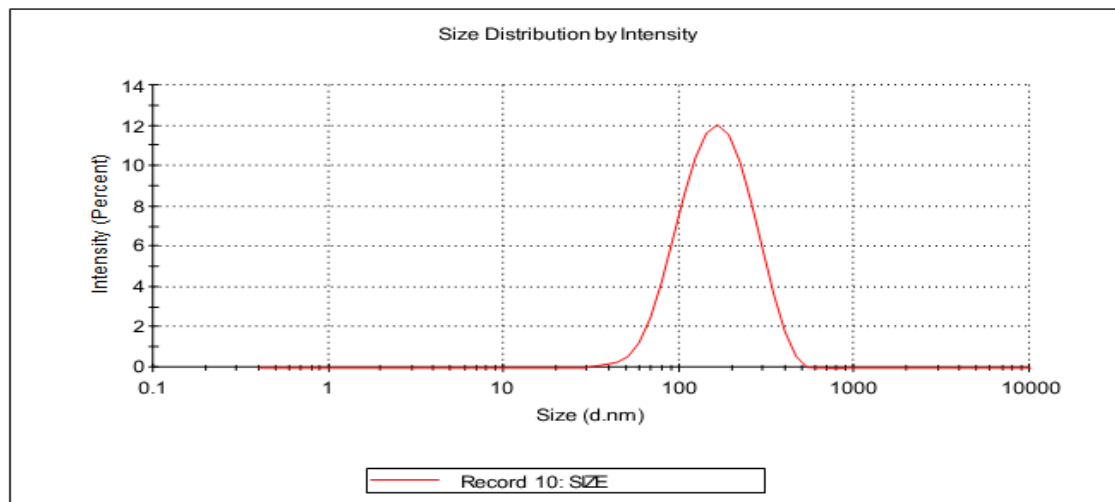


Figure 3: Particle size of F11 batch

## Results

	Mean (mV)	Area (%)	St Dev (mV)
<b>Zeta Potential (mV):</b> -23.54	<b>Peak 1:</b> -23.54	100.0	7.28
<b>Zeta Deviation (mV):</b> 7.28	<b>Peak 2:</b> 0.00	0.0	0.00
<b>Conductivity (mS/cm):</b> 0.0628	<b>Peak 3:</b> 0.00	0.0	0.00
<b>Result quality : Good</b>			

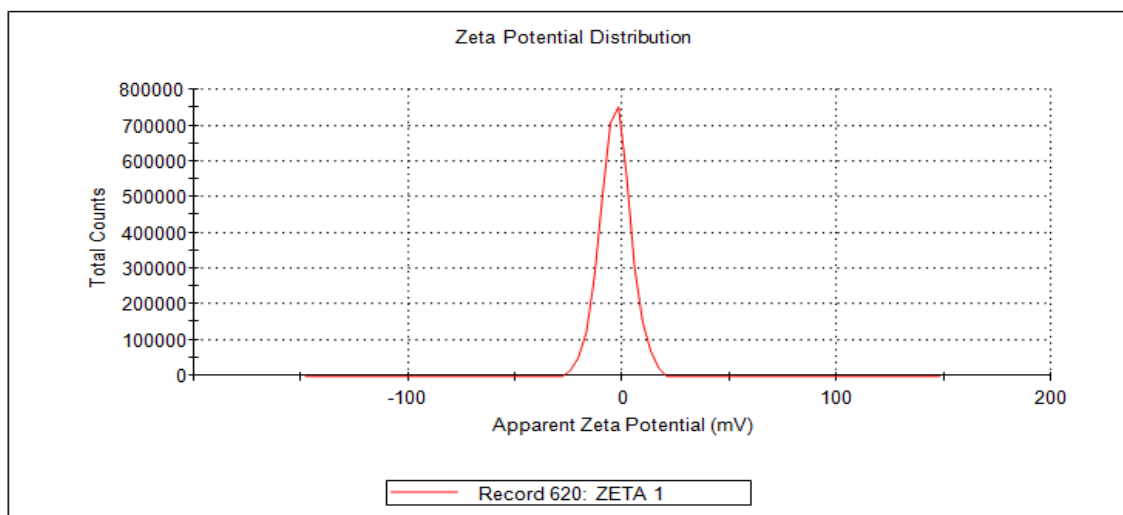


Figure 4: Zeta Potential of F11 batch

samples heated from ambient temperature at a rate of 10 °C/min under a nitrogen purge. The combined use of FTIR and DSC confirmed the physical integrity and stability of Sulconazole in the formulation<sup>21-24</sup>.

*Scanning Electron Microscopy Analysis*

A Carl Zeiss scanning electron microscope, coupled with Oxford EDX, was utilized in high-vacuum mode to

visualize the surface structure of Sulconazole nanosponges<sup>25</sup>.

*In-vitro Drug Release Study*

A USP Type-II paddle apparatus was used to assess the drug release of Sulconazole nanosponges, using 900 mL of pH 6.8 phosphate buffer at 37 ± 0.2°C and 100 rpm. Diffusion bags holding 10 mg of drug were tested, and samples were

withdrawn at hourly intervals up to 12 hours and measured at 234 nm.

#### Hydrogel Formulation and Evaluation

##### Preparation of Sulconazole-Loaded Nanosponge Hydrogel

The optimized nanosponges were incorporated into a Carbopol 940-based hydrogel. The gelling agent was pre-soaked in water overnight. Propylene glycol was added as a penetration enhancer, followed by dispersion of nanosponges (equivalent to 10 mg of drug). The mixture was stirred on a magnetic stirrer at 400 rpm for 20 minutes to ensure uniform distribution<sup>26, 27</sup>.

##### pH and Drug Content Evaluation

The hydrogel's pH was measured using a digital pH meter (Digisun Electronics, Hyderabad) to ensure skin compatibility, aiming for a range between 6.0 and 8.0. For drug content analysis, 1 g of gel was dissolved in 100 mL of phosphate buffer (pH 6.8), and a 5 mL sample was further diluted to 25 mL. Sulconazole content was quantified using UV spectrophotometry at 234 nm, and the percentage of drug content was calculated using the formula:  $(\text{Actual} / \text{Theoretical}) \times 100$ .

##### Viscosity Measurement and Spreadability Study

The viscosity of the Sulconazole hydrogel was measured using a Brookfield viscometer (Prime Rheometer DV 1) at

100 rpm and 25°C to assess its consistency and suitability for topical application.

Spreadability was evaluated using the sliding plate method, where 1 g of gel was placed between two glass plates under a fixed weight of 125 g, and the time taken for plate separation was recorded as a measure of the gel's ease of application.

##### In-vitro Diffusion Study

Using the Franz diffusion apparatus, in vitro permeation of Sulconazole hydrogel was studied across cellulose membranes. The receptor compartment contained pH 6.8 buffer, maintained at  $32 \pm 0.5^\circ\text{C}$ . Following the application of 1 g gel, samples were withdrawn at 30-minute intervals and analyzed at 234 nm.

##### In-vitro Antifungal Activity

##### Agar Well Diffusion Method

Using the agar well diffusion technique, antifungal effectiveness of F11 Nanogel, plain Sulconazole, and marketed cream was evaluated against *Candida albicans* and *Aspergillus niger*. Fungal strains were cultured on SDA plates, into which 100  $\mu\text{L}$  of each drug sample (equivalent to 2  $\mu\text{g}$ ) was dispensed. Following 48 hours of incubation at  $28 \pm 2^\circ\text{C}$ , inhibition zones were determined using a Vernier calliper<sup>28</sup>.

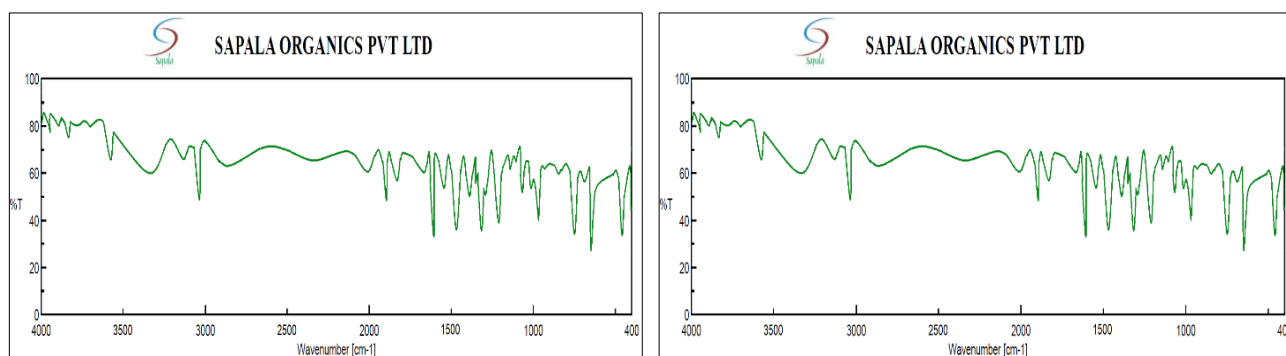


Figure 5: FTIR spectra of Drug and Physical Mixture

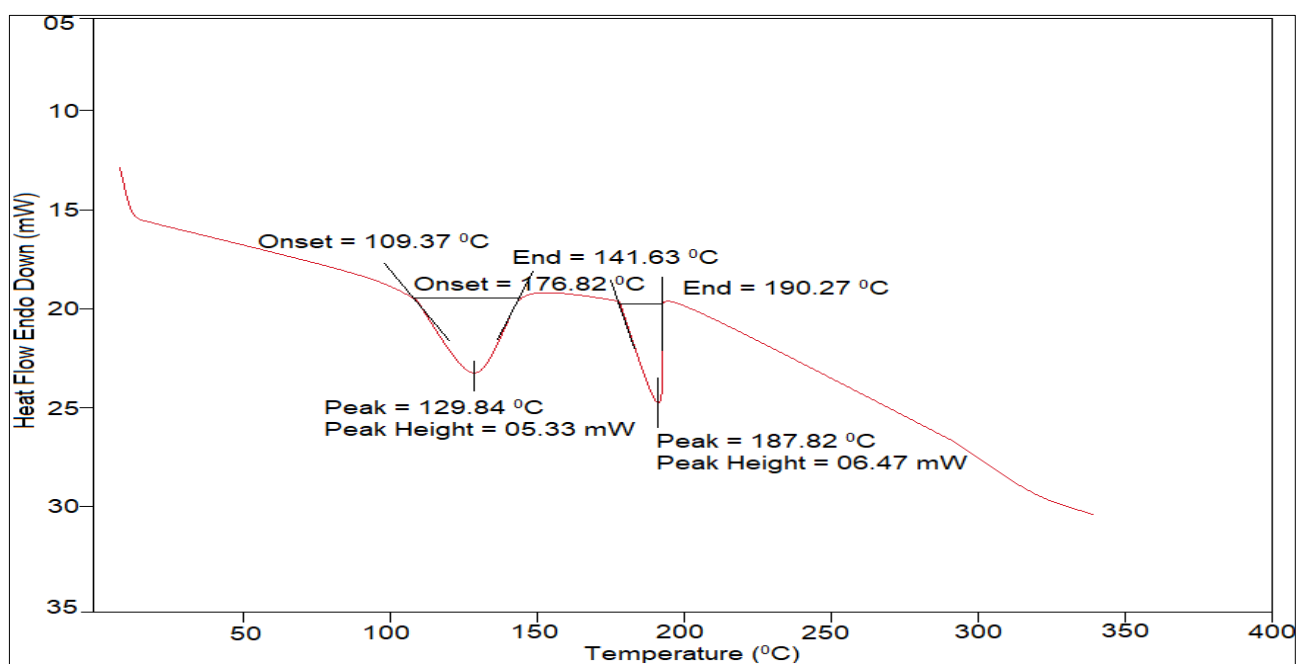


Figure 6: DSC of F11 batch

Table 3: Model Fit Statistics

Models	R <sup>2</sup>	R <sup>2</sup> (Adj)	R <sup>2</sup> (Pred)	Residual Standard Error	%RSD
Response -Y <sub>1</sub>	0.9702	0.9489	0.8289	8.79	2.75
Response -Y <sub>2</sub>	0.8535	0.7488	0.1102	0.5330	0.6438

Table 4: Evaluation of Variance in Experimental Data

Source	Squared Deviations	d.f	MS	Test Statistic	Probability Value	Sig.
Model	17636.88	5	3527.38	45.60	< 0.0001	Sig.
A-Polymer	578.71	1	578.71	7.48	0.0291	
B-PVA	381.06	1	381.06	4.93	0.0619	
AB	64.00	1	64.00	0.8274	0.3933	
A <sup>2</sup>	8619.41	1	8619.41	111.44	< 0.0001	
B <sup>2</sup>	10151.23	1	10151.23	131.24	< 0.0001	
Residual	541.43	7	77.35			
Lack of Fit	408.23	3	136.08	4.09	0.1037	Sig. N.S.
Pure Error	133.20	4	33.30			
Cor Total	18178.31	12				

Table 5: Evaluation of Variance in Experimental Data

Source	Squared Deviations	d.f	MS	Test Statistic	Probability Value	Sig.
Model	11.58	5	2.32	8.15	0.0078	Sig.
A-Polymer	0.2088	1	0.2088	0.7351	0.4196	
B-PVA	0.2049	1	0.2049	0.7213	0.4238	
AB	0.3192	1	0.3192	1.12	0.3243	
A <sup>2</sup>	5.98	1	5.98	21.07	0.0025	
B <sup>2</sup>	6.28	1	6.28	22.10	0.0022	
Residual	1.99	7	0.2841			
Lack of Fit	1.62	3	0.5387	5.79	0.0615	Sig. N.S.
Pure Error	0.3724	4	0.0931			
Cor Total	13.57	12				

#### Broth Micro Dilution Assay

Broth microdilution was performed following the CLSI M27-A3 protocol, where serial dilutions (16–0.0625 µg/mL) of each formulation were tested in RPMI-1640 medium against 10<sup>4</sup> CFU/mL fungal cells. MIC and MFC were identified post-incubation at 35 ± 2°C based on turbidity and subculture results<sup>29,30</sup>.

## RESULTS AND DISCUSSION

### Optimization

Both Y<sub>1</sub> and Y<sub>2</sub> responses were best described by a quadratic model, with elevated R<sup>2</sup> values suggesting a statistically significant and reliable fit. As shown in Table 3, Y<sub>1</sub> exhibited an R<sup>2</sup> of 0.9702 and Y<sub>2</sub> showed an R<sup>2</sup> of

0.8535, confirming the suitability of the model for optimization.

Regression Equations:

$$Y_1 = +274.60 + 8.51*A + 6.90*B + 4.00*AB + 35.20*A^2 + 38.20*B^2 \text{ ----- (1)}$$

$$Y_2 = +83.95 - 0.1616*A - 0.1600*B - 0.2825*AB - 0.9275*A^2 - 0.9500*B^2 \text{ ----- (2)}$$

The polynomial regression equations Y<sub>1</sub> and Y<sub>2</sub> describe the relationships between the dependent variables (Y<sub>1</sub> and Y<sub>2</sub>) and the independent variables (A and B), including their linear, interaction (AB), and quadratic effects. These equations demonstrate how changes in A and B, individually and in combination, influence Y<sub>1</sub> and Y<sub>2</sub>, with quadratic terms accounting for non-linear variations.

### Model Assessment for Dependent Variables

The ANOVA results (Table 4) for particle size (Y<sub>1</sub>) showed that the quadratic model was statistically significant (p < 0.0001), with polymer concentration (A), and especially its squared term (A<sup>2</sup>), having a significant influence on the response. Similarly, Table 5 shows that the model for entrapment efficiency (Y<sub>2</sub>) was also significant (p = 0.0078), with both A<sup>2</sup> and B<sup>2</sup> terms contributing meaningfully to the model (p < 0.01). Lack-of-fit was found to be non-significant for both responses, confirming the adequacy of the models.

### Response Surface Plot Analysis

As shown in Figures 1 and 2, a balanced concentration of X<sub>1</sub> and X<sub>2</sub> significantly influenced particle size, with formulation F11 (200 mg each of X<sub>1</sub> and X<sub>2</sub>) yielding the smallest size (265 nm). This suggests that equal ratios of

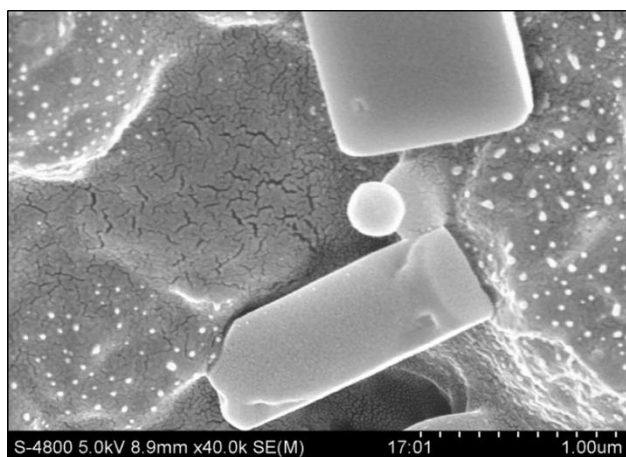


Figure 7: SEM image of F11 batch

Table 6: % EE and %DL of batches

Batch Code	%EE	DL (%)
F1	81.31±0.08	71.25±0.10
F2	82.12±0.11	74.92±0.12
F3	81.11±0.07	78.41±0.14
F4	82.11±0.12	70.25±0.16
F5	82.23±0.14	77.42±0.18
F6	80.17±0.15	80.32±0.20
F7	82.24±0.17	77.32±0.09
F8	83.41±0.14	74.11±0.11
F9	82.19±0.16	80.53±0.13
F10	83.86±0.15	75.21±0.15
F11	86.24±0.11	83.89±0.17
F12	83.90±0.13	70.93±0.19
F13	82.17±0.15	71.11±0.21

Table 7: *In-vitro* release profile of optimized nanosponges

Time (Hours)	F11	Pure Drug
0	0	0
2	28.08 ± 0.04	32.42 ± 0.03
4	51.56 ± 0.03	65.16 ± 0.07
6	69.61 ± 0.02	83.25 ± 0.05
8	81.97 ± 0.09	99.42 ± 0.06
10	89.26 ± 0.03	---
12	98.03 ± 0.01	----

polymer and surfactant promote uniform nanosponge formation and prevent aggregation, making F11 the optimized formulation

The response surface plot of Ethyl Cellulose concentration ( $X_1$ ) and PVA ( $X_2$ ) (%EE) ( $Y_2$ ). The highest %EE was observed in F11 (84.48%). These formulations generally had smaller particle sizes, suggesting a possible correlation between smaller particle size and higher encapsulation efficiency.

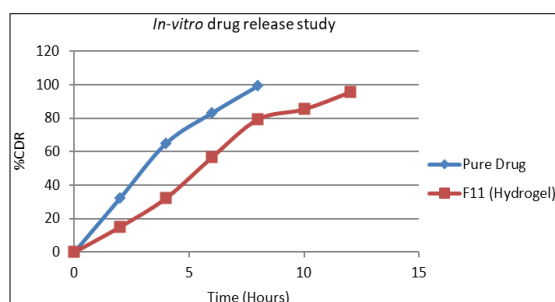


Figure 8: Release Pattern Analysis of Pure drug and Sulconazole-Loaded Nanosponges (F11)

Table 8: Characterization of Nanosponges Gel

S. No.	Formulation code	pH value of NS	pH value of NS gel	Viscosity (cps)
11	F11	6.21 ± 0.01	5.85 ± 0.09	1968 ± 2.19

Table 9: Characterization of Nanosponges Gel

S. No.	Formulation code	Drug Content (%)	Spreadability (%)
1	F11	91.41 ± 0.19%	93.49 ± 1.09%

Table 10: Drug Diffusion Profile of Sulconazole Nanogel

Time (Hours)	Hydrogel (F11)
0	0
2	15.14 ± 1.36
4	32.32 ± 2.41
6	56.68 ± 1.69
8	79.28 ± 2.32
10	85.29 ± 2.56
12	95.38 ± 2.96

Table 11: Zone of Inhibition of *C. albicans* and *A. niger*

Formulation	<i>C. albicans</i> ZOI (mm)	<i>A. niger</i> ZOI (mm)
Sulconazole Nanosponges (F11)	21.3 ± 0.5	19.7 ± 0.6
Pure Sulconazole (2 µg)	18.9 ± 0.4	17.8 ± 0.5
Marketed Sulconazole Cream	20.3 ± 0.4	18.9 ± 0.4
Placebo Gel (No drug)	No zone	No zone

The enhanced %EE in these formulations could be due to the more efficient encapsulation of the active ingredients in the smaller particles, leading to less leakage and higher retention of the active compound.

#### Evaluation of Optimized Nanosponges

Mean particle diameter, surface charge (zeta potential), and distribution uniformity

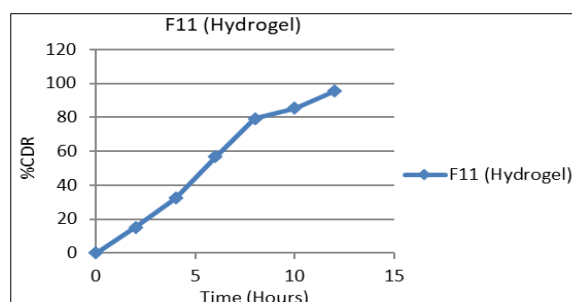


Figure 9: Release Pattern Analysis of Sulconazole-Loaded Nanosponges (F11)

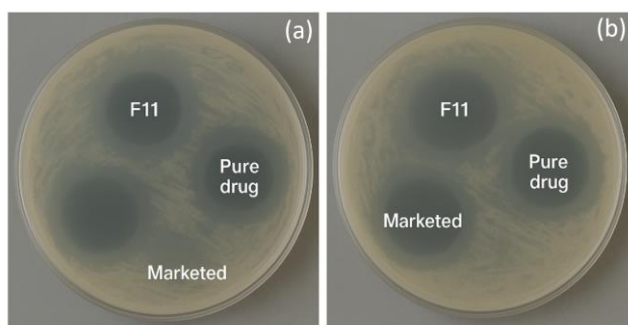
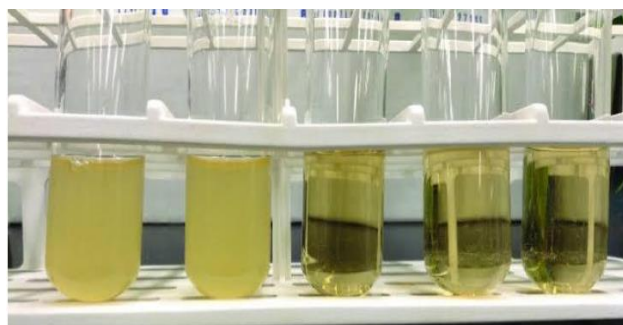
Figure 10: Zone of Inhibition: (a) *Candida albicans*; (b) *Aspergillus niger*

Figure 11: Broth Micro Dilution Assay

Table 12: Broth Micro Dilution Assay

Formulation	Concentration Range ( $\mu\text{g/mL}$ )	<i>Candida albicans</i>		<i>Aspergillus niger</i>	
		MIC ( $\mu\text{g/mL}$ )	MFC ( $\mu\text{g/mL}$ )	MIC ( $\mu\text{g/mL}$ )	MFC ( $\mu\text{g/mL}$ )
Sulconazole Nanosponges (F11)	0.0625 – 16	0.5	1.0	1.0	2.0
Pure Sulconazole	0.0625 – 16	1.0	2.0	2.0	4.0
Marketed Sulconazole Cream	0.0625 – 16	0.5	1.0	1.0	2.0

**Particle Size, Zeta Potential and Polydispersity Index (PDI)**  
Figures 3 and 4 confirm that the F11 formulation produced well-dispersed nanoparticles averaging 265.7 nm in size, with a zeta potential of  $-23.54$  mV and a PDI of 0.286, suggesting stable separation by repulsive interparticle forces.

#### % EE and Drug Loading Capacity (%DL)

As presented in Table 9, the %EE and %DL varied across all 13 formulations, reflecting the influence of polymer and surfactant concentrations. Among all batches, formulation F11 exhibited the highest %EE ( $86.24 \pm 0.11\%$ ) and %DL ( $83.89 \pm 0.17\%$ ), indicating optimal encapsulation and loading capacity. (Table 6).

#### FTIR and DSC Analysis

FTIR analysis of pure Sulconazole revealed characteristic peaks at  $3042.86\text{ cm}^{-1}$  and  $2991.56\text{ cm}^{-1}$  (C–H stretching),  $1639.86\text{ cm}^{-1}$  (C=O bending), and  $631\text{ cm}^{-1}$  and  $768.99\text{ cm}^{-1}$  corresponding to imidazole and aromatic ring vibrations.

The physical mixture spectrum mirrored the pure drug, indicating no significant interactions and confirming drug–excipient compatibility. An endothermic peak for melting was observed at  $127.90^\circ\text{C}$  on the DSC thermogram of the SUL pure substance. The nanosponges of SUL in the amorphous nanosponge core are indicated in Figure 6, as the endothermic peak of the nanosponge was  $187.82^\circ\text{C}$ , which is in closer proximity to the peak of EC.

#### SEM Analysis

As per the SEM analysis, the nanosponge Formulation (F1–F13) achieved particle size ranging from 251–365 nm (Table 2). As shown in Figure 20, the nanosponge surface had no trace of any crystalline drug particles, and the particle diameters of all formulations remained constant.

#### In-vitro Drug Release Study

As shown in Table 11, the optimized nanosponge formulation (F11) exhibited a sustained drug release profile over 12 hours, reaching  $98.03 \pm 0.01\%$  at the end of the study. In contrast, the pure drug showed a faster release, with  $99.42 \pm 0.06\%$  released within 8 hours. These results confirm the extended release capability of the nanosponge system as shown in Table 7 and Figure 7.

#### Formulation of Hydrogel using Optimized Nanosponges

Using the emulsion solvent evaporation method, Sulconazole nanosponges (F11) were prepared with EC and PVA, then loaded into a hydrogel made from Carbopol 940. After soaking the gel base overnight, propylene glycol and the nanosponge dispersion were combined and stirred for 20 minutes at 400 rpm.

#### Evaluation of Sulconazole Nanosponges Hydrogel

Formulation F11 exhibited a pH of  $6.21 \pm 0.01$  for the nanosponge dispersion and  $5.85 \pm 0.09$  for the corresponding hydrogel, both within the acceptable range for topical application. The viscosity of the NS-based gel was found to be  $1968 \pm 2.19$  cps, indicating suitable consistency for skin adherence and application (Table 8). As shown in Table 13, the optimized hydrogel formulation F11 exhibited a drug content of  $91.41 \pm 0.19\%$  and a Spreadability of  $93.49 \pm 1.09\%$ , indicating efficient drug incorporation and excellent ease of application suitable for topical delivery (Table 9).

#### In-vitro Release Study

The F11 Nanogel formulation demonstrated a prolonged drug release pattern, releasing  $15.14 \pm 1.36\%$  at 2 hours and achieving  $95.38 \pm 2.96\%$  by 12 hours (Table 10, Figure 9). These findings confirm extended-release behavior, with a steady increase in drug diffusion from the nanosponge-loaded hydrogel.

#### Agar Well Diffusion Method

As shown in Table 10 and Figure 10, the optimized Sulconazole nanosponge hydrogel (F11) produced the largest inhibition zones ( $21.3 \pm 0.5$  mm for *C. albicans* and  $19.7 \pm 0.6$  mm for *A. niger*), outperforming the pure drug and marketed cream. The placebo exhibited no activity, confirming the drug-dependent antifungal effect.

#### Broth Micro Dilution Assay

The antifungal evaluation (Table [11], Figure [11]) revealed that formulation F11 exhibited MIC/MFC values of  $0.5/1.0\text{ }\mu\text{g/mL}$  for *C. albicans* and  $1.0/2.0\text{ }\mu\text{g/mL}$  for *A. niger*, demonstrating both fungistatic and fungicidal effects at clinically relevant concentrations.

## CONCLUSION

The present study successfully developed a Sulconazole-loaded nanosponge hydrogel using a QbD-based optimization strategy. The optimized formulation (F11) exhibited nanosized particles with excellent entrapment efficiency, drug loading, and stability. Characterization through FTIR, DSC, and SEM confirmed the successful encapsulation of Sulconazole and its compatibility with excipients.

Characterization results confirmed that the hydrogel possessed ideal pH, viscosity, and spreadability parameters for skin application. Drug release profiles showed controlled, sustained release consistent with zero-order kinetics. The nanosponge hydrogel also exhibited superior antifungal effectiveness against *C. albicans* and *A. niger* when compared to the pure drug and a commercial cream. MIC and MFC studies confirmed both fungistatic and fungicidal potential of the formulation. Overall, this dual

drug delivery approach—combining nanosponges and hydrogel—proves to be a promising strategy for enhancing the therapeutic performance and patient compliance of topical antifungal treatments.

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