

## Biomedical Potential of Graphene oxide based Nanoformulations: An Overview

Vijay Mishra<sup>1</sup>, Gurpal Singh<sup>2</sup>, Nishika Yadav<sup>1</sup>, Ravi Pratap Barnwal<sup>3</sup>, Neha Singla<sup>3</sup>, Kirti. S. Prabhu<sup>4</sup>, Ashish Suttee<sup>5\*</sup>

<sup>1</sup>School of Pharmaceutical Sciences, Lovely Professional University, Punjab, India

<sup>2</sup>Department of Pharmaceutics, University Institute of Pharmaceutical Sciences, Punjab University, Chandigarh, India

<sup>3</sup>Department of Biophysics, Punjab University, Chandigarh, India

<sup>4</sup>Interim Translational Research Institute, Academic Health System, Doha, Qatar

<sup>5</sup>Department of Pharmacognosy, School of Pharmaceutical Sciences, Lovely Professional University, Punjab, India

Received: 12<sup>th</sup> Nov, 18; Revised: 20<sup>th</sup> Feb, 19, Accepted: 8<sup>th</sup> Mar, 19; Available Online: 25<sup>th</sup> Mar, 2019

### ABSTRACT

Graphene oxide is graphene-based two dimensional material and structure based on single sheet of carbon atoms arranged in hexagonal lattice or honeycomb framework. Graphene oxide is better than graphene in terms of dispersion in polar solvents due to oxygen-containing functional groups attached with carbon sheets, results as researchers to get indulged in this molecule. Graphene oxide has been attracted researchers in different fields like chemistry, physics and materials science. Graphene oxide has endless potential applications in building materials, environmental protection, electronics, medicine, pharmaceutical industries etc. In medicinal industry, graphene oxide used as antibacterial, antimicrobial and antifungal agent. Its potential activity with other nanoparticles as antifungal agent has come in light and became the main focus of going on works on graphene oxide. The antifungal property of GO-Ag composites was investigated. Furthermore, nanoparticles show great potential in the fields of biomedical, because of their antifungal properties. The GO-Ag composites act as alternative antifungal material. Moreover, antifungal activity of Reduced Graphene Oxide (rGO) nanosheets is also researched.

**Keywords:** Graphene; Graphene Oxide; Nanoparticle; Antifungal.

### INTRODUCTION

Meanwhile, the graphene “birth” in 2004, a two-dimensional (2D) cargo materials have captivated unparalleled research attention from researchers and stimulated several applications in different fields such as energy storage, sensors, catalysis, optical/electronic devices, and biomedicine<sup>1</sup>. Graphene is comprised of single carbon atoms layer organized in hexagonal lattice, called as “superstar” of the 2D nanomaterial family, also explored in antimicrobial properties<sup>2</sup>. Amid the different catalysts utilized to transport and form energy, carbon nanomaterial have experienced profound interest in improved oxidation procedures to eliminate the organic containment. GNM have presented outstanding performance in relevance of reactions to store and generate energy for instance, hydration of fuel cells, oxidative dehydrogenation, alkyne, and alcohols oxidation<sup>3</sup>.

Graphene oxide (GO) is factor of attention in recent years due to their unique chemical and physical properties. The tremendous electrical, thermal, mechanical properties and great applications of GO make it an distinctive nanofiller for probable applications in numerous field of polymer, paper-like materials, biomedical sectors, electronic

devices, composites, etc. GO comprised of functional groups containing oxygen bonded covalently like epoxide, hydroxyl, carboxyl on their basal edges and planes. These functional groups offer the robust sites of binding and interact to sculpt GO exfoliated or intercalated composites by interrelating with polar or polymers molecule for the improvement of the composites properties<sup>4</sup>.

#### Graphene Oxide

The general GO structure is described simply as a graphene modified sheet including different functional groups, such as hydroxyl (–OH) carboxyl (–COOH), and epoxy (eOe). These oxygen groups confer GO hydrophilicity and their potential to enhance the hydrophobic drugs solubility, and result as highly suitable GO for the drug delivery system as compared to pristine graphene. Liu et al. studied that the efficacy of anti-cancer and the solubility of a hydrophobic drug SN38 was increased via loading the drug onto the GO grafted by polyethylene glycol (PEG)<sup>5</sup>. Lei et al. also reported that the doxorubicin (DOX) solubility enhanced by loading on the functionalized GO via sodium alginate and chitosan<sup>6</sup>. Due to the presence of oxygen reactive groups (such as –COOH, –OH), GO easily get functionalized and

Table 1: Properties and applications of GFMs<sup>9</sup>.

| Property      | Applications   |
|---------------|--|
| Optical       | Anti-reflective coatings<br>Surfaces are refractive index tailored   |
| Mechanical    | Developed resistance of wear<br>Advanced properties of anti-corrosion<br>Novel materials structure, composites   |
| Magnetic      | Increased storage media density<br>Nanomagnetic particles lead to enhance the detail in images (Magnetic Resonance)  |
| Energy        | High energy density and durable batteries<br>Electrocatalysts for high-efficiency full cells<br>Ultra-high performance solar cells<br>Catalysts for combustion engines to improve efficiency |
| Thermal       | Improves the efficacy of the coolants  |
| Electronic    | High ability of performance and smaller compounds (i.e. mobile phones)<br>Great conductive materials   |
| Biomedical    | Sensor acts to detect the diseases (quantum dots)<br>The release of drug delivery systems is programmed  |
| Environmental | Cleans up pollution and contamination of soil (e.g. biodegradable polymers, oil)<br>Industrial emissions treatment<br>Filtration or purification of water                                    |
| Personal care | Sunscreens (inorganic)<br>Protection of dye  |

modified and therefore results in great application in the improved delivery of drug<sup>7</sup>.

Guo et al synthesized graphene oxide–MnO<sub>2</sub>–fluorescein (GO–MnO<sub>2</sub>–FL) nanocomposite and used for detection of Glucocorticoid-Suppressible Hyperaldosteronism (GSH). GSH can deduct MnO<sub>2</sub> to Mn<sup>2+</sup> and restrict the transfer of energy between GO–MnO<sub>2</sub> and FL, resulting to the important fluorescence improvement of composite. The GSH fluorescence-based biosensing has the detection limit of 1.53 μM and a broad range of detection of 10 μM–2 mM<sup>8</sup>.

#### *Properties of Graphene Oxide*

GO have elastic modulus, great thermal conductivity of  $5.1 \times 10^3 \text{ Wm}^{-1} \text{ K}^{-1}$ , maximum electrical conductivity (intrinsic) contrast to other carbon nanomaterials ( $6 \times 10^5 \text{ Sm}^{-1}$ ), elevated aspect flakes ratio (lateral dimensions to thickness ratio of 104 and more) and excellent intrinsic flexibility are some most significant graphene family materials (GFMs) characteristics. These properties yield functional properties to GO-based NMs such as electrical or semi-conductivity, exclusive photonic transportation, least permeability, anisotropic transport, and quenching of fluorescence. Because of various major reasons GFMs applications are growing rapidly. GO is most popular derivatives of graphene, exhibits different properties and reflects different biomedical and non-biomedical applications. An important GO feature is its chemical reactivity and capacity for functionalization chemically.

#### *Fabrication methods of Graphene Oxide*

In earlier few years, graphene oxide (GO) synthesized by means of chemical exfoliation and oxidation of graphite pristine involving the Staudenmaier, Brodie, or Hummers method.

- Brodie was the first researcher who found that oxidizing mixture (KClO<sub>4</sub> + fuming HNO<sub>3</sub>) can

fabricate GO only by graphitizable carbons which contain graphitic structure regions.

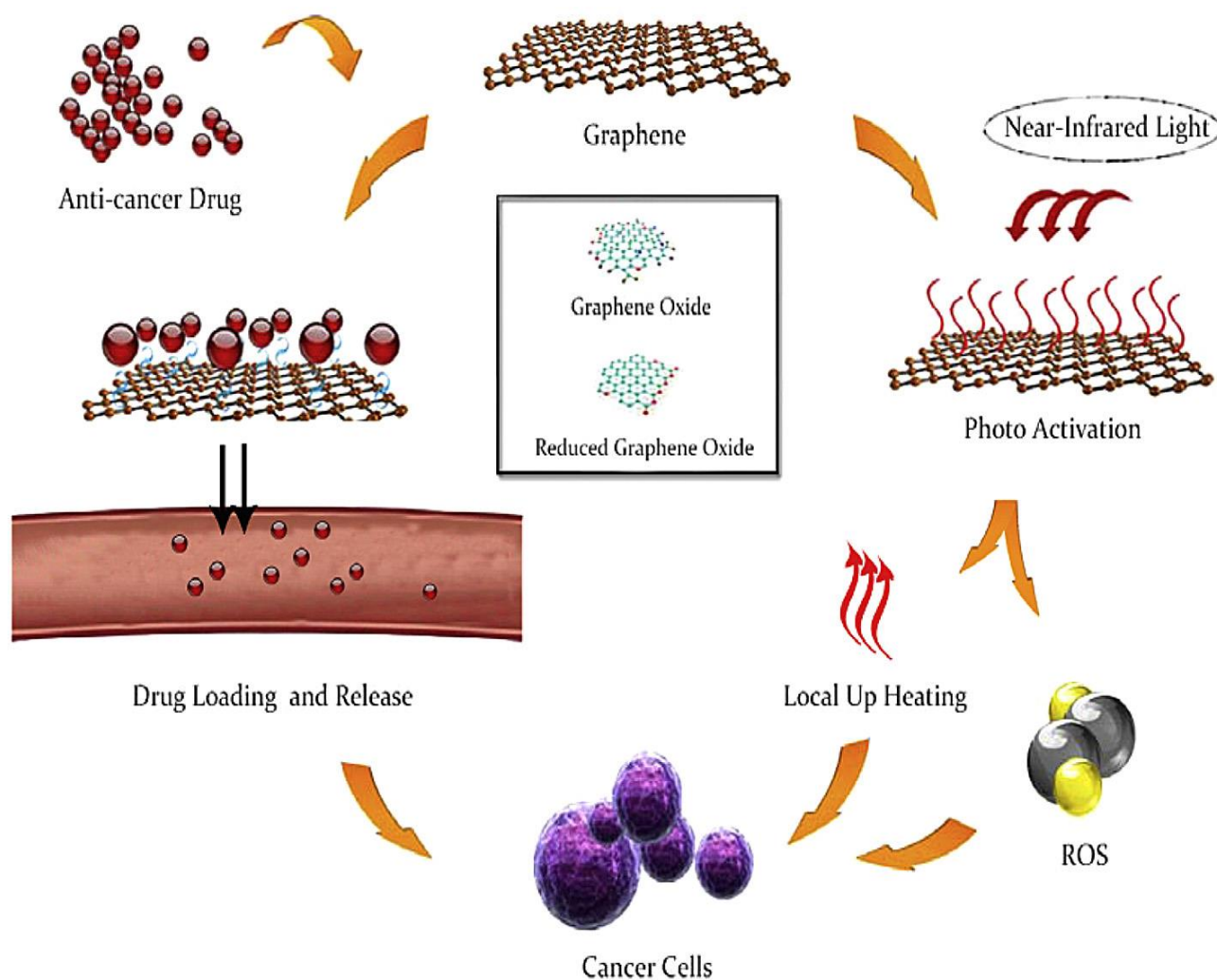
- Then Staudenmaier reported that the GO form when the graphite heated with HNO<sub>3</sub>, KClO<sub>4</sub>, and H<sub>2</sub>SO<sub>4</sub>.
- Later more, Hummers and Offeman discovered most convenient and easy method of fabricating GO using KMnO<sub>4</sub> and H<sub>2</sub>SO<sub>4</sub>.

Exfoliation is a significant step in the synthesis of GO and usually attained in aqueous solution by means of an ultrasonic method using various solvents. The usual procedures include contact of graphite powders to specific solvents, furthermore, exposing to sonication method. Recently, alternative methods also introduced for reduction and exfoliation of GO simultaneously to achieve graphene nanosheets (GNs), for instance, chemical method, microwave, thermally treatment, and plasma<sup>10</sup>.

#### *Biomedical applications of Graphene Oxide*

##### *Anti-bacterial activity*

Graphene quantum dots (GQDs) are zero-dimensional grapheme nanomaterials derivative, possess alike peroxidase-mimic characteristic, and subsequently used to prompt the antibacterial action of H<sub>2</sub>O<sub>2</sub> at reduced concentrations<sup>1</sup>. GO displayed higher antibacterial property and lesser cytotoxicity as compared to rGO because of the presence of different charges and groups on their surfaces. Additionally, GO exhibit improved antibacterial efficiency toward both Gram-positive *Staphylococcus aureus* (S. aureus) and Gram-negative *E. coli*. Pham et al studied the viability of bacteria on graphene films per altered roughness (facilitated by densities of edge and orientation of sheet). Researchers resulted that the “graphene nano rough” (GN-R)-coated surface attains improved bactericidal efficacy in contrast to “graphene nano-smooth” (GN-S)- and graphite (GT)-coated ones, concluding that graphene edges density is



**Figure 1:** Schematics of the anti-cancer function of graphene-based nanomaterials, either as drug carriers or photothermal agents<sup>17</sup>.

the main parameter which contributes to the efficacy of antibacterial property<sup>11</sup>.

Bain and co-workers reported that GO shows lower candidacidal property in treated macrophages at with two promising enlightenment. First, exocytosis of the GNMs as well non-lytic *Candida* expulsion can explain their lesser detected activity of fungicide. The fungal cells release follows the macrophage phagocytosis, known as “non-lytic” expulsion, also been described for various fungal pathogens, such as *Candida albicans*<sup>12</sup>. Second explanation refers to the after exocytosis of cargo-material, as macrophages are least capable to ingest cells of *Candida*<sup>13</sup>.

#### Cancer Therapy

The continuous rise in cancer death rate and morbidity needs highly effective approaches for cancer management. The traditional chemotherapy frequently fails to cure cancer or extended rate of survival because of their side effects, toxicity, and lack capacity of targeting<sup>14</sup>. GO derivatives like GO treated base and carboxylated GO (GOCOOH) been sightseen in cancer immunotherapy because of their amended properties<sup>15</sup>. GO treated base is achieved by washing the GO from sodium hydroxide, defined as a process which removes

the fragments of oxidation from GO lattice, enhancing their loading capacity of loading drug<sup>16</sup>. Lee et al. formed GO layered with conjugates of Pluronic® F-127-FA with altered densities of folic acid (FA). In vitro, the authors proved that by increasing the density of FA on GO surface enhances the materials internalization through cancer cells. Though, in vivo, FA decorated GO with densities of 0, 10 and 25% showed similar accumulation of tumor. As result, FA functionalized GO with densities of 50% and 100% yield similar performance, presenting the maximum uptake of the tumor. Furthermore, the photothermal effect of GO mediated by 50% FA formed a hyperthermia to 60 °C and eradication of tumor in 2 mice. Alternatively, GO having densities of 0 and 25% FA lead to tumors growth reduction on irradiation, and only generate hyperthermia near 47 and 50°C, respectively<sup>17</sup>.

#### Toxicity

GO and rGO can cause toxicities, like hematotoxicity and cytotoxicity<sup>18-20</sup>. Many studies done regarding the safety of rGO, GO, and their derivatives revealed cytotoxicity of dose-dependent<sup>21</sup>. GO, in vivo toxicity was reported as dose-dependent. Akhavan et al. performed a study and displayed the GO effect of dose-dependent on the capability of mice reproduction<sup>22</sup>. The author found, GO

involved in the spermatogenesis and improved the ROS generation in the mice semen, resulting in the spermatozoa destruction. Their toxicity also affected by alternative factors, like size. Liao et al. formed GO of different sizes and concluded that GO of smallest size yields highest hemolytic property<sup>18</sup>. Excitingly, GO hemolytic activity reduced on aggregation of GO and approximately destroyed by a coating of chitosan. Sasidharan et al. studied that water-insoluble rGO accumulate on the membrane of a cell in a large extent, persuading high ROS stress then leads to cell death<sup>23</sup>. Formerly, functionalized the rGO using carboxyl to form it water soluble also the toxicity eliminated in a large amount, representing that the solubility of water can also affect the rGO toxicity.

## CONCLUSION

The developments of GFM have been taken to a stimulating climax in the biomedical field for their various properties. The large surface of graphene provides the capability to bind or absorb more therapeutics to treat and detect different diseases, like cancers. Functionalization by chemical reaction or physical interaction with active groups may attain enhanced reduced toxicity, biocompatibility, and targeting. Although the presently available outcomes all support further nanomaterials improvement of in clinical studies. By small size, accountable functionalization of the surface, tremendous biocompatibility, and appeared to be less dangerous.

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