

# Expression of Inflammatory MicroRNA-146a in Iraqi Women with Breast Cancer

Manhal F. Ahmed<sup>1\*</sup>, Shahlaa M. Salih<sup>2</sup>, Yasir W. Issa<sup>3</sup>

<sup>1,2</sup>College of Biotechnology, Al-Nahrain University, Baghdad, Iraq.

<sup>3</sup>Department of Anesthesia and Intensive Care Technologies, Madanat Al-Elem University College, Baghdad, Iraq.

Received: 26th March, 2021; Revised: 14th April, 2021; Accepted: 09th May, 2021; Available Online: 25th June, 2021

## ABSTRACT

**Background:** Breast cancer (BC) is the second foremost cause of cancer-related death in Iraqi women. MiR-146a had been latterly considered a remarkable modulator of differentiation and function of innate cells and adaptive immunity. This study aimed to elucidate a possible role of miR-146a in breast cancer progression.

**Methods** Sixty BC Iraqi women blood samples were collected from Oncology Teaching Hospital, Baghdad/Iraq. In addition to 25 healthy volunteers' women. Serum cancer antigen 15-3 was assessed using VIDAS. The total RNA was extracted and converted to cDNA using the stem loop technique and quantitative real-time PCR (RT-PCR) with specific primers to estimate fold change expression.

**Results:** The assayed serum CA 15-3 levels significantly increased in early and advanced stages compared to controls. Investigation of the miR-146a folding expression after normalization with U6 snRNA revealed lower folding expression ( $2^{-\Delta\Delta C_t}$ ) of mir-146a in BC patients than controls.

**Conclusions;** Downregulation of mir-146a in peripheral blood of BC patients and the dramatically increased serum CA 15-3 suggests its dual role in cancer and possibly as therapeutic targets.

**Keywords:** Breast cancer, CA 15-3, miRNA, mir-146a.

International Journal of Drug Delivery Technology (2021); DOI: 10.25258/ijddt.11.2.59

**How to cite this article:** Ahmed MF, Salih SM, Issa YW. Expression of Inflammatory MicroRNA-146a in Iraqi Women with Breast Cancer. International Journal of Drug Delivery Technology. 2021;11(2):575-578.

**Source of support:** Nil.

**Conflict of interest:** None

## INTRODUCTION

Breast cancer (BC) is a most recurrent virulence illness in global women in which the cells in breast tissue are uncontrolled modified and continuously divide, about seventy to eighty percent of patients with initial-stage which is a non-metastatic stage. Progressive BC organ-related metastases is considered. Generality, the BC initiates from the lobules or ducts that join the lobules to the nipple. BC signs may contain a breast lump, breast shape change, skin dimpling, fluid flow from the nipple, and a newly-inverted nipple or a red or scaly skin patch.<sup>1</sup> Several factors behind developing BC e.g. being female, lack of physical exercise, obesity, menopause hormone replacement therapy, alcoholism, ionizing radiation, delayed or non-motherhood, early menstruation, older age, family history, and having a prior history of BC.<sup>2</sup>

Breast cancer is the most commonly occurring virulence in women and the 2<sup>nd</sup> most common cancer overall and its incidence altitude after being forty. At the same time, the highest occurrence (nearly 80% of aggressive cases) occurs when the women cross the age of fifty.<sup>3</sup> In Iraqi BC, patients

have become a leading threat to a female health condition, where it is the major cause of death after cardiovascular illness between women, with a cancer-related mortality rate of 23%.<sup>4</sup> Micro-RNAs monitor proteins are binding short ssRNAs, directly or indirectly affecting all sides of cell biology.<sup>5,6</sup> They had been associated with illnesses such as viral infections, cancer, and auto-immune diseases. In recent years, they stand out as significant immune response regulators,<sup>7,8</sup> which act as regulators of inflammation and modulate signaling of onset and termination of inflammation. Depending upon the target miRNAs may either promote or suppress inflammation.<sup>9</sup> The miR-146a is a small non-translated mini-RNA; in humans, it is encoded by the miR146A gene<sup>10</sup> and functions an active part in the inflammatory process in several disorders, including diabetes.<sup>11,12</sup> In addition, miR-146a was recorded to exert anti-inflammatory impact in the pathogenesis of different diabetic complexities such as diabetic nephropathy, cardiovascular disorders, neuropathy, retinopathy, even tend to be a high potential biomarker of inflammatory status in these diseases.<sup>13,14</sup> It had been implicated to play a vital role in

\*Author for Correspondence: manhal.farooq@gmail.com

inflammation, innate immunity, and cancer, as well as shown to regulate mitochondrial functions involving inflammation-aging of all types of cancer.<sup>15</sup> The miR-146a had been linked to various critical physiological operations like inflammatory responses and innate immunity. It had been prior revealed that upregulation of miR-146a regulated downstream toll-like receptor 4 (TLR4), IL-1 receptor-associated kinase 1 (IRAK1) signaling, and TNF-receptor associated factor-6 (TRAF6) by a negative-feedback regulation loop.<sup>16</sup> Previous studies determined that miR-146a over various signaling pathways such as STAT1, IFN- $\gamma$ , TNF- $\alpha$ , TGF- $\beta$ , TRAF-6, and GPCR were talented at influencing gene expression and eventually having a binary function in cancer progression then metastasis.<sup>17</sup> MiR-146a is earning significance as a modulator of differentiation and function of innate immunity and adaptive immunity cells, given its significance in regulating vital cellular processes. It is also known as a tumor suppressor; thus, it is not surprising that miR-146a expression was found dysregulated in many tumor types, and it can be used as a potential biomarker for BC identification since it is deregulated in several pathways leading to the progression of BC. It behaves as a tumor suppressor gene. Thus, by correctly targeting miR146a, the proper functioning of its target genes can be restored.<sup>18-20</sup>

## MATERIALS AND METHODS

### Subjects

Sixty Iraqi women with breast cancer were sub-grouped into 26 stages I and II, and 34 with stages III and IV. The samples were collected from the Oncology Teaching Hospital, Baghdad, Iraq, their age was ranged from (35–70) years. Moreover, 25 age-matched healthy women and their age ranged was 27–68 years were enrolled in this study. Ten mL of venous blood was collected and distributed into 5 mL EDTA tubes for RNA and gene expression isolation, whereas the remaining about 5 mL was divided into gel-tube for the segregation of serum. Then serum was gathered by centrifugation (3000 rpm for 10 minutes). Then the serum was freezing at -20°C till estimation for cancer antigen experiments.

### Estimation of Serum Antigens Markers

Serum cancer antigen 15-3 was estimated using VIDAS® Mybiomerieux, France. Immuno-assay

### Isolation of Total RNA

A ready-to-use reagent TRIzol® RNA isolation reagents and Directzol™ RNA-Mini-Prep, ZYMO-RESEARCH, USA was practical for total RNA isolation from peripheral blood samples. The RNA was eluted in 25  $\mu$ L of nuclease-free water.

### Quantitation of miRNA Concentration and Purity

MiRNA concentration and purity were done randomly for five samples only Calibrating the Quantus™ Fluorometer for use with the QuantiFluor® Dye System Follow this protocol to calibrate the Quantus™ Fluorometer before quantitation using the PromegaQuantifluor® Dye Systems.

### Conversion of RNA to cDNA

Prime Script™ RT-reagent kit is intended to perform the reverse-transcription adjusted for RT-qPCR The Stem-loop primer for has-miR-146a was 5' GTCGTATCCAGTG-CAGGGTCCGAGGTATTTCGCACTGGAT ACGACAACCCA 3', and the forward primer 5' CGCGCGTGAGTTCTGAAT3'. The U6 gene was used as a reference gene, the reverse transcription primer was 5' GAAGCCGTCGTGTATAT-GATTTTA 3', and amplification primer was 5' GCTTCG-GCAGCACATATACTAAAAT 3'. The study used a universal reverse primer in reverse transcription, complementary to the stem loop primer 5'CGCTTCACGAAT TTGCGTGTTCAT 3'. The primers were adopted using <http://www.mirbase.org>, 2  $\mu$ L 20X prime script reaction buffer, 3  $\mu$ L nuclease-free water, and 5  $\mu$ L (100 ng/ $\mu$ L) of the total RNA up to obtain 10  $\mu$ L as final reaction concentration. The reaction was running by using thermal-cycler (SaCycler-96, Sacase, Italy) at 42°C for 15 minutes, tracked by 1 minutes for heat deactivation at 85°C, then stored at 4°C for qPCR.

### Performing RT-PCR

The KAPA-SYBR-FAST-qPCR master mix (2X) is intended for maximum real-time PCR performance. Twenty  $\mu$ L PCR reaction mixtures were prepared using KAPA SYBR® fast universal PCR master-mix (KAPA, USA) as suggested by the producer. Fleetingly, 10  $\mu$ L of 2X SYBR green master-mix, 5  $\mu$ L of cDNA, 0.5  $\mu$ L of each reverse and forward primer mix were addition and 4  $\mu$ L of nucleases free water was added to complete the reaction mix up to 20  $\mu$ L. Then, as endogenous control, we used U6 gene as a reference gene. The quantitative RT-PCR was performed at 95°C for 7 minutes, tracked by 45 series cycles of 95°C for 10 seconds and 60°C for 1 minute. Lastly, melting-curve analysis was approved constructed on the separation features of ds DNA through the cycles with intensifying denaturing temperature.

### Statistical Analysis

Statistics of obtained data were investigated using SPSS program version 26 and Graph-Pad prism 6, using modest statistical parameters (mean and standard error). The results were clarified. The differences between means were intended by independent varieties T-test. A possibility that equalizes or minimal than 0.05 was considered significant. The fold change was calculated using  $2^{-\Delta\Delta CT}$  method after normalizing with u6 gene in which:  $\Delta CT = CT$  of Target gene- $CT$  of reference gene (U6). Then the  $\Delta\Delta CT = \Delta CT$  of each sample - average  $\Delta CT$  for controls. The fold change =  $2^{-\Delta\Delta Ct}$ . The control value was advised as 1, the samples, minimum than 1 were suggested as down-regaled and maximum than 1 were proposed as upregulated.

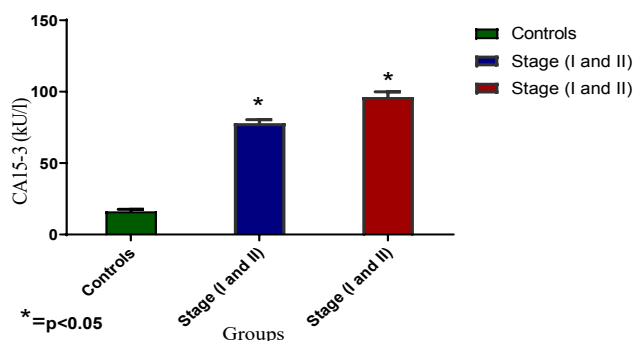
## RESULTS

### Immunoassay of Serum CA15-3

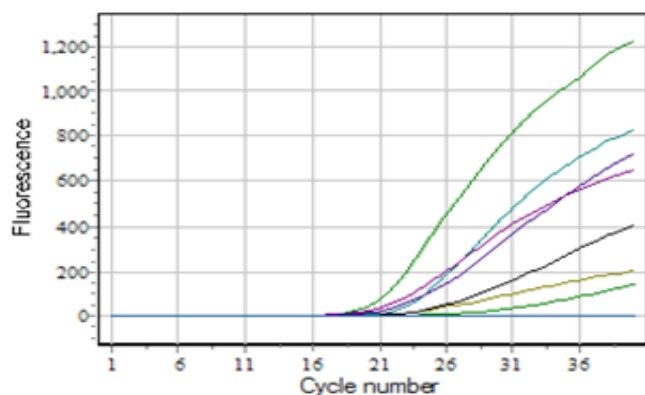
The serum level CA15-3 displayed a significant increase in both early ( $77.97 \pm 2.44$ ) and advanced stages ( $96.33 \pm 3.66$ ) than

**Table 1:** Folding expression of Mi-r-146a in breast cancer women

miR-146a	mean of $\Delta Ct \pm SE$ controls	mean of $\Delta Ct \pm SE$ patients	$\Delta\Delta Ct$	P- value	Folding
Early stages	1.19 $\pm$ 0.08	2.437 $\pm$ 0.07	1.244	0.001	0.422
Advanced stages	1.19 $\pm$ 0.08	2.889 $\pm$ 0.06	1.695	0.001	0.309



**Figure 1:** Serum level of CA15-3 in healthy controls and BC patients expression of miR-146a



**Figure 2:** Real time PCR gene expression results of associated miRNA as given threshold (CT).

the control group (16.3  $\pm$  1.35) kU/L, respectively. There were no significant differences between cancer stages ( $p < 0.05$ ); Figure (1 and 2).

The expression of target miRNA (miR-146a) gene was examined by using real-time PCR after reverse transcription of RNA to cDNA via specific stem-loop primer that extends the target miRNA and the resulted curves represented in CT threshold of target and reference gene as shown in (Figure 2) then by folding analysis using Livak method (Livak and Schmittgen, 2001) (Table 1).

### Micro RNA-146a

The results showed that miR-146a was significantly down-regulated in BC patients in early (I-II) and advanced stages (III-IV)  $p=0.001$ . The fold change in early-stage (stage I and II) was 0.422 compared with 1, and in the advanced stages (III-IV) was 0.309 compared with 1.

### DISCUSSION

A growing gathering of scientific evidence had been reported miR-146 as the unity of the high probable epigenetic controllers, disturbing cellular and metabolic pathways resulting in

fundamental inflammatory stimulations in different cell types.<sup>21</sup> The expression of mir-146a was significantly down-regulated in BC women that play a suppressor part in cancer cells and decreased its expression level by stimulating the nuclear factor kappa-B (NF- $\kappa$ B) signaling pathway income a part in the development and cancer metastasis. Though, in numerous metastatic cancers comparable to metastatic brain cancer, colorectal cancer, and lymphoma, the expression level of microRNAs is raised, denoting its double function in cancer cells.<sup>22</sup> Investigates carried out on hepato-cellular metastatic carcinoma exposed that the mir146a gene expression in this cell has failed compared to normal cells due to mir146a promoters being highly methylated, and its rises will decrease the level of invasion. This promoter decreases VEGF expression by raising the expression level of APC and reducing the level of NF- $\kappa$ B p65. These researches presented that the mir146a performance as a tumor suppressor in hepatocellular cancer invasiveness and talented reduces cancer cells relocation, metastasis, and invasion.<sup>23</sup> Subsequently, additional studies exposed that mir146a takes a portion in cancer cells' metastasis and invasion by disturbing the cmet. In the colorectal cancer cells, the expression of mir146a deteriorates, and the expression level of cmet is elevated, similar to the targets involved in the colorectal cancer cells invasion and metastasis.<sup>24</sup>

A study on hepatocellular carcinoma cells confirmed that the expression of miR146a is low. The miR146a can inhibit the cell cycle and elevation by apoptosis in the peripheral cells. Consequently, raising in the expression levels of miR146a in the cancer cell lines could be a magnificent strategy in the therapy of this sympathetic cancer.<sup>25,26</sup> Studies verified the variation of miRNAs expression profile in human BC and resolute that there were 29 types of miRNAs with an expression condition, in which the expression of miRNA-21 and miRNA155 was significantly upregulated. In contrast, the expression of miRNA-10b, miRNA-125b, and miRNA-145a were significantly reduced. In previous work, it was determined that the expression of miR146a5p in BC tissue was significantly higher compared with paraneoplastic tissue.<sup>27</sup> In contract another study found that the miR-146a-5p expression in breast cancer cell line MCF7 was also significantly higher, compared to control cells, and BRCA1 was moreover identified as a miR-146a-5p target gene by bioinformatics analysis and the reporter of fluorescent gene detection and may regulate the MCF-7 proliferation by BRCA1.<sup>28</sup>

### REFERENCES

1. American Cancer Society. Breast Cancer Facts & Figures 2019-2020. Atlanta: American Cancer Society, Inc. 2019.
2. WorldCancer Report 2014. World Health Organization. 2014. pp. Chapter 5.2.

3. Bray F, Ferlay J, Soerjomataram I, Siegel RL, Torre LA, Jemal A. Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA: a cancer journal for clinicians*. 2018 Nov;68(6):394-424.
4. International Agency for Research on Cancer: Globocan 2012. Lyon, France, World Health Organization International Agency for Research on Cancer, 2013.
5. Ambros V. MicroRNA pathways in flies and worms: growth, death, fat, stress, and timing. *Cell*. 2003 Jun 13;113(6):673-676.
6. Plasterk RH. Micro RNAs in animal development. *Cell*. 2006 Mar 10;124(5):877-881.
7. Baltimore D, Boldin MP, O'connell RM, Rao DS, Taganov KD. MicroRNAs: new regulators of immune cell development and function. *Nature immunology*. 2008 Aug;9(8):839-845.
8. Dahlberg JE, Lund E. Micromanagement during the innate immune response. *Science's STKE*. 2007 May 22;2007(387):pe25.
9. O'Connell RM, Rao DS, Baltimore D. MicroRNA regulation of inflammatory responses. *Annu Rev Immunol*. 2012;30:295-312.
10. Labbaye C, Testa U. The emerging role of MIR-146A in the control of hematopoiesis, immune function and cancer. *Journal of hematology & oncology*. 2012 Dec;5(1):1-10.
11. Balasubramanyam M, Aravind S, Gokulakrishnan K, Prabu P, Sathishkumar C, Ranjani H, Mohan V. Impaired miR-146a expression links subclinical inflammation and insulin resistance in Type 2 diabetes. *Molecular and cellular biochemistry*. 2011 May;351(1):197-205.
12. Cheng HS, Sivachandran N, Lau A, Boudreau E, Zhao JL, Baltimore D, Delgado-Olguin P, Cybulsky MI, Fish JE. Micro RNA-146 represses endothelial activation by inhibiting pro-inflammatory pathways. *EMBO molecular medicine*. 2013 Jul;5(7):1017-1034.
13. Feng B, Chen S, Gordon AD, Chakrabarti S. miR-146a mediates inflammatory changes and fibrosis in the heart in diabetes. *Journal of molecular and cellular cardiology*. 2017 Apr 1;105:70-76.
14. Yousefzadeh N, Alipour MR, Soufi FG. Deregulation of NF-κB-miR-146a negative feedback loop may be involved in the pathogenesis of diabetic neuropathy. *Journal of physiology and biochemistry*. 2015 Mar 1;71(1):51-58.
15. Li Y, VandenBoom TG, II ZW, Kong D, Ali S, Philip PA, Sarkar FH. Up-regulation of miR-146a contributes to the inhibition of invasion of pancreatic cancer cells. *Cancer research*. 2010 Apr 15;70(8 Suppl):5703.
16. Taganov KD, Boldin MP, Chang KJ, Baltimore D. NF-κB-dependent induction of microRNA miR-146, an inhibitor targeted to signaling proteins of innate immune responses. *Proceedings of the National Academy of Sciences*. 2006 Aug 15;103(33):12481-12486.
17. Shahrari A, Shiva GG, Ghader B, Farhad J, Hosein A, Parsa H. The dual role of mir-146a in metastasis and disease progression. *Biomedicine & Pharmacotherapy*. 2020 Jun 1;126:110099.
18. Rusca N, Monticelli S. MiR-146a in immunity and disease. *Molecular biology international*. 2011;2011:437301.
19. Su YL, Wang X, Mann M, Adamus TP, Wang D, Moreira DF, Zhang Z, Ouyang C, He X, Zhang B, Swiderski PM. Myeloid cell-targeted miR-146a mimic inhibits NF-κB-driven inflammation and leukemia progression in vivo. *Blood*. 2020 Jan 16;135(3):167-180.
20. Faryal R. Role of miRNAs in breast cancer. *Asian Pac J Cancer Prev*. 2011;12:3175-3180.
21. Wu D, Cerutti C, Lopez-Ramirez MA, Pryce G, King-Robson J, Simpson JE, Van Der Pol SM, Hirst MC, De Vries HE, Sharrack B, Baker D. Brain endothelial miR-146a negatively modulates T-cell adhesion through repressing multiple targets to inhibit NF-κB activation. *Journal of Cerebral Blood Flow & Metabolism*. 2015 Mar;35(3):412-423.
22. Wu C, Cao Y, He Z, He J, Hu C, Duan H, Jiang J. Serum levels of miR-19b and miR-146a as prognostic biomarkers for non-small cell lung cancer. *The Tohoku journal of experimental medicine*. 2014;232(2):85-95.
23. Zhang Z, Zhang Y, Sun XX, Ma X, Chen ZN. microRNA-146a inhibits cancer metastasis by downregulating VEGF through dual pathways in hepatocellular carcinoma. *Molecular cancer*. 2015 Dec;14(1):1-5.
24. Bleau AM, Redrado M, Nistal-Villan E, Villalba M, Exposito F, Redin E, de Aberasturi AL, Larzabal L, Freire J, Gomez-Roman J, Calvo A. miR-146a targets c-met and abolishes colorectal cancer liver metastasis. *Cancer letters*. 2018 Feb 1;414:257-267.
25. Huang S, He R, Rong M, Dang Y, Chen G. Synergistic effect of MiR-146a mimic and cetuximab on hepatocellular carcinoma cells. *BioMed research international*. 2014 Jan 1;2014.
26. Iorio MV, Ferracin M, Liu CG, Veronese A, Spizzo R, Sabbioni S, Magri E, Pedriali M, Fabbri M, Campiglio M, et al. MicroRNA gene expression deregulation in human breast cancer. *Cancer Res*. 2005;65:7065-7070.
27. Meshkat M, Tanha HM, Naeini MM, Ghaedi K, Sanati MH, Meshkat M and Bagheri F: Functional SNP in stem of mir-146a affects Her2 status and breast cancer survival. *Cancer Biomark* 2016; 17: 213-222.
28. Gao W, Hua J, Jia Z, Ding J, Han Z, Dong Y, Lin Q, Yao Y. Expression of miR-146a-5p in breast cancer and its role in proliferation of breast cancer cells. *Oncology letters*. 2018 Jun 1;15(6):9884-9888.