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Original Research Article

Estimation of TB Score and Incidence Calculation from Base Line Year 2015 to Year 2021 in Central India

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Abstract:

Background: Government of India (GOI) has set an ambitious goal for ending Tuberculosis (TB) by reducing the incidence of new TB cases by 80 % by 2025 compared with 2015. There is wide variation in TB burden across the country. The Central TB Division (CTD) of the Ministry of Health and Family Welfare, GOI decided to incentivize State/Union Territories(UTs)/District for their progress towards TB free status.

Aims and Objectives: the Aims and objectives of this study was estimation of reduction in Tuberculosis incidence by using TB score method from base year 2015 to year 2021 in Shajapur district of Madhya Pradesh.

Materials and Method: Secondary data verification was done from December 2021 to March 2022 in Shajapur District, Madhya Pradesh under sub-national claim for TB-free status. Decline in incidence from the base year 2015 to year 2021 was estimated through TB score which comprised of 9 parameters. For calculation and verification of TB score we had done real time review of data in Nikshay portal along with cross-checking of Nikshay data with physical notification register of various Tuberculosis Unit(TU),laboratory register, TB treatment cards including DR-TB cards.

Results: The incident cases as per district notification are increasing from 113.7/lakh population from 2015 to 151.5/lakh population in year 2021. TB score was obtained 77 in year 2018, 80 in the year 2019, 75 in the year 2020 and 80 in the year 2021.

Conclusion: for claim of sub national TB free status pre-requisite 80 % TB score is mandatory which was achieved by district Shajapur which cross the cut off value of 80% TB score. But other criteria like Number Needed Test (NNT) and patient moths was also considered to verified the claim by district Shajapur for sub-national TTB free status.

Keywords: Tuberculosis, TB score, sub national, TB claim, verification.

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Introduction

Tuberculosis is a major global public health challenge.1 In 2014, 6•3 million cases of tuberculosis worldwide were reported to WHO, with India accounting for over a quarter of these cases, the highest of any country. The Government of India (GoI) has set an ambitious goal for ending tuberculosis (TB) by reducing the incidence of new TB cases by 80% by 2025 compared with 2015[1]. India has a high TB burden (2.69 million cases in 2019), with a notification rate of approximately 159 cases/100 000 population[2]. There is a wide variation in TB burden across the country. The efforts toward ending TB also vary across states/union territories (UTs) and districts of India. It is, therefore, crucial to monitor the progress towards the elimination goal at the subnational level. The Central TB Division (CTD) of the Ministry of Health and Family Welfare, GoI decided to incentivise states/ UTs/districts for their progress towards TB- free status.[3] [4] .Under this initiative, the CTD sought claims from states/ UTs/districts for achievements in reducing TB incidence in 2020 compared with 2015. These achievements were considered under four categories: 20%–39% (bronze), 40%–59% (silver), 60%–79% (gold) and ≥80% (TB free)[5]. Aims and Objectives: The Aims and objectives of this study was estimation of reduction in Tuberculosis incidence by using TB score method from base year 2015 to year 2021 in Shajapur district of Madhya Pradesh.

Material and Method: Secondary data verification was done from December 2021 to March 2022 in Shajapur District, Madhya Pradesh under subnational claim for TB-free status. Shajapur district claim for 20 % reduction in TB incidence as compared to 2015 incidence rate for 'Bronze' category award.

We had selected as verification team of IAPSM members for the verification of the claim. TB score which is a pre-requisite for claim is a composite score of 9 parameters. These 9 parameters includes: 1. TB notification 2. TB notification with known HIV status. 3. Universal Drug Susceptibility Testing (UDST) 4. Treatment success rate 5. Beneficiaries paid under Nikshay poshan yojna 6. Drug-resistant (DR) – TB treatment initiation 7. Expenditure: 8. Chemoprophylaxis for children 9.

TB preventive therapy (TPT) for People living with HIV (PLHIV). TB score ranges from 0-100. For eligibility to file a claim for any district/State there is 3 eligibility criterias: 1. TB score for the latest year is $\geq 80 \% 2$. Increase Number needed to test (NNT) 3. Percentage decline in patient month's $\geq 20\%$ (based on drug sale/consumption data). For calculation & verification of TB Score, our team had done real time review of data in Nikshay portal along with cross checking of Nikshay data with physical notification registers of various TUs/PHIs, laboratory registers, TB treatment cards including DR TB cards. In this article we are showing the result of TB score.

Ethical approval: Ethical approval granted by ICMR-NIE, Central TB Divison and DTO Shajapur district Madhya Pradesh.

Result: Table no. 1 depicts TB notification from the year 2018 to year 2021 by district Shajapur. Points on TB notification achieved were 13.5, 11.23, 8.53 and 11.13 in 2018, 2019, 2020 and 2021 respectively.

| Table 1: TB Notification verified by Verification team |
|--|
|--|

| TB notification | | | | |
|--|--------|--------|--------|--------|
| As verified by verification team | 2018 | 2019 | 2020 | 2021 |
| Annual Target Patients to be notified | 2600 | 2750 | 2700 | 3200 |
| TB cases notified - Both Public and Private | 1775 | 1544 | 1151 | 1781 |
| Percentage (%) of Target achieved in TB Notification | 68.27% | 56.15% | 42.63% | 55.66% |
| Points on TB notification achieved (20 points) | 13.65 | 11.23 | 8.53 | 11.13 |

Table no. 2 is Showing TB notification with known HIV status. Points on TB notified patients with known HIV was 6.47, 7.52, 8.81 and 7.6 in year 2018, 2019, 2020 and 2021 respectively.

| Screened for HIV | 2018 | 2019 | 2020 | 2021 | |
|--|-------|--------|--------|------------|--|
| As verified by verification team | | | | | |
| 1.Total TB notified cases (notified cases based on current PHI) | 1817 | 1828 | 1367 | 1784 | |
| 2.Number of TB notified patients screened for HIV | 1210 | 1375 | 1205 | 1356 | |
| 3.Percentage (%) of patients with known HIV testing | 64.71 | 75.22% | 88.15% | 76.01% | |
| 4.Points on TB notified patients with known HIV status (10 points) | 6.47 | 7.52 | 8.81 | 7.6 | |
| | ' II | · 1D | C 4 | ·· · · · · | |

Table no. 3 is Showing Universal Drug Susceptibility test (UDST). Points on Universal Drug Susceptibility test (UDST) was 10 for each year 2018, 2019, 2020 and 2021 respectively.

Table 3: Universal Drug Susceptibility test (UDST) verified by Verification team

| UDST | 2018 | 2019 | 2020 | 2021 |
|---|------|------|------|------|
| As verified by verification team | | | | |
| Total TB Cases notified (Based on current PHI) | 1870 | 1828 | 1367 | 1784 |
| Target TB notified cases eligible for UDST (please calculate as per % benchmark | 70% | 70% | 81% | 81% |
| set for the State) | | | | |
| UDST tested | 325 | 1028 | 913 | 721 |
| Points on UDST (10 points) | 10 | 10 | 10 | 10 |
| | | | | |

Table no. 4 shows treatment success rate. Points on treatment success rate were 12.28, 10.66, 8.44 and 9.99 for year 2018, 2019, 2020 and 2021 respectively.

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| Success rate | 2018 | 2019 | 2020 | 2021 |
|---|-------|--------|--------|--------|
| As verified by verification team | | | | |
| TB notified patients (Both Public and Private) | 1870 | 1831 | 1786 | 1346 |
| Number of TB notified patients with treatment outcome - Success (Both | 1531 | 1301 | 1005 | 896 |
| Public and Private) | | | | |
| Success percentage (%) (Both Public and Private) | 18.87 | 71.05% | 56.27% | 66.57% |
| Points on treatment success rate (15 Points) | 12.28 | 10.66 | 8.44 | 9.99 |

| Table 4: Treatment success rate | e verified by | Verification team |
|---------------------------------|---------------|-------------------|
|---------------------------------|---------------|-------------------|

Table no. 5 is showing details of beneficiaries paid under Nikshay poshan yojna. Points on Beneficiaries paid under Nikshay PoshanYojana were 7.84, 8.95, 9.23 and 9.53 in the year 2018, 2019, 2020 and 2021 respectively.

| | Table 5: | Beneficiary | paid | verified | bv | Verification | team |
|--|----------|--------------------|------|----------|----|--------------|------|
|--|----------|--------------------|------|----------|----|--------------|------|

| Beneficiaries Paid | 2018 | 2019 | 2020 | 2021 |
|--|-------|--------|-------|--------|
| As verified by verification team | | | | |
| NikshayPoshanYojana - Total beneficiaries eligible - Data as per Nikshay | 1858 | 1827 | 1363 | 1778 |
| NikshayPoshanYojana - Beneficiaries paid (at least one payment) | 1457 | 1636 | 1258 | 1694 |
| Percentage (%) of beneficiaries paid under NikshayPoshanYojana | 78.42 | 89.55% | 92.3% | 95.28% |
| Points on Beneficiaries paid under NikshayPoshanYojana (10) | 7.84 | 8.95 | 9.23 | 9.53 |

Table no. 6 is showing details of Drug resistant TB status. Points on DRTB patients treatment initiation regimen was 14.56, 14.68, 14.38 and 14.25 in the year 2018, 2019, 2020 and 2021 respectively.

Table 6: Drug resistant TB (DRTB) verified by Verification team

| DRTB | 2018 | 2019 | 2020 | 2021 |
|--|----------|--------|--------|-------|
| As verified by verification team | | | | |
| MDR patients diagnosed | 34 | 47 | 24 | 40 |
| DRTB regimen initiated | 33 | 46 | 23 | 38 |
| Percentage (%) DRTB patients initiated on treatment | 97.06% | 97.87% | 95.83% | 95% |
| Points on DRTB patients treatment initiation regimen (15 points) | 14.56 | 14.68 | 14.38 | 14.25 |
| | 7.51.0.5 | 0 7 07 | 1014 . | 1 |

Table no. 7 shows that expenditure details. Points on expenditure were 7.51, 9.59, 7.97 and 9.14 in the year 2018, 2019, 2020 and 2021 respectively.

| Table 7: Expe | enditure done | e by distric | t verified by | Verification | team |
|---------------|---------------|--------------|---------------|--------------|------|
| | | | | | |

| Expenditure | 2018 | 2019 | 2020 | 2021 |
|---|---------|---------|---------|---------|
| As verified by verification team | | | | |
| Finance ROP to the State (in lakhs) | 5566500 | 8458050 | 8277950 | 7342430 |
| Expenditure (in lakhs) (Data of FY to be entered) | 4180000 | 8107810 | 6595550 | 6709310 |
| Percentage (%) Expenditure | 75.09% | 95.86% | 79.68% | 91.38% |
| Points (Expenditure - 10) | 7.51 | 9.59 | 7.97 | 9.14 |

Table no. 8 is showing Chemoprophylaxis details given for children under 6years of age. Points on chemoprophylaxis were 0.24, 2.31, 3.45 and 3.32 in the year 2018, 2019, 2020 and 2021 respectively.

| Table 8: Chemoprophylaxis verified by Verification team | | | | | | | |
|---|-------|--------|--------|--------|--|--|--|
| Chemoprophylaxis | 2018 | 2019 | 2020 | 2021 | | | |
| As verified by verification team | | | | | | | |
| Children <6 yrs identified | 749 | 295 | 207 | 148 | | | |
| Children diagnosed with TB | 0 | 1 | 1 | 2 | | | |
| Children eligible for Chemoprophylaxis | 749 | 294 | 206 | 146 | | | |
| Children given chemoprophylaxis | 36 | 136 | 142 | 97 | | | |
| Percentage (%) Children given chemoprophylaxis | 4.81% | 46.26% | 68.93% | 66.44% | | | |
| Points on chemoprophylaxis (5 points) | 0.24 | 2.31 | 3.45 | 3.32 | | | |

Table no. 9 shows details of TB preventive therapy given for people living with HIV (PLHIV). Points on TPT for PLHIV were 4.68, 4.57, 4.06 and 4.71 in year 2018, 2019, 2020 and 2021 respectively.

| Table 9: TB Preventive Therapy (| TPT) for | PLHIV | verified by | Verificatio | n team |
|----------------------------------|----------|-------|-------------|-------------|--------|
| | | | | | |

| PLHIV | 2018 | 2019 | 2020 | 2021 |
|--|--------|--------|--------|--------|
| As verified by verification team | | | | |
| PLHIV on active care | 31 | 47 | 32 | 34 |
| PLHIV eligible for TPT | 31 | 47 | 32 | 34 |
| PLHIV initiated on TPT out of eligible | 29 | 43 | 26 | 32 |
| Percentage (%) eligible PLHIV received TB preventive therapy | 93.55% | 91.49% | 81.25% | 94.12% |
| Points on TPT for PLHIV (5 points) | 4.68 | 4.57 | 4.06 | 4.71 |

TB score was 77 in 2018, 80 in the year 2019, 75 in the year 2020 and 80 in the year 2021. Fig. no. 1 shows that the incident cases as per district notification are increasing from 113.7/lakh population from 2015 to 151.5 lakh population in

year 2021. So there is increasing trend of Tuberculosis cases in the district in current year as compared to baseline year 2015. The fall during 2019 and 2020 may be due to underreporting of cases during the Covid pandemic.

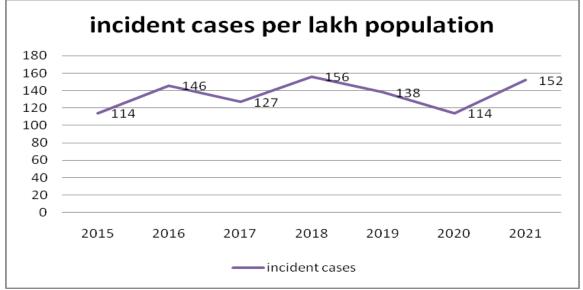


Figure 1: Incident Cases per Lakh Population

Discussion

TB score was 77 in 2018, 80 in the year 2019, 75 in the year 2020 and 80 in the year 2021. The incident cases as per district notification are increasing from 113.7/lakh population from 2015 to 151.5/lakh population in year 2021.

So there is increasing trend of tuberculosis cases in the district in year 2021 compared to baseline year 2015. May be due to Covid pandemic case were decreased during 2020 [6,7,8]. Sub-national verification of claim, used three methods to verification of find out incident cases namely TB notification rate, Survey and by patient months using drug sales/consumption data. So that the strength of one method shall overcome the limitation of another [9,10].

A comprehensive estimation of the burden of the TB, especially in a high TB burden should account for all patients with TB irrespective of their place of diagnosis and compliance with treatment [11,12].

Conclusion:

Prerequisite:MThe state has submitted and fulfilling the below mentioned prerequisite criteria for claim submission:-

- 1. NNT is increased by 24.1% (from 11.2 in year 2015 to 13.9 in the year 2021)
- 2. Total T.B. Score is 80 % as verified by the verification team for current year 2021.

 Percentage of decline in patient months calculated using Anti T.B. drug data (from both public & private) from 2015 is not submitted by the district at the time of claim.

Criteria for certification TB free status as achievement of reduction in T.B. incidence as compared to 2015 in incidence rate. The total Annual Notification rate by the district was 113.7/ lakh population in the year 2015 while it was 151.5/ lakh population.

So there is increased incidence by 37.8 cases/ lakh population (33.24%) during this time period.

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