

An Observational Study to Examine Changes in Gross Morphology and Histological Architecture in Cadaveric Liver Specimens

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Abstract

Aim: An observational study to examine changes in gross morphology and histological architecture in cadaveric liver specimens.

Methods: The cross-sectional descriptive study was done in the Department of Anatomy, Nalanda Medical College, Patna, Bihar, India, for 1 year. All embalmed cadavers and preserved livers were included with exclusion of livers that had destructed surface by using purposive sampling technique. Therefore, the total samples were 50 cadavers and preserved livers.

Results: Among the total 50 studied livers, 23 (46%) were normal in their external appearance, number of lobes and fissures. However, 27 (54%) livers showed anomalies in lobes, fissures, and shape. Accessory sulcus or fissure (AS or AF) was found in 14 livers (28%) which includes unusually notched liver with diaphragmatic fissures that extended as prominent vertical grooves over the antero-superior surface. Accessory sulcus was present only on visceral surface of 8 livers, diaphragmatic surface only in 3 livers and on both surfaces, are 3 livers. In the current study 6 (12%) livers had no fissure for ligamentum teres however, in 2 cases (4%) it was found on the anterior surface. Pons hepatis (PoH) which bridge left lobe with quadrate lobe was seen in 5 (10%) specimens with different size and shape. Papillary process of the caudate lobe and complete transverse fissure dividing quadrate lobe into a superior and inferior lobe was seen in single specimen. There were additional lobes seen in 3 livers (6%) which were situated in lower lateral part of right lobe and around porta hepatis. The Absence of quadrate lobe and elongation of the left lobe were observed in 3 cases where the left lobe was seen to be extending into the left hypochondrium and reached up to the spleen. In 2 specimens (4%) liver was very flat and Quadrate lobe was ill-defined not reaching the inferior border.

Conclusion: Morphological variations on the liver surface were accessory fissure, very small left lobe with deep costal impressions, pons hepatis, absence of quadrate lobe and mini accessory lobe, etc.

Keywords: Accessory fissure, liver, pons hepatis.

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Introduction

The liver is the largest visceral organ in the body located in the right upper quadrant, extending into the left upper quadrant. Under normal circumstances, it is divided into right and left lobes by the falciform ligament anterosuperiorly and the fissure for the ligamentum venosum and ligamentum teres on the visceral surface. The quadrate lobe is on the anterior part of the visceral surface, is bounded on the left by the fissure for the ligamentum teres, and on the right by the fossa for the gallbladder. The caudate lobe is visible on the posterior part of the visceral surface of the liver. It is bounded on the left by the fissure for the ligamentum venosum and on the right by the groove for the inferior vena cava[1]

The liver can present with several congenital anomalies. Among these anomalies are supernumerary or accessory liver lobes (ALL singular, ALLs plural). ALL prevalence is reported to be less than 1% but is likely underreported because ALLs are often asymptomatic[2] While rare in the population, several reports exist on these ALLs, with Riedel's being among the most well-known[2,4] In Riedel's, the ALL usually is continuous with the right side of the liver and exists as either a sessile or pedunculate attachment that hypertrophies from segments V and VI of the physiologic division of liver segments.[3,4] The prevalence of Riedel's lobe in the populations where this variant has been studied, as determined mainly from radiologic series, ranges from 3.3% to 14.5% in the medical literature[3,4] reflecting the absence of standard diagnostic criteria for this structure. Although the prevalence has been reported to be higher in women than in men (Female: 4.5%-19.4% vs. Male: 2.1%-6.1%), there is no statistical significance between these differences in prevalence across sexes[4]

The origin of ALLs is not entirely understood. One hypothesis suggests that a process of a hyperplastic anomaly during embryological development could be

responsible for the formation of ALLs[2] Other researchers suggest that increased intra-abdominal tension from trauma or surgery can result in the formation of an ALL.² However, none of the proposed hypotheses suggest the mechanism of formation of an ALL have been confirmed. Accessory liver lobes are most often found incidentally during routine medical imaging and most ALLs do not produce significant side effects. There are some reports of complications resulting from ALLs, including infarction, hemorrhage, biliary atresia, and gallbladder torsion[5,7] More importantly, in imaging studies, ALLs may be misidentified as tumors, leading to misdiagnosis and errors in treatment.[8] Awareness of ALL variants will help decrease the risk of iatrogenic injury in suspected ALL cases. Thus, this case report aims to describe and document the clinical and surgical implications of an unusual ALL variant found on an elderly female gender cadaver.

Material and methods

The cross sectional descriptive study was done in the Department of Anatomy, Nalanda Medical College, Patna, Bihar, India, for 1 year

All embalmed cadavers and preserved livers were included with exclusion of livers that had destructed surface by using purposive sampling technique. Therefore, the total samples were 50 cadavers and preserved livers.

Methodology

The study was conducted on 50 cadaveric livers in the Department of Anatomy. Collecting specimens during routine dissection for medical undergraduate students and then preserved in 10% of formalin. Then inspected both the diaphragmatic and visceral surface of liver with naked eye and hand lens for any morphological changes. After detail observation on the visceral and diaphragmatic surface of liver specimens,

pictures were taken using 16.1-megapixel cannon camera. The quality of the data was assured by properly designed check list and each liver was examined by two different occasions by two examiners, and the results obtained was compared and ratified. Each day after data collection, the check list was reviewed and checked for completeness, accuracy and relevance by principal investigator and the necessary feedback was offered to the data collectors. The entire check list was checked visually, and the data was analysed to identify presence and various types of liver variations.

Results presented in the form of figures, tables and text using frequencies and

summary statistics such as, percentage to describe the study population in relation to relevant variable.

Results

Among the total 50 studied livers, 23 (46%) were normal in their external appearance, number of lobes and fissures. However, 27 (54%) livers showed anomalies in lobes, fissures, and shape. Accessory sulcus or fissure (AS or AF) was found in 14 livers (28%) which includes unusually notched liver with diaphragmatic fissures that extended as prominent vertical grooves over the antero-superior surface (Table 1)

Table 1: Different morphological variations of liver

| Morphological features | Number of specimens |
|--|---------------------|
| Normal liver | 23 (46%) |
| Accessory Fissures | 14 (28%) |
| Pons Hepatis Connecting Left Lobe with Quadrate Lobe | 5 (10%) |
| Superior and Inferior quadrate lobe | 2 (4%) |
| No Quadrate Lobe | 3 (6%) |
| Accessory Lobes | 3 (6%) |

Accessory sulcus was present only on visceral surface of 8 livers, diaphragmatic surface only in 3 livers and on both surfaces, are 3 livers. In the current study 6 (12%) livers had no fissure for ligamentum teres however, in 2 case (4%) it was found on the anterior surface. Pons hepatis (PoH) which bridge left lobe with quadrate lobe was seen in 5 (10%) specimens with different size and shape. Papillary process of the caudate lobe and complete transverse fissure dividing quadrate lobe into a

superior and inferior lobe was seen in single specimen. There were additional lobes seen in 3 livers (6%) which were situated in lower lateral part of right lobe and around porta hepatis. The Absence of quadrate lobe and elongation of the left lobe were observed in 3 cases where the left lobe was seen to be extending into the left hypochondrium and reached up to the spleen. In 2 specimen (4%) liver was very flat and Quadrate lobe was ill-defined not reaching the inferior border (Table 2).

Table 2: Classification of liver according to Netter's anatomy

| Types of liver | Characteristic features | Number of specimens |
|----------------|--|---------------------|
| Type 1 | Very small left lobe, deep costal impressions | 11(22%) |
| Type 2 | Complete atrophy of left lobe | 0 (0.0%) |
| Type 3 | Transverse saddle like liver, relatively large left lobe | 3 (6%) |
| Type 4 | Tongue like process of right lobe | 2 (4%) |
| Type 5 | Very deep renal impression and corset constriction | 5 (10%) |
| Type 6 | Diaphragmatic grooves | 6 (12%) |

Discussion

In the normal morphological appearances of the liver; the right lobe covers approximately 65% of total volume, external surface should smooth and sharp edge, anatomically should have four lobes and four major fissures. But it may congenital or acquired malformed that includes, absence of segments, absence of lobes, deformed lobes, smaller lobes, accessory fissures, and atrophy of lobes[9,10] Anomalies of liver resulted from disturbed development of liver parenchyma due to excessive or under expression of growth factors. Sometimes liver anomalies may associate with congenital developments of other organs around it, like diaphragm and suspensory materials of the liver. The magnitudes of the alteration differ according to level of disturbance. The origins of congenital development of liver morphology occur during critical period of prenatal development but sometimes it may arise after birth from trauma and surgery. Nowadays, it has been reported that, there are subtle morphological changes detected in diagnostic imaging examinations which may be actual or pseudo lesions[11]

In the current study, accessory fissures were found in 14 (28%) livers on the right lobe, left lobe and quadrate lobe having different length, depth, number, and shape. Among 10 (28%) livers, AS present on the visceral surface only 8 (16%) livers, diaphragmatic surface only in 3 (6%) livers and both surface 3 (6%) livers. Similar study done in India with 50 specimens reported the presence of AS in 5 (10%) cases[12] Another study done by 36 specimens in northern India revealed that the presence of AS on 8 (22.22%) livers. From 8 (22.22%) livers, AS present on inferior surface of 4 livers (11.1%), diaphragmatic surface in 2 (5.5 %) livers, posterior surface on 1 (2.7%) liver and right lateral surface in 1 (2.7%) liver.[13]

The presence of Pons hepatis of variable dimension, joining the quadrate and the left

lobes, was present in 5 (10%) specimens. Pons hepatis bridge the fissure for ligamentum teres and prevent normal visualization of the fissure and dimensions of the right and the left lobes. Study done in India with 50 formalin fixed livers revealed the presence of Pons hepatis in 5 (10%) specimens on the visceral surface of liver[12]

Morphological variations of liver lobe are commonly found in female than male guys and right lobe is predominantly affected however if left lobe changed from normal lobar pattern deformity is always associated with right enlargement[14]

Excessive or under expression of growth factors, malnutrition, post necrotic cirrhosis, biliary obstruction and veno-occlusive disease have been associated with atrophy or hypoplasia of a hepatic lobe. Whenever there is a defective liver lobe, it is better to examine the other organs as it might be associated with pathological conditional like diaphragmatic hernia, gastric volvulus, and portal hypertension.

Abnormal development of left lobe may predispose to gastric volvulus and diaphragmatic hernia while the right lobe might lead to portal hypertension[9] But the current study was done on the cadaver and the history was not available, we couldn't verify that hypoplastic lobe of liver or segment under present study was due to various diseases, even though we tried to exclude pathological liver from the very beginning based on the morphological appearance.

Even though, we can't determine the sex and height of individual cadavers in the present study, variations in the lobar pattern were noted. There were enlarged right lobe with relatively small left lobe and enlarged left lobe with relatively small right lobe. There were 3 cases by which left lobe reach into the left side of upper abdominal cavity, up to the spleen and in the other 3 cases the quadrate lobes were totally absent and associated with absence of the fissure for the ligamentum teres.

Several studies said that among liver malformation, left lobe may be long and thin, having been extended downward and to the left onto the left upper abdominal cavity even though right lobe take approximately 65% of liver volume in normal occasion. Elongation of left lobe may seem like spleen after splenectomy or large spleen for the surgeon, but it was definable because of free movement during respiration as it connected to liver[15] (Table 3).

Changes of left lobe depend on many factors including, obesity, age of the patient, liver pliability, previous existence of splenomegaly and its duration that may mimic residual spleen after splenectomy, accessory spleen, mass lesion in the region of porta hepatis[16]

3(6%) livers had elongated left lobe in the present study which is comparable research done in south India 5 (7.1%) and India 5 (10%)[12] The comparability may be similarity in obesity, age of the patient, liver pliability and previous existence of splenomegaly.

11 (22%) livers had very small left lobe with costal impressions which was very high as compared to study done India 1 (2%) and south India 5 (7%)[12] The variation might be associated with biliary obstruction, post necrotic cirrhosis, malnutrition, and veno-occlusive disease.

Liver tissue continuous with the main liver is termed as accessory lobe of the liver but Liver tissue in the vicinity of the liver, without such communication termed as ectopic liver. Additional lobe of liver is congenital ectopic hepatic tissue most commonly due to organogenic heteroplasia however it may occur due to trauma or surgery[17]

Additional lobes of liver occur very rarely because it is associated with an autosomal recessive gene with a very low frequency. A research done on 172 rats confirmed that accessory lobe of liver is due to genetic theory[18] but nowadays, there are two

hypotheses in the mechanism of ALL: (I) embryonic liver curls outwards and forms an accessory lobe during the embryonic stage of development[19] or (II) accessory lobe arises from intra-abdominal hypertension caused by the development of the tunica muscularis and the enlargement of the liver[20]

Study done with 55 formalin fixed livers in southern Indian cadaver for occurrence of abnormal shape, lobes, fissures, and position of gall bladder, in 60% of cases the liver was normal, but 40% livers showed one or more variations. Additional lobes were found in 10% of cases which are small and situated in the vicinity of the porta hepatis, caudate and quadrate lobes and preoperative imaging of this lobe leads to the misdiagnosis as a lesser omental lymphadenopathy.

In the present study, 3 (6%) livers had additional lobes which may be formed by organogenic heteroplasia associated with an autosomal recessive gene or through trauma and surgery. The other cause for the development of additional is displacement of primitive bud at time of proliferation and error in segmentation of hepatic bud in the third month of intrauterine life[17,19]

Variations in the liver morphology can be classified as congenital or acquired but congenital variations of human liver are rare to found and they are rarer than almost any other organ of the body ever seen. Probably the variation may be very high in our population, but we do not notice them very often because these cases are usually asymptomatic.[21,22]

Additional lobes of liver composed of similar cells and tissues which are found in the parenchyma of right or left lobe which had its own neurovascular structure and bile duct that connect in to the rest of liver. It is very important surgically and radiologically due to its small size, even it might be mistaken for a lymph node or any other tumour.

During surgeries around the porta hepatis, small additional lobe of liver may be suddenly removed that result bleeding into abdominal cavity[16,23] One case in the present study, the accessory lobe found at right of gall bladder just inferior border of right lobe is bulge of tissue which commonly found in female exclusively[24] The other one which was very small situated between left lobe and quadrate lobe. Similar study done in India by 2013 observed in one case a bulge of tissue which is referred to as Reidel's lobe, first described by French surgeon called Reidel[25]

But another study done in south India by 2013 with 55 livers, five livers (9.09%) had accessory lobes in which they were located in the region of porta hepatis, quadrate and caudate lobe[26] This might be happened because of the differences in exposure to teratogen during embryonic period, sex, and age.

The causes of bulging hepatic tissue may be due to the influence of neighbouring organs on the right lobe like, gall bladder enlargement which push down right lobe the liver. The other possible causes of hepatic tissue bulging were adhesions to the anterior abdominal wall may drag down liver tissue, dragging down of prolapsed intestine or other abdominal viscera and presence of cyst at the edge of liver lobes.[27,32]

Even if, inferior border of right lobe is hidden by abdominal organs which are found just inferior to it and making less palpable, presence of Reidel's lobe may be clinically detectable and results confusion with different pathological mass tumours[33,35]

So sound knowledge about the location of Reidel's lobe may be very important applications for diagnostic and imaging professionals, anatomists, and embryologists for new academic insights.

Table 3: Comparison of different studies on morphological variations of liver

| Authors | Nagato, et al. ³⁶ | Sachin, et al. ¹² | Sangeeta, et al. ³⁷ | Present study |
|----------------|------------------------------|------------------------------|--------------------------------|---------------|
| Sample size | 61% | 50% | 70% | 50 |
| Netters type 1 | 18.19% | 2% | 7% | 22% |
| Netters type 2 | 21.64% | 0.0% | 3% | 0.0% |
| Netters type 3 | 36.56% | 10% | 7.10% | 6% |
| Netters type 4 | 21.31% | 2% | 9% | 4 |
| Netters type 5 | 59.84% | 2% | 6% | 10% |

The findings in the present study correlate to some extent with the study by Nagato, et al. but in their study the frequency of tongue like projection of left lobe was high but in the current study Netter's type 1 was moderately high. (Table 3).

Conclusion

Morphological variations on the liver surface were accessory fissure, very small left lobe with deep costal impressions, pons hepatis, absence of quadrate lobe and mini accessory lobe, etc. Among the variations on the liver surface, 50% were accessory fissures and commonly located in the right lobe both visceral and diaphragmatic

surface but other variations were mostly located on the visceral surface.

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