

# Larvicidal, Pupicidal and Adulticidal Efficacy of Essential oils Against *Musca Domestica* L.: Molecular Docking Insights into Acetylcholine Esterase Inhibition

Deepa H N<sup>1</sup>, Ramya Manjunath<sup>\*2a,b</sup>, Mousumi Mondal<sup>3</sup>

<sup>1,2a</sup>Department of Biotechnology, School of Applied Sciences, REVA University, Bengaluru.

<sup>2b</sup>Centre for Biotechnology and Molecular Biology, REVA Research Centre, REVA University, Bengaluru-560064 Karnataka, India

<sup>3</sup>Aspartika Biotech Pvt Ltd, Bangalore.

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## ABSTRACT

Houseflies (*Musca domestica* L.; Diptera: Muscidae) are anthropophilic pests of major public health concern owing to their ability to mechanically transmit various animal and human pathogens. In the present study, essential oils of eight medicinal and aromatic plants, *Eucalyptus globulus*, *Piper nigrum*, *Cymbopogon citratus*, *Syzygium aromaticum*, *Zingiber officinale*, *Rosmarinus officinalis*, *Ocimum basilicum*, and *Curcuma longa*, were investigated for their larvicidal, pupicidal and adulticidal properties, at different doses against *M. domestica*. Larvicidal activity with LC50 was observed in the range from 3.12 - 6.46 %, pupicidal activity between 6.41-11.05% and adulticidal activity in the range of 4.91 - 7.75%. *S. aromaticum*, *E. globulus*, and *C. citratus* essential oils showed to be most effective against larvae, pupae, and adults, while *Z. officinale* and *O. basilicum* oils *R. officinalis* and *P. nigrum* oils exhibited moderate activity. Furthermore, *Drosophila melanogaster* Acetyl Choline Esterase (AChE) crystal structure (PDB ID: 6XYU) was used as a template for docking studies to analyze the interactions of bioactive components of essential oils. Beta-caryophyllene in *S. aromaticum* oil has a strong binding affinity of -7.1 kcal/mol, whereas eugenol has a -6.2 kcal/mol affinity. Neral (-6.6 kcal/mol) and geraniol (-5.7 kcal/mol) from *C. citratus*; limonene (-6.1 kcal/mol) and 1,8-cineole (-5.9 kcal/mol) from *E. globulus* showed moderate binding. This study proposes plant-based essential oils as promising, environmentally sustainable options for combating houseflies, given growing concerns about insecticide resistance, ecological toxicity, and health risks associated with synthetic insecticides.

**Keywords:** *Essential oils, Musca domestica, Insecticidal Activity, LC50, Acetylcholinesterase, Molecular Docking, beta-Caryophyllene, Eugenol, Natural Pesticides.*

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## 1. INTRODUCTION

Houseflies (*Musca domestica* L.) are the most significant global stubborn insect pests, which are fierce carriers of more than 1000 pathogenic organisms, from bacteria and viruses to protozoa and parasites<sup>1,2</sup>. They have become highly adapted to the human environment, including apartment landfills, animal shelters, food storage facilities and can reproduce on decaying materials<sup>3,4,5</sup>. These insect pests cause major health problems; hence, their control is essential for maintaining hygiene and quality of life<sup>1,4,6</sup>. Conventional pest management methods include chemical, mechanical, biological, and sanitary practices, with limitations. Chemical methods using organophosphates and pyrethroids leads to resistance over time, pollution, and toxicity to non-target organisms<sup>4,7</sup>. Mechanical control using UV light traps and sticky traps is effective at reducing fly numbers but demands continuous monitoring and maintenance, may fail under heavy infestations. Biological control using parasitic wasps, entomopathogenic fungi, and entomopathogenic

nematodes is possible but slow-acting, time-consuming, and climate-dependent. Sanitation and waste disposal are largely preventable, but they must be practiced regularly and implemented consistently over the long term to be effective<sup>1</sup>. Insecticidal and fumigation methods provide short-term relief but do not completely eradicate fly populations due to resistance and larval survival<sup>5</sup>. The essential oils can be a matter of hope for pest management. Essential oils can interfere with the physiological and metabolic processes of insects, leading to mortality, and can be a promising substitute to synthetic insecticides<sup>8,9</sup>. The key components of essential oils possess insecticidal, repellent, growth-deterrent, larvicidal, and pupicidal properties. Additionally, they function as competitive inhibitors of acetylcholinesterase, the enzyme that catalyzes the hydrolysis of acetylcholine, a key neurotransmitter in the insect nervous system<sup>10,11</sup>. The inhibition of acetylcholinesterase disrupts the cholinergic system, which is essential for insect survival. The nine

selected plants to derive essential oils have diverse applications – *Curcuma longa*, *Cymbopogon citratus*, *Eucalyptus globulus*, *Ocimum basilicum*, *Rosmarinus officinalis* and *Syzygium aromaticum* have been used as deodorisers, repellents, growth deterrents, and ovipositional deterrents, in addition to larvicidal and pesticidal properties<sup>12,13,14,15</sup>. *Syzygium aromaticum* oil has major active components such as Eugenol, Caryophyllene oxide, and caryophyllene. Eugenol acts as a neurotoxin by inhibiting enzyme activity, leading to nervous system failure and death of the insects and pests. According to the literature, *Syzygium aromaticum* oil exhibits 100% mortality in mosquitoes and stored-product pests due to its fumigant properties<sup>16</sup>. Similarly, *Curcuma longa* contains  $\alpha$ -turmerone,  $\beta$ -turmerone, and Ar-turmerone, which disrupt insect metabolism and energy production and have effective repellent properties against agricultural pests such as aphids and weevils<sup>16,17,18</sup>. *Cymbopogon citratus* oil, extracted through hydro distillation, contains neral and geranial, possessing antimicrobial, anti-inflammatory, and mosquito-repellent activities<sup>11</sup>. The multifunctionality of *Cymbopogon citratus* has made it very popular in the cosmetic, insecticide, and agricultural sectors. *Piper nigrum* essential oil is a potent insecticide with high levels of alpha-pinene, beta-pinene, carene, limonene, and beta-caryophyllene, and has been shown to have a strong insecticidal effect, especially against house flies<sup>8</sup>. Essential oils of *Zingiber officinale* is a mixture of camphene, eucalyptol, and linalool, which interfere with respiratory and the nervous system's function, are therefore very toxic to cockroaches and stored-product pests. *Eucalyptus globulus* oil include limonene, alpha-pinene, 1,8-cineole, p-cymene, and beta-pinene, which are widely used as insecticide. The impact of monoterpenes on flies has been widely reported<sup>19</sup>. The constituents of *Ocimum basilicum* have insecticidal, nematocidal and fungistatic effects. *Ocimum basilicum* oil contains 1, 8- cineole, camphor and eugenol, indicating its larvicidal and pupicidal properties. Similarly, *Rosmarinus officinalis* oil, contains alpha-pinene, has exhibited fumigant toxicity to houseflies. The present study primarily focuses on assessing the biocontrol potential of various essential oils against the larval, pupal, and adult stages of *M. domestica*, and their effectiveness as a substitute for synthetic insecticides<sup>21</sup>. This study aims to establish environmentally friendly methods for controlling the housefly by understanding its chemical constitution and toxicity. The efficacy of these essential oils is ascertained by their physicochemical characteristics such as acid value, refractive index, yield density and ester value. They affect stability, solubility, and overall performance of the oils. To improve pest control, these properties can be used to optimize formulation and application techniques. The constituents of each essential oil are analyzed using GC-MS. Their larvicidal, pupicidal, and adulticidal effects are evaluated by exposing the houseflies to various concentrations of essential oils, and the mortality rates are recorded post application. The specific goal of this combined study was to investigate the potential of essential oils as eco-friendly substitutes for chemical pesticides.<sup>21,22,23</sup>. Further, employing molecular docking approach, the major compounds from essential oils with high LC<sub>50</sub> values were used to determine the desired binding orientation and measurable affinity for the target enzyme, Acetylcholinesterase (AChE). Inhibition of AChE, a key enzyme of insect

neurotransmission, by phenylpropanoids and terpenoids, the components of essential oils, is the mechanism of neurotoxicity, resulting in acetylcholine buildup, overstimulation of nerve impulses, and eventual paralysis<sup>24,25</sup>. To enable this crucial computational analysis, the *M. domestica* AChE structure was reliably generated by homology modelling, using the known *Drosophila melanogaster* AChE crystal structure as a template<sup>26,27,28</sup>. Focusing the docking analysis on the components of these three highly active oils, the study efficiently clarifies the molecular basis of the efficacy established against all housefly life stages, from larvae to adults.

## 2. MATERIALS AND METHODS

### 2.1. Plant material:

In the present study, 8 plants were used to extract active components via essential oil. The plants selected are *Eucalyptus* (*Eucalyptus globulus*), Black Pepper (*Piper nigrum*), Lemongrass (*Cymbopogon citratus*), Clove (*Syzygium aromaticum*), Ginger (*Zingiber officinale*), Rosemary (*Rosmarinus officinalis*), Sweet Basil (*Ocimum basilicum*), and *Curcuma longa* (*Curcuma longa*).

### 2.2. Extraction of Essential Oils

Essential oils from the selected aromatic plants were extracted by hydro-distillation using a Clevenger – type apparatus. 100 g of shade dried and finely powdered plant materials of the mentioned plants were subjected to hydro-distillation for 3 hours to achieve maximum essential oil recovery. The extracted oils were collected separately, weighed and the yield was calculated as percentage (w/v). Residual traces of essential oils were recovered using hexane and anhydrous sodium sulphate was added to eliminate residual moisture from the extracts<sup>23,29</sup>. The oils were stored in amber-colored vials and refrigerated until further analysis.

### 2.3. Quality analysis of the Essential oil extracts

**2.3.1. Evaluation of physicochemical parameters:** The physicochemical parameters of the extracted essential oil were evaluated on the basis of color, appearance, specific gravity, acid value, and Ester value as per the AOAC, 1990 & AOAC, 2000 methods.

### 2.3.2. Chemo profiling of oil components through GC-MS:

GC-MS analysis was used to ascertain the chemical composition. The column was initially heated to 60° C for 5 min, then raised to 240° C at a rate of 5° C/min. The helium gas was the carrier gas employed at a split ratio of 1:30 and a flow rate of 1 mL/min. The analysis was performed using GC-MS solution\library\nist17. Finally, component identification was performed by comparing their respective retention times and mass spectra with data from the NIST 17.1 library and the available literature<sup>23,32,33</sup>.

**2.4. Rearing of *Musca domestica*:** Housefly larvae were collected from a poultry farm in Basavapattana village, Shidlagatta Taluk, Chikkaballapur District. The collected larvae were transferred to containers and covered with cotton cloth to allow ventilation. The larvae were fed to a nutrient-rich substrate consisting of poultry feed (wheat bran, yeast, and water) and were placed in a laboratory condition at a temperature of (27.5±2.0) °C and a relative humidity of (72.5±2.0) %, maintained under a photoperiod of 12:12 hours of light and darkness. After five days, the

larvae converted into pupae, which were separated from the container and placed separately. The pupae transformed into adult moths after four to five days. The laid eggs were placed on a sawdust soaked with milk medium, to keep them moist and encourage hatching. All stages of the housefly were maintained continuously for the experiments 8,23,34,35,36.

**2.5. Effect of essential oil against *Musca domestica* larvae:** The third instar larvae of *Musca domestica* were collected and placed in sterile containers, with 20 larvae, for each concentration. The concentrations of each essential oil prepared by serial dilution range from 25% to 1.56%. It is recommended to use Tween 20 as an emulsifier, diluted according to the WHO guidelines, with minor adjustments. The essential oil was uniformly exposed to housefly larvae, pupae, and adults using the residue film method to assess its activity. Tween 20 and distilled water served as negative controls and cypermethrin was positive control. Both the test groups and the control group were fed on a diet of wheat bran, yeast, and water. Mortality rates were recorded 24 hours post-treatment, alongside behavioral changes and sub-lethal effects that indicated physiological stress 36,37,38.

**2.5.2. Effect of Essential Oil against *Musca domestica* Pupa:** The 2 to 3-day-old pupa was selected for pupicidal bioassays in a small container with required aeration. The housefly pupae were subjected to different concentrations of each oil, ranging from 25% to 1.56%, along with controls. The pupicidal effect was studied by the residue film method with slight modifications. LC50 values were determined using different concentrations of the selected essential oils. The diluted oils were transferred to cotton swabs and placed into plastic containers containing pupae. These methods were performed at 28° C and a relative humidity of 65-70%. If the pupa emerged as an adult in more than 10% of cases during the experiment, the experiment was considered void and repeated. The observation and effectiveness of the essential oils were recorded on the 6th day of exposure. The percentage inhibition of pupal emergence was measured 39.

**2.5.3 Effect of Essential Oil against *Musca domestica* Adult Flies:** The adulticidal assay was carried out in 200 ml bottles; 20 adult flies were placed in each bottle. Each cotton swab is treated with various concentrations of 8 essential oils, within the range of 25% to 1.56%. The bioassay was

carried out in triplicates. The bottles were then closed and kept at 28 ± 2 °C. The death rates were measured 24h after treatment 40,41.

**2.5.4. Statistical Analysis:** Statistical analysis was done using Prism 8.4.2. Probit analysis was performed to ascertain the LC50, at p < 0.05. A one-way ANOVA was performed to evaluate the differences among treatments, followed by Tukey's Honestly Significant Difference (HSD) post-hoc test for multiple comparisons.

**2.5.5 In-silico study of the MdAChE inhibitory potentials of bioactive components from selected essential oils.**

The 3D structure of *Musca domestica* Acetylcholinesterase (MdAChE, UniProt Accession No. Q8MXC4) has been predicted by comparative homology modelling on the SWISS-MODEL template modelling server. The high-resolution crystal structure of *Drosophila melanogaster* AChE in its Tacrine-bound form (PDB Code: 6XYY, 2.7 Å resolution) has been used as a template for this purpose. The template model is important because it involves a ligand-bound structure, ensuring that it preserves the details of the AChE binding pocket in its catalytically active state. Based on sequence alignment, the 3D structural coordinates of the model template, with insertions and deletions modelled by energy-minimised loops, were transferred to MdAChE. Finally, to interpret MdAChE structure, it was modelled by including its functional structure with respect to its template model, which illustrates that it has been modelled into its functional homodimer structure. To validate this model, it has been analyzed using GMQE, QMEAN, and QSQE scores, focusing on the overall model and its quaternary structure. Later, this model underwent various validations to assess its stereochemistry, focusing on Ramachandran favored model structures, Ramachandran outliers, bad bond structures, and bad angle structures 42. To pick the best model with overall high GMQE scores, Ramachandran favored Structure Analysis was preferred, to minimize bad structures. Molecular docking has been carried out using the tools CB Dock 2, Blind docking, and Discovery Studio 2025 for visualization 25,26,28,43.

**3. RESULTS**

**3.1. Essential oil content (%) (v/w) of aromatic plants:** The essential oil content from the eight plants obtained through hydro-distillation is mentioned in the Table 1

**Table 1: Extraction of Essential oil by the hydro-distillation method emphasizing the duration of extraction and the yield percentage of oils.**

| Sl. No | Plant Name   | Scientific Name               | Part used     | Duration of extraction (Hrs.) | Oil Content (%) |
|--------|--------------|-------------------------------|---------------|-------------------------------|-----------------|
| 1      | Black pepper | <i>Piper nigrum</i>           | Dried seeds   | 5                             | 4.52            |
| 2      | Clove        | <i>Syzygium aromaticum</i>    | Leaves        | 3                             | 9.16            |
| 3      | Eucalyptus   | <i>Eucalyptus globulus</i>    | Leaves        | 3                             | 2.11            |
| 4      | Ginger       | <i>Zingiber officinale</i>    | Dried Rhizome | 5                             | 1.2             |
| 5      | Lemongrass   | <i>Cymbopogon citratus</i>    | Aerial Part   | 3                             | 1.14            |
| 6      | Rosmary      | <i>Rosmarinus officinalis</i> | Leaves        | 3                             | 0.96            |
| 7      | Sweet Basil  | <i>Ocimum basilicum</i>       | Whole plant   | 3                             | 1.12            |
| 8      | Turmeric     | <i>Curcuma longa</i>          | Dried Rhizome | 5                             | 2.67            |

**3.2. Quality analysis of essential oils and extract by physio-chemical parameters:** The essential oil and

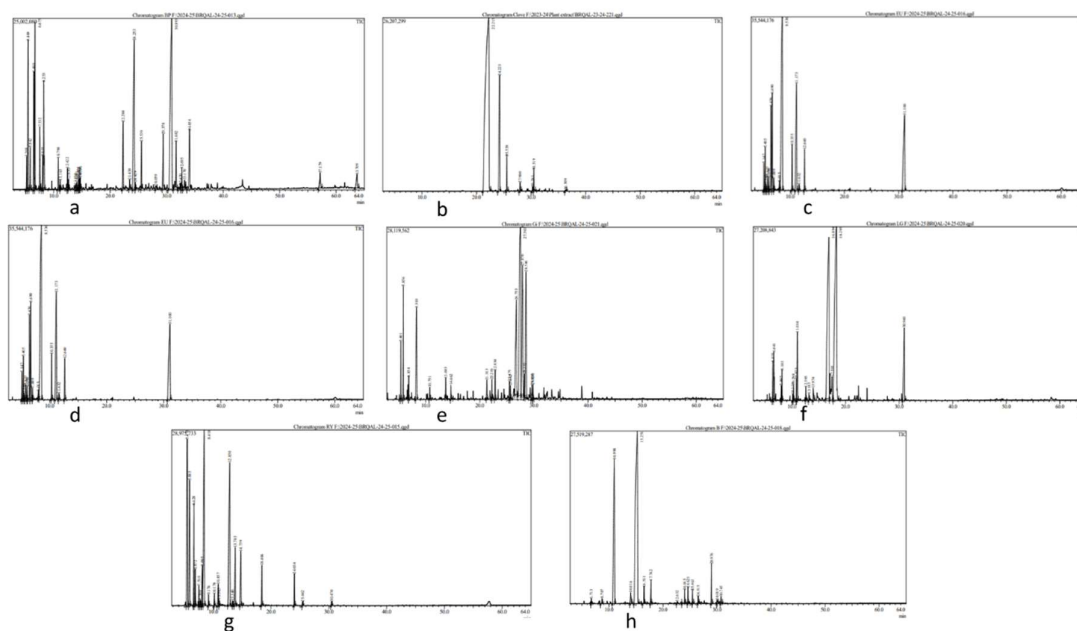
oleoresin extracted were evaluated according to the value, and Peroxide value as per the AOAC 1999 methods. The results are mentioned in Table 2.

**Table 2: Physicochemical properties of extracted essential oils**

| Sl. No | Plant Name                    | Appearance    | Specific Gravity at 30°C | RI   | Acid value | Ester value |
|--------|-------------------------------|---------------|--------------------------|------|------------|-------------|
| 1      | <i>Piper nigrum</i>           | Bright Yellow | 0.90                     | 1.48 | 0.78       | 55.11       |
| 2      | <i>Syzygium aromaticum</i>    | Light brown   | 1.038                    | 1.52 | 2.03       | 23.4        |
| 3      | <i>Eucalyptus globulus</i>    | Bright yellow | 0.9060                   | 1.46 | 2.01       | 10.01       |
| 4      | <i>Zingiber officinale</i> ,  | Pale yellow   | 0.989                    | 1.49 | 1.07       | 131.28      |
| 5      | <i>Cymbopogon citartus</i>    | Light Yellow  | 0.892                    | 1.48 | 4.48       | 14.02       |
| 6      | <i>Rosmarinus officinalis</i> | Colorless     | 0.904                    | 1.46 | 0.98       | 60,550      |
| 7      | <i>Ocimum basilicum</i>       | Light Yellow  | 0.933                    | 1.67 | 3.31       | 24.9        |
| 8      | <i>Curcuma longa</i>          | Bright yellow | 0.977                    | 1.44 | 1.79       | 27.88       |

**3.3. Chemo profiling of the Oil components through GC-MS:** The chemo profiling of the extracted essential oil was checked by GCMS. The major active components of the extracts were determined. *Piper nigrum* is rich in alpha-pinene (6.36%), beta-pinene (8.33%), 3-Carene (2.10%), Limonene (5.70%), Beta-caryophyllene (14.79%). *Syzygium aromaticum* oil is rich in Eugenol (83.47%), Beta-Caryophyllene (12.06%). *Eucalyptus globulus* has Eucalyptol and 1,8-cineole. *Zingiber officinale*, is rich in Zingiberene (30.76%), alpha-Farnese

(16.43%), alpha-pinene (2.3%), Camphene (5.49%), beta-Sesquiphellandrene (13.14), *Cymbopogon citratus* has Niral (22.99%) and Geraniol (3.82%), alpha-Citra(40.94%), *Rosmarinus officinalis* is rich in alpha-Pinene(14.84%), Camphene (9.47%), beta-Pinene(5.91%), Eucalyptol(21.85%), *Ocimum basilicum* is rich Linalool (25.93%), camphor (61.39%), while *Curcuma longa* Ar-Turmerone (45.209%), alpha-Turmerone (6.003%), beta-Turmerone (1.199%).



**Fig. 1: Chromatogram of the hydro-distilled essential oil extract of a) *Piper nigrum*, b) *Syzygium aromaticum*, c) *Eucalyptus globulus*, d) *Zingiber officinale*, e) *Cymbopogon citratus*, f) *Rosmarinus officinalis*, g) *Ocimum basilicum*, h) *Curcuma longa*, using GC-MS. The chromatographic profile indicates distinct peaks at various retention intervals, reveals the presence of several volatile phytoconstituents, while tiny peaks indicate trace components. The chromatogram was obtained under standardized GC-MS operating conditions and used for the qualitative characterization of phytochemical components present in essential oils extract.**

**Table 3: Major Active components identified from GCMS Analysis**

| Component Identified        | P. nigrum | S. aromaticum | E. globulus | Z. officinale | C. citratus | R. officinalis | O. basilicum | C. longa |
|-----------------------------|-----------|---------------|-------------|---------------|-------------|----------------|--------------|----------|
| $\alpha$ -Pinene            | 6.36      | -             | 2.59        | 2.30          | -           | 14.84          | -            | -        |
| $\beta$ -Pinene             | 8.33      | -             | -           | -             | -           | 5.91           | -            | -        |
| 3-Carene                    | 2.10      | -             | -           | -             | -           | -              | -            | -        |
| Limonene                    | 5.70      | -             | -           | -             | -           | -              | -            | -        |
| Sabinene                    | 5.42      | -             | -           | -             | -           | -              | -            | -        |
| $\beta$ -Caryophyllene      | 14.79     | 12.06         | -           | -             | -           | -              | 1.04         | -        |
| Eugenol                     | -         | 83.47         | -           | -             | -           | -              | -            | -        |
| Eucalyptol                  | -         | -             | 62.41       | 8.34          | -           | 21.85          | -            | -        |
| Zingiberene                 | -         | -             | -           | 30.76         | -           | -              | -            | -        |
| $\alpha$ -Farnesene         | -         | -             | -           | 16.43         | -           | -              | -            | -        |
| Camphene                    | -         | -             | 13.72       | 5.49          | -           | 9.47           | -            | -        |
| Camphor                     | -         | -             | 3.35        | -             | -           | -              | -            | -        |
| $\beta$ -Sesquiphellandrene | -         | -             | -           | 13.14         | -           | -              | -            | -        |
| Neral                       | -         | -             | -           | -             | 33.97       | -              | 1.12         | -        |
| Geraniol                    | -         | -             | -           | -             | 40.94       | -              | -            | -        |
| $\alpha$ -Citral            | -         | -             | -           | -             | -           | -              | 1.59         | -        |
| Linalool                    | -         | -             | -           | -             | -           | -              | 25.93        | -        |
| Ar-Turmerone                | -         | -             | -           | -             | -           | -              | -            | 45.21    |
| $\alpha$ -Turmerone         | -         | -             | -           | -             | -           | -              | -            | 6.00     |
| $\beta$ -Turmerone          | -         | -             | -           | -             | -           | -              | -            | 1.20     |
| Anethole                    | -         | -             | -           | -             | -           | -              | 61.39        | -        |

**3.4. Rearing of Housefly (*Musca Domestica*):** The entire life cycle, from egg to adult, can be completed in about 10-15 days under optimal conditions, such as warm temperatures and adequate food supply. The rapid

reproduction rate and short generation time contribute to the housefly's ability to thrive in various environments. Figure 2 demonstrates the standard laboratory rearing protocol and developmental progression of *M. domestica*.



**a. Rearing of *Musca domestica***



**b. Prepared diet**



**c. Eggs deposited on the**



**d. Larvae of *M. domestica***



**e. Pupal stage**



**f. enclosed adult flies**

**Fig. 2: Rearing of house flies and observation of different developmental stages in the life cycle of *Musca domestica*. (a). Adult houseflies maintained in insect rearing bottles under standard laboratory conditions (27.5±2.0 °C and a relative humidity of 72.5±2.0 %, maintained under a photoperiod of 12:12 hours of light-dark photoperiod). (b). Media used for the growth of house flies. (c). Freshly laid eggs of *M. domestica*, appearing as creamy-white clusters on the oviposition medium. (d). Larvae forms of *M. domestica*. (e). Pupal stage showing reddish brown to dark brown puparia under optimized conditions. (f). Emergence of newly eclosed adult flies from pupae, demonstrating successful completion of metamorphosis.**

**3.5. Toxicity Assays:** The eight plant essential oils were examined against the larvae of *Musca domestica* under controlled conditions at different concentration ranges from (25%- 1.56%). The tested oils exhibited dose-dependent mortality, with higher concentrations associated with increased mortality, and this effect was observed at 24h exposure.

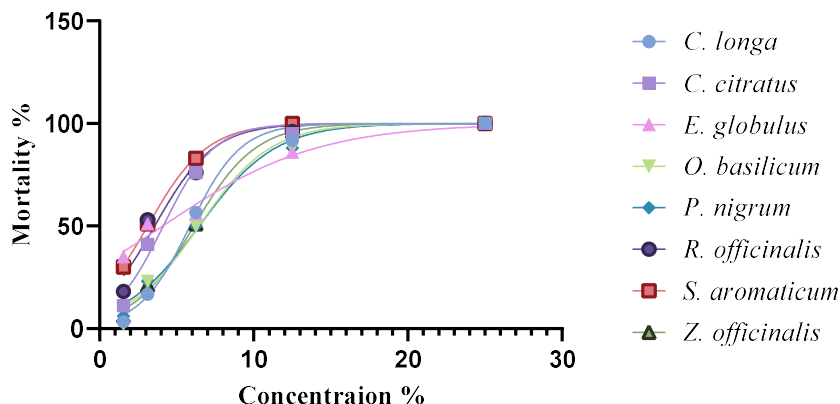
**3.5.1. Larvicidal activity:** Table 4 summarises the larvicidal potential of the eight essential oils against third-instar *M. domestica*, the mortality rates of larvae exposed to different concentrations are shown. Three replicates (R1, R2, and R3) are provided for each concentration. All the eight essential oils showed 50-60% to 90-100% mortality at 12.5% and 25% concentration. *Syzygium aromaticum* exhibited the highest toxicity with the lowest LC<sub>50</sub> (3.12%), followed by *Eucalyptus globulus* (LC<sub>50</sub> - 4.10%) and *Cymbopogon citratus* (LC<sub>50</sub> - 3.57%) at 24h of exposure. The ranks of essential oils as per their larvicidal effectiveness were as follows: *Syzygium aromaticum* > *Cymbopogon citratus* > *Eucalyptus globulus* > *Rosmarinus officinalis* > *Curcuma longa* > *Zingiber officinale* > *Piper nigrum* > *Ocimum basilicum*. The differences in larvicidal potency can be credited to variations in chemical

composition and the relative abundance of bioactive compounds in each oil. At all tested concentrations, cypermethrin exhibited strong larvicidal action against *Musca domestica* larvae, leading to 100% mortality (100.0±0.0%) with an LC<sub>50</sub> value of less than 1%. On the contrary, Tween 20 and distilled water exhibited no larvicidal effect. *M. domestica* displayed morphological flaws and larval mortality at all tested doses of essential oils. Considerable structural damage included inflated and burnt integuments in dead larvae. The presence of anomalous morphology was used to identify deformed larvae after exposure to the treatments. The data were statistical analysis using one-way ANOVA and appropriate post hoc multiple comparison tests at p < 0.05 level of significance. Lower LC<sub>50</sub> values suggest more potent larvicidal action of the treatments. The experimental validation was verified by using positive and negative controls. Figure 3 represents the dose-response curve illustrating the larvicidal potential of different plant derived essential oils against larvae at different concentrations. A concentration-dependent increase in larval mortality was observed for all tested concentrations, depicting greater larvicidal efficacy with increasing concentration.

**Table 4: Larvicidal activity of different treatments against larvae expressed as mortality percentage (Mean ± SD), LC 50 values and 95% confidence intervals.**

| Treatment        | MORTALITY%, SD OF LARVAE |              |              |              |              | LC50 (%)<br>95% CI<br>(LHL-UHL) |
|------------------|--------------------------|--------------|--------------|--------------|--------------|---------------------------------|
|                  | 25%                      | 12.5%        | 6.25%        | 3.13%        | 1.56%        |                                 |
| C. longa         | 100 ± 0                  | 91.67 ± 2.89 | 56.67 ± 2.89 | 16.67 ± 2.89 | 3.33 ± 2.89  | 5.87<br>(5.556 -6.237)          |
| C. citratus      | 100 ± 0                  | 95 ± 5       | 76.67 ± 2.89 | 41.67 ± 2.89 | 11.67 ± 2.89 | 3.57<br>(3.129 -4.072)          |
| E. globulus      | 100 ± 0                  | 86.67 ± 5.77 | 56.67 ± 7.64 | 51.67 ± 2.89 | 35 ± 5       | 4.10<br>(3.210 -4.941)          |
| O. basilicum     | 100 ± 0                  | 88.33 ± 2.89 | 50 ± 5       | 23.33 ± 5.77 | 2.89 ± 0     | 6.461<br>(5.816 -7.212)         |
| P.nigrum         | 100 ± 0                  | 88.33 ± 2.89 | 50 ± 5       | 23.33 ± 5.77 | 6.67 ± 2.89  | 6.46<br>(5.922 -7.077)          |
| R. officinalis   | 100 ± 0                  | 96.67 ± 2.89 | 76.67 ± 2.89 | 53.33 ± 2.89 | 18.33 ± 2.89 | 4.13<br>(3.769-4.529)           |
| S. aromaticum    | 100 ± 0                  | 100 ± 0      | 83.33 ± 5    | 51.67 ± 5    | 30 ± 2.89    | 3.12 (2.916-3.332)              |
| Z. officinale    | 100 ± 0                  | 96.67 ± 2.89 | 51.67 ± 2.89 | 21.67 ± 2.89 | 6.67 ± 2.89  | 6.12 (5.860 -6.415)             |
| Negative Control | 0 ± 0                    | 0 ± 0        | 0 ± 0        | 0 ± 0        | 0 ± 0        | NA                              |
| Positive Control | 100 ± 0                  | 100 ± 0      | 100 ± 0      | 100 ± 0      | 100 ± 0      | <1.0                            |

**Larvicidal:  
Dose Response Curve**



**Fig 3: Dose–Response curve showing dose-dependent inhibition of essential oils against *Musca domestica* larvae.**

Dose-response graphs showing the ability of essential oils to kill larvae. Five concentrations (25.00–1.56%) were selected to measure mortality (%), with each point representing the mean ± SD of three replicates. In GraphPad Prism, nonlinear regression was used for fit curves.

**3.5.2: Pupicidal activity:** The pupicidal activity of the essential oils against *M. domestica* pupae mortality% is presented in Table 5. All the 8 essential oils at 25%-12.5% concentration affected high mortality rates, ranging from (100.0%-50%) with LC50 values and LC90 values ranging from (6.41% - 11.05%), respectively. In pupicidal assays, *Syzygium aromaticum* showed the highest effectiveness with the lowest LC<sub>50</sub> (6.41%), followed by *Eucalyptus globulus* (LC<sub>50</sub>: 6.40%) and *Cymbopogon citratus* (LC<sub>50</sub>: 7.60%) at 10 th day. Intermediate toxicity was observed for *Piper nigrum* (LC<sub>50</sub>: 8.71%), *Zingiber officinale* (LC<sub>50</sub>:8.78) and *Ocimum basilicum* (LC<sub>50</sub>: 8.76), while lower activity was noted in *Curcuma longa* (LC<sub>50</sub>:

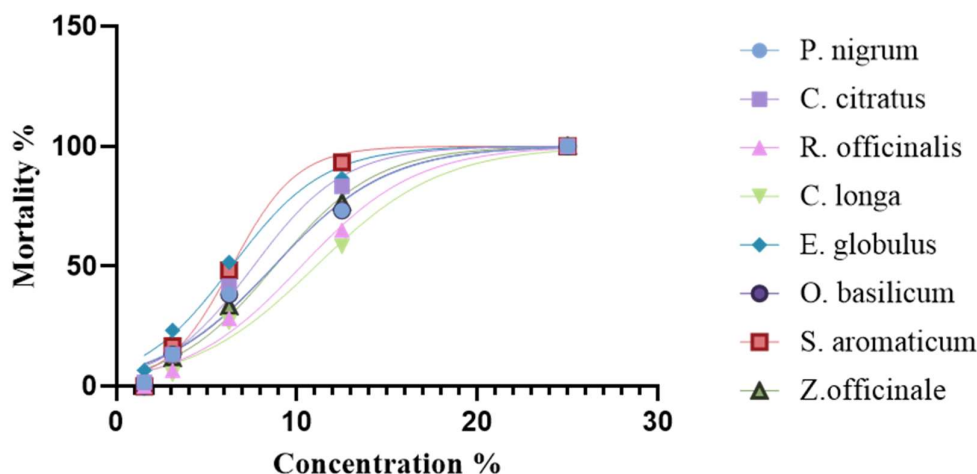
11.05) and *Rosmarinus officinalis* (10.24%). The ranks of eight essential oils as per their effectiveness as pupicidal agents were as follows: *Syzygium aromaticum* > *Eucalyptus globulus* > *Cymbopogon citratus* > *Ocimum basilicum* > *Piper nigrum* > *Zingiber officinale*. *Rosmarinus officinalis* > *Curcuma longa*. *Cypermethrin* (positive control) was extremely toxic at all tested doses, with an LC<sub>50</sub> value of less than 1% and mortality rate of 100 ± 0%, while distilled water & tween 20 did not show any pupicidal activity. The pupicidal activity of the oils followed a similar trend to their larvicidal activity, but higher concentrations were required to achieve comparable mortality rates. The data were statistically analysed using one-way ANOVA at p < 0.05. Lower LC<sub>50</sub> values suggest more potent pupicidal action of the treatments. The experimental validation was verified by using positive and negative controls. Figure 4 represents the dose-response curve illustrating the pupicidal activity of different essential oils against pupae at different concentrations. A concentration-dependent increase in pupal mortality was observed for all tested concentrations, depicting greater toxicity with increasing concentration.

**Table 5: The mean mortality% and LC50 values of *M. domestica* pupa to eight essential oils, cypermethrin and a negative control (water and Tween 20) at 10 th day (%)**

| Treatment             | Mortality%, SD of Pupa |            |            |            |           | LC50 (%)<br>95% CI<br>(LHL-UHL) |
|-----------------------|------------------------|------------|------------|------------|-----------|---------------------------------|
|                       | 25.00%                 | 12.50%     | 6.25%      | 3.13%      | 1.56%     |                                 |
| <i>C. longa</i>       | 100 ± 0                | 58.33±2.89 | 26.67±2.89 | 5.00±0.00  | 1.67±2.89 | 11.05<br>9.079 - 13.51          |
| <i>C. citratus</i>    | 100 ± 0                | 83.33±2.89 | 41.67±18.9 | 13.33±7.64 | 1.67±2.89 | 7.60<br>6.024 - 9.426           |
| <i>E. globulus</i>    | 100 ± 0                | 86.67±2.89 | 51.67±2.89 | 23.33±2.89 | 6.67±2.89 | 6.40<br>5.119 - 8.069           |
| <i>O. basilicum</i>   | 100 ± 0                | 73.33±2.89 | 38.33±2.89 | 13.33±2.89 | 0.00±0.00 | 8.76<br>6.401 - 11.53           |
| <i>P.nigrum</i>       | 100 ± 0                | 73.33±2.89 | 38.33±2.89 | 13.33±2.89 | 1.67±2.89 | 8.71<br>6.609 -11.20            |
| <i>R. officinalis</i> | 100 ± 0                | 65.00±5.00 | 28.33±2.89 | 6.67±2.89  | 0.00±0.00 | 10.24<br>8.371 -12.45           |
| <i>S. aromaticum</i>  | 100 ± 0                | 93.33±2.89 | 48.33±2.89 | 16.67±2.89 | 0.00±0.00 | 6.41<br>5.516 -7.695            |

|                  |         |            |            |            |           |                      |
|------------------|---------|------------|------------|------------|-----------|----------------------|
| Z. officinale    | 100 ± 0 | 76.67±2.89 | 33.33±2.89 | 11.67±2.89 | 0.00±0.00 | 8.78<br>7.155 -10.53 |
| Negative Control | 0 ± 0   | 0 ± 0      | 0 ± 0      | 0 ± 0      | 0 ± 0     | NA                   |
| Positive Control | 100 ± 0 | 100 ± 0    | 100 ± 0    | 100 ± 0    | 100 ± 0   | <1.0                 |

### Pupicidal Dose Response Curve



**Fig 4: Dose–Response Curve Showing Dose-Dependent Inhibition of Essential Oils against *Musca domestica* pupa.**

Dose-response graphs showing the ability of essential oils to kill the pupa. Five concentrations (25.00–1.56%) were selected to measure mortality (%), with each point representing the mean ± SD of three replicates. In GraphPad Prism, nonlinear regression was used for fit curves.

**3.5.3. Adulticidal activity:** Adulticidal activity of the essential oil against 2-day-old adult houseflies is presented in Table 6. Adulticidal activity indicated that *Syzygium aromaticum* was the most potent oil with the lowest LC<sub>50</sub> (4.91%), followed by *Cymbopogon citratus* (5.63) and *Eucalyptus globulus* (LC<sub>50</sub>: 5.45). moderate toxicity was observed *Piper nigrum* (LC<sub>50</sub>: 7.05) *Ocimum basilicum* (LC<sub>50</sub>: 7.16) and *Rosmarinus officinalis* (LC<sub>50</sub>: 7.12) while *Curcuma longa* (LC<sub>50</sub>: 7.64). exhibited comparatively lower effects. The least adulticidal activity was observed for *Zingiber officinale* (LC<sub>50</sub>: 7.75). All oils caused 100% mortality at the highest concentration (25%), with decreasing mortality observed at lower concentrations. The

ranks of eight essential oils according to their effectiveness against female house flies are as follows: *Syzygium aromaticum* > *Eucalyptus globulus* > *Cymbopogon citratus* > *Piper nigrum* > *Rosmarinus officinalis* > *Ocimum basilicum* > *Curcuma longa* > *Zingiber officinale*. Distilled water and Tween 20 did not exhibit any adulticidal action, while cypermethrin was extremely toxic to house flies at all tested concentrations, with a mortality rate of 100 ± 0.0 % and an LC<sub>50</sub> value of less than 1.0%. To identify significant variations between the concentrations and treatments, the data was statistically analysed using one-way ANOVA and suitable post hoc multiple comparison tests. A significance level of p < 0.05 was established. Lower LC<sub>50</sub> values suggest more potent adulticidal action of the treatments. The experimental validation was verified by using positive and negative controls. Figure 5 represents the dose-response curve illustrating the adulticidal activity of all essential oils against adult flies at different concentrations. A dose-dependent increase in mortality was observed for all tested concentrations, depicting greater toxicity with increasing concentration.

**Table 6: The mortality rate and LC50 values of *M. domestica* Adults to eight essential oils, cypermethrin and a negative control (water and Tween 20) at 24h of exposure**

| Treatment   | Mortality%, SD of Adult fly |              |              |              |              | LC50<br>LHL-UHL       |
|-------------|-----------------------------|--------------|--------------|--------------|--------------|-----------------------|
|             | 25%                         | 12.50%       | 6.25%        | 3.13%        | 1.56%        |                       |
| C. longa    | 95.00 ± 5.00                | 90.00 ± 5.00 | 45.00 ± 5.00 | 13.33 ± 2.89 | 6.67 ± 2.89  | 6.89<br>5.926 - 8.065 |
| C. citratus | 100.00 ± 0.00               | 83.33 ± 2.89 | 61.67 ± 2.89 | 26.67 ± 2.89 | 8.33 ± 2.89  | 5.67<br>3.871 - 8.704 |
| E. globulus | 100.00 ± 0.00               | 96.67 ± 2.89 | 51.67 ± 2.89 | 38.33 ± 2.89 | 16.67 ± 2.89 | 5.46                  |

|                       |               |              |              |              |             | 3.927 - 7.265         |
|-----------------------|---------------|--------------|--------------|--------------|-------------|-----------------------|
| <i>O. basilicum</i>   | 100.00 ± 0.00 | 88.33 ± 2.89 | 41.67 ± 2.89 | 6.67 ± 2.89  | 0.00 ± 0.00 | 7.16<br>5.882 - 9.051 |
| <i>P. nigrum</i>      | 100.00 ± 0.00 | 95.00 ± 5.00 | 38.33 ± 2.89 | 20.00 ± 5.00 | 1.67 ± 2.89 | 7.05<br>5.860 - 8.530 |
| <i>R. officinalis</i> | 100.00 ± 0.00 | 88.33 ± 2.89 | 40.00 ± 5.00 | 26.67 ± 2.89 | 3.33 ± 2.89 | 7.12<br>5.387 - 9.293 |
| <i>S. aromaticum</i>  | 100.00 ± 0.00 | 88.33 ± 2.89 | 70.00 ± 5.00 | 26.67 ± 2.89 | 8.33 ± 2.89 | 4.91<br>3.815 - 6.519 |
| <i>Z. officinale</i>  | 100.00 ± 0.00 | 78.33 ± 2.89 | 41.67 ± 2.89 | 23.33 ± 2.89 | 6.67 ± 2.89 | 7.75<br>6.214 - 9.532 |

The ANOVA results for each essential oil treatment show significant differences in adult mortality across the different concentration levels of each essential oil. The p-value for each essential oil is  $p < 0.001$ , which is less than

the regularly used significance level of 0.05, indicating that the differences in mortality between the groups are statistically significant for each essential oil tested.

### Adulticidal: Dose Response Curve

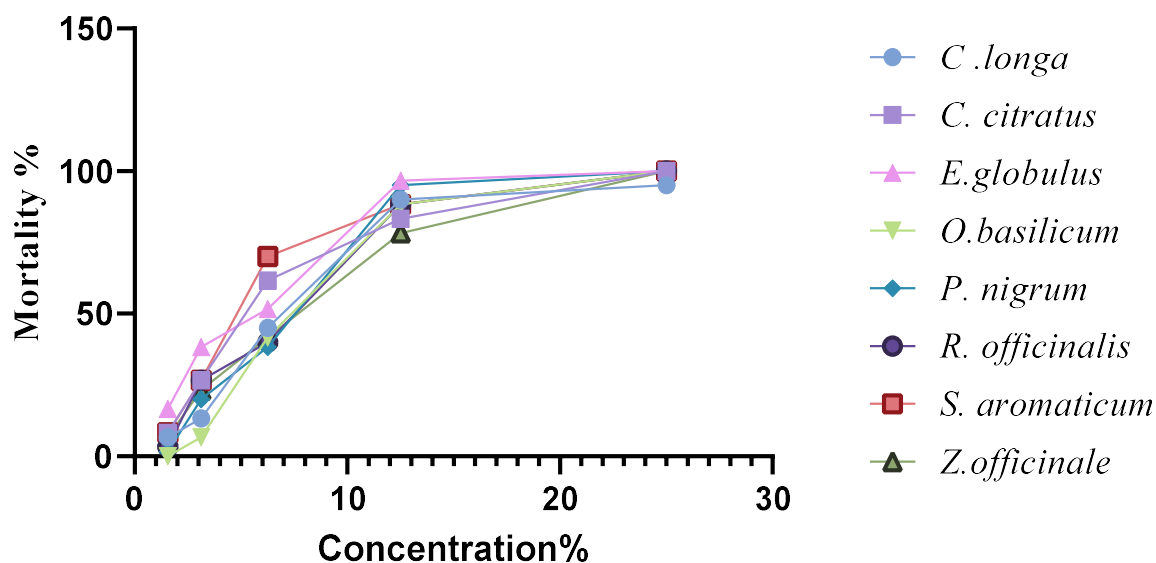


Fig 5: Dose-Response Curve Showing Dose-Dependent Inhibition of essential Oils against *Musca domestica* adult fly.

Dose-response graphs showing the ability of essential oils to kill the adult flies. Five concentrations (25.00–1.56%) were selected to measure mortality (%), with each point representing the mean ± SD of three replicates. In GraphPad Prism, nonlinear regression was used for fit curves.

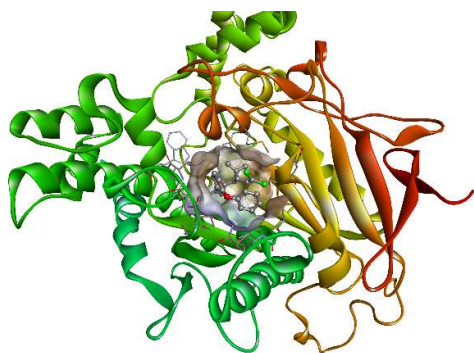
#### 3.5.4 Molecular docking studies of active components on the target protein

Molecular docking analysis demonstrated that several bioactive constituents from the selected essential oils

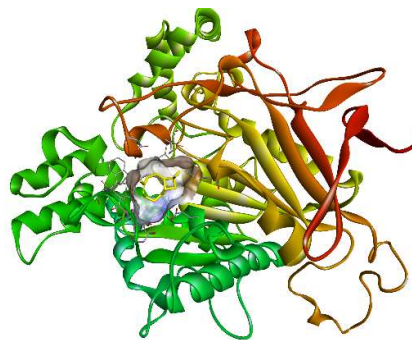
exhibited favorable binding interactions with the homology-modelled *Musca domestica* acetylcholinesterase. Compounds from *Syzygium aromaticum*, *Eucalyptus globulus*, and *Cymbopogon citartus* oils showed comparatively stronger binding affinities, indicating their potential to interact effectively with the enzyme active site. The synthetic insecticide used as a positive control displayed the strongest interaction, validating the docking approach. Overall, the binding patterns found warrant considering acetylcholinesterase inhibition as a possible molecular mechanism underlying the insecticidal effect of the tested essential oils.

**Table 7: Molecular docking studies of selected essential oils showing major phytochemical components, corresponding PubChem numbers, and docking scores against the target protein receptor. Docking scores represent the binding affinity of the ligand toward the receptor, where more negative values indicate stronger and more stable protein-ligand interactions.**

| Sl. No | Essential oil       | Major Active Components   | PubChem: ID | Docking Score (Kcal/Mol) |
|--------|---------------------|---------------------------|-------------|--------------------------|
| 1      | Syzygium aromaticum | Eugenol                   | 3314        | 6.2                      |
|        |                     | Beta-Caryophyllene        | 5281515     | 7.1                      |
| 2      | Eucalyptus globulus | 1,8-Cineole (Eucalyptol), | 2758        | 5.9                      |
|        |                     | alpha-Pinene              | 6654        | 5.3                      |
|        |                     | p-Cymene                  | 7463        | 6.0                      |
|        |                     | Limonene                  | 22311       | 6.1                      |
| 3      | Cymbopogon citartus | Neral                     | 643779      | 6.6                      |
|        |                     | Gerinal                   | 638011      | 5.7                      |
| 4      | Positive Control    | Cypermethrin              | 2912        | 8.3                      |

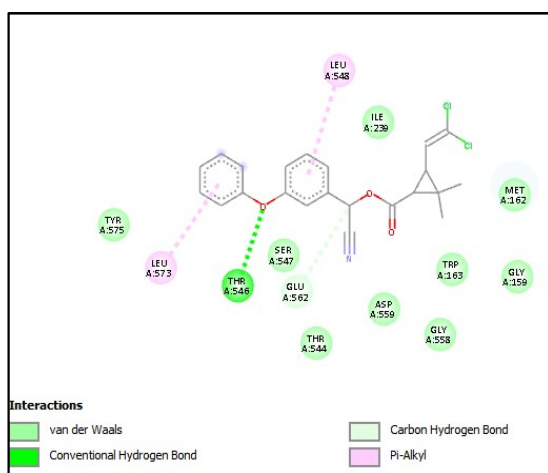


6A

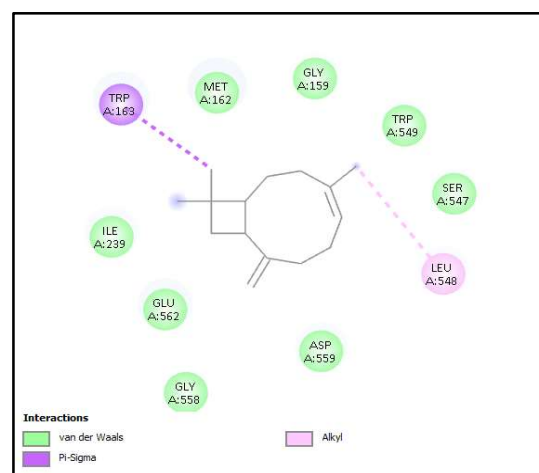


6B

**Fig 6: Protein-ligand interaction analysis of protein *Musca domestica* AChE with Cypermethrin (6A) and Beta-Caryophyllene(6B). Three-dimensional molecular docking visualization of the protein-ligand complex showing the interaction of the ligand within the active-site cavity of the target protein.**



7A



7B

**Fig 7: Two-dimensional molecular interaction illustrating the binding interactions between docked ligand and the active-sites of the target protein. Key interacting residues – THR A:546, SER A:547, LEU A:548, LEU A:573, TYR A:575, ILE A:239, MET A:162, TRP A:163, ASP A:559, GLU A:562, and GLY residues contribute to the stabilized protein-ligand complex. 7A: 2D Visualisation of bond formation between standard ligand cypermethrin and the target protein 7B: 2D Visualisation of bond formation between ligand Beta-Caryophyllene**

#### 4. DISCUSSION

The effectiveness of eight essential oils - Piper nigrum, Syzygium aromaticum, Eucalyptus globulus, Curcuma longa, Rosmarinus officinalis, Ocimum basilicum, Zingiber officinale and Cymbopogon citartus - in controlling housefly larvae, pupa and adult stages was investigated. Previous research has shown that essential oils from several plants can have significant larvicidal, and pupicidal, activities against *M. domestica*. This study

focuses on screening various plants and herbs for controlling houseflies through essential oils extracted using different methods<sup>22,44</sup>. Existing protocols to mitigate *M. domestica* menace, such as chemical and mechanical traps, have significant disadvantages, including poor effectiveness, non-biodegradability, and toxicity to humans and animals<sup>45,46</sup>. GC-MS analysis revealed that Piper nigrum essential oil, rich in alpha-pinene (6.36%), Beta pinene (8.33%), 3-Carene (2.10%), Limonene

(5.70%), Beta-caryophyllene (14.79%). The chemical constituents identified in the present study were consistent with those previously reported in the related studies<sup>47,48</sup>. *Cymbopogon citratus* essential oil, extracted through hydro-distillation, contains components such as Niral (22.99%) and Geraniol (3.82%), which have antimicrobial, anti-inflammatory, and mosquito repellent activities<sup>12</sup>. Ar-Turmerone (45.209%),  $\alpha$ -Turmerone (6.003%),  $\beta$ -Turmerone (1.199%) from *Curcuma longa*, have shown larvicidal and adulticidal activity against houseflies. The insecticidal mode of action of these compounds against *Musca domestica* is largely neurophysiological and metabolic. Turmerones disrupt normal insect nervous function by interfering with acetylcholinesterase activity and neurotransmission, resulting in disturbances in motility, paralysis, and death. Besides, the lipophilic properties of turmerones facilitate penetration through the insect cuticle, leading to membrane destabilisation and respiratory stress<sup>49</sup>. *Eucalyptus globulus* is rich in eucalyptol and 1,8-cineole, which contribute to its long-established insecticidal use. The presence of monoterpenes and repellent activity against flies has been documented extensively<sup>50</sup>. *Zingiber officinale* is rich in Zingiberene (30.76)  $\alpha$ -Farnesene (16.43%),  $\alpha$ -pinene (2.3%), Camphene (5.49%),  $\beta$ -Sesquiphellandrene (13.14%), *Cymbopogon citratus* were, Niral (22.99%) and Geraniol (3.82%),  $\alpha$ -Citra (40.94%), *Rosmarinus officinalis* is rich in  $\alpha$ -Pinene (14.84%), Camphene (9.47%),  $\beta$ -Pinene (5.91%), Eucalyptol (21.85%), *Ocimum basilicum* is rich Linalool (25.93%), camphor (61.39%), constituents possess insecticidal, nematocidal, and fungistatic while *Curcuma longa* Ar-Turmerone (45.209%),  $\alpha$ -Turmerone (6.003%),  $\beta$ -Turmerone (1.199%). *Syzygium aromaticum* oil, primarily composed of eugenol and caryophyllene, has demonstrated potent larvicidal and pupicidal activity based on toxicity studies, which determined the dose-dependent toxicity of multiple oils against *Musca domestica*. *Syzygium aromaticum*, *Cymbopogon citratus*, and *Eucalyptus globulus* were strategically selected for in-depth studies of molecular mechanisms due to their superior lethal concentrations (LC<sub>50</sub> and LC<sub>90</sub>), as shown in Tables 4, 5, 6, and Figures 3, 4, 5. The values were close to those reported in the research papers<sup>50,52,53</sup>. The current investigation demonstrates that the selected essential oils exhibit significant bio-efficacy against the housefly across all developmental stages. The larvicidal, pupicidal, and adulticidal activities were significantly higher than the negative control, indicating strong dose-dependent toxicity. The pupicidal effects of essential oils can be associated to their ability to penetrate the pupal cuticle and physiological processes during metamorphosis. The lower susceptibility of pupae compared to larvae may be due to the puparium's protective nature and reduced metabolic activity during this stage. The larvicidal, pupicidal and adulticidal effects were slightly lower than those of Cypermethrin. Cypermethrin is widely used in agriculture, veterinary medicine, and public health for insect control<sup>47</sup>. However, the World Health Organisation classifies it as moderately hazardous to humans<sup>22,48</sup>. The formulations emphasise the need for safer, less environmentally harmful substitutes, including essential oils, particularly for long-term pest management, whereas alcohol-based formulations achieve complete dissolution, exhibit relatively higher toxicity, result in fast and immediate effects, are highly volatile, and are usually more suitable for laboratory use or quick-action

treatments, water-based formulations (using surfactants like Tween 20) form emulsions, are safer with lower toxicity, provide slower but prolonged action, show greater stability with less evaporation, and are more suitable for large-scale field applications. Docking studies were executed by CB Dock2 using the blind docking method. The three-dimensional structure of *Musca domestica* Acetylcholinesterase (MdAChE) has not been deposited in the Protein Data Bank (PDB); it must be modelled based on the UniProt sequence Q8MXC4. The crystal structure of *Drosophila melanogaster* AChE has been used to model MdAChE through homology modelling. This model has been checked by calculating its Root Mean Square Deviation (RMSD) against the PDB structure 1QON, yielding an RMSD of 0.414 Å<sup>28</sup>. Ligand chemical structures were obtained from the PubChem database. The insecticidal efficiency of the studied essential oils (EOs), against the common housefly (*Musca domestica*), is based on a synergistic neurotoxic action<sup>26</sup>. Contrary to currently used synthetic agents, where the targeted binding site is solely considered and explored, the EOs display the "cocktail effect," affecting several different biological processes, enzymatic inhibition (MdAChE) - most particularly beta-Caryophyllene (-7.1 kcal/mol), together with Neral (-6.6 kcal/mol), act strongly against Acetylcholinesterase. Upon binding to the active site and the hydrophobic pocket of the target MdAChE, they inhibit acetylcholine hydrolysis, thereby inducing the irreversible muscular paralysis secondary to continuous nervous excitation; receptor disruption - the EOs act against several different types of biological targets, particularly against the more specialised ones, present and/or biologically essential, in the context of the target insects' biology, including octopamine binding sites targeted by Eugenol, and GABA-gated ion channels, targeted by Neral. This is relevant in addition to the impact on nervous hyperexcitability, and failure of protein/nucleic acid synthesis. Furthermore, against the physical and respiratory disruptions, the EOs' mobile VOC (volatile chemical components)' volatility, particularly exhibited by the Monoterpene, "1,8-Cineol" and Limonene, similarly behaves towards the spiracles, while beta-Caryophyllene and p-Cymene display surfactant properties increasing the fluidity of the Cuticular Membrane, and thereby facilitating the quick influx of the toxic substances. "Broad spectrum" target compound action, and consequently the reduced probability of the development of "metabolic resistance" in the "common housefly," particularly since the synthetic compound Cypermethrin, displaying the highest binding affinity of -8.3 kcal/mol<sup>25,26,28</sup>.

## 5. CONCLUSION

This study demonstrates the insecticidal properties of eight essential oils on various life stages of the *Musca domestica*. The differences in the performance of the various essential oils highlight the importance of specific chemical components in determining their insecticidal effects. *Syzygium aromaticum*, *Eucalyptus globulus* and *Cymbopogon citratus* oils had the greatest larvicidal, pupicidal, and adulticidal. There is moderate activity in *Rosmarinus officinalis*, *Piper nigrum*, *Ocimum basilicum* oil, *Zingiber officinale*, and *Curcuma longa*. Extensive research is required to evaluate the safety and effectiveness of these oils in the field and to develop appropriate formulations for use there. This research emphasizes the applicability of the essential oils as natural substitutes for

chemical insecticides. Among the benefits of essential oils, include their lesser toxicity to non-target species, lower risk of resistance, and environmental sustainability. The advantages are meant to overcome significant challenges associated with conventional chemical insecticides, such as environmental contamination, health hazards, and insect resistance. By leveraging safer, more sustainable pest management methods, essential oils can serve as natural insecticides. This recommends the utilization of essential oils in pest management programs as a viable solution to the ever-increasing demand for organic and environmentally friendly products. They are extremely efficient and have good safety profiles; hence, they can serve as effective substitutes for conventional chemical insecticides, thereby making pest management practices more sustainable and health conscious. The findings lead to further research and the application of essential oils in various conditions to help pests rely on more friendly, environmentally friendly, and sustainable solutions.

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