

# ATTENTION-GUIDED NEURAL-BOOSTED FUSION FRAMEWORK FOR INTERPRETABLE CARDIAC RISK PREDICTION

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## ABSTRACT

Cardiovascular disease is a major killer of people across the world, and there is an urgent need to have predictive systems that are accurate and interpretable to make clinical decisions. The proposed paper introduces an attention-directed neural-boosted fusion model, which can be used to enhance cardiac risk prediction based on structured clinical data. The proposed solution is an attention-based deep neural network with an XGBoost classifier that is aimed at leveraging the benefits of representation learning and ensemble optimization. The attention mechanism is dynamic and prioritizes features of medical significance, enabling the model to put special emphasis on the characteristics of patients that are crucial and reduce noise and redundancy. The neural part computes the complicated nonlinear connections between physiological parameters, as well as produces a concise feature reproduction which then gets enhanced by gradient boosting to strengthen the classification. Besides predictive performance, the framework incorporates explainable AI methods to visualize the importance of features and distributions of attention so as to be transparent and interpretable by the healthcare professionals. In the benchmark datasets of heart disease, experimental analysis shows that there are steady improvement over the traditional machine learning and single deep learning frameworks in accuracy, precision, recall, and F1-score. The findings emphasize the usefulness of hybrid attention-based learning to perform stable cardiac risk evaluation and to indicate its potential usage as a useful clinical decision-support instrument in the early intervention and preventive medical practice.

**Keywords:** Cardiac risk prediction, attention mechanism, hybrid learning, deep neural networks, XGBoost, explainable AI, healthcare analytics, clinical decision support.

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## I. INTRODUCTION

Cardiovascular disease (CVD) is among the major causes of death across the globe and it has been a major burden on health care systems particularly in low and middle income geographical areas. Early warning and constant observation are essential in minimizing lethal consequences however, conventional hospital based models tend to be costly, inaccessible, and reactive as opposed to preventive. The recent innovations of the Internet of Things (IoT), wearable sensing, and artificial intelligence (AI) allowed creating smart cardiovascular platforms with the potential to provide real-time home-based healthcare services. Such systems are designed to enhance affordability, accessibility and timely intervention as well as alleviate the pressure on clinical infrastructure. The Cheap wearable-based monitoring systems

have also proved to be resource-intensive in terms of potential. To illustrate, a non-invasive wearable system developed based on IoT and cardiovascular detection in Rwanda allows measuring heart rate, blood pressure, and oxygen saturation and broadcasts real-time alerts to the medical staff at minimum hardware costs [1]. On the same note, AIoT-based home health systems combine machine intelligence and active alert systems to aid in early warning and proactive heart care by using modular system designs [2]. In addition to the completely passive monitoring, new therapeutic systems have also been created, including internet of things-based thermoelectric machines that can actively improve blood flow in problematic geographic areas, and show quantifiable physiological changes in older generations [3]. Continuous cardiac surveillance is further extended with wearable smart bands featuring ECG and multi-parameter sensing, and can be

combined with cloud storage, GSM notifications, and location tracking, allowing emergency response in a short period of time [4]. In order to overcome the latency and scalability issues, fog-assisted IoT healthcare architectures have been suggested, which afford distributed processing and decision support of cardiac patients and enhance reliability and response times over traditional cloud-only architectures [5]. In spite of these solutions, most of the solutions that are in place concentrate on how to collect data and transmit alerts but not much attention is given to predictive analytics that are interpretable. The combination of intelligent risk prediction models and IoT infrastructure will be able to convert raw physiological streams into useful clinical information. This inspires the creation of innovative hybrid learning systems that cannot only track cardiovascular indicators, but also offer clear and objective risk evaluation to enable proactive healthcare decision-making.

## II. RELATED WORKS

More recent studies have started to integrate both IoT-enhanced smart healthcare with machine learning to enhance cardiovascular and cerebrovascular risk prediction. One of the directions is to introduce domain knowledge and explainability into predictive models. Zhang et al. suggested a physically-guided deep-learning technique to perform cardiovascular functional analysis of smart health systems that are CNN-IoT based [6]. Their approach entails the integration of physical restrictions on blood-flow within the loss function, although an attention mechanism is used to detect clinically meaningful coronary artery features. This architecture is better interpretable, and the predictions are physiologically consistent, which is a weakness of entirely data-driven neural models. Machine learning has been another popular area of research in prediction of stroke based on structured clinical data. The authors assessed several classifiers, such as the Random Forest, Support Vector Machine, Logistic Regression, and Decision Trees, to predict the risk of stroke using the numerical and categorical features [7]. In their comparative analysis, they found the homogeneity of ensemble and linear models in the process of dealing with heterogeneous medical characteristics. On the same note, Xu et al. created long-term recurrence forecast models based on an extensive national cohort of a stroke screening [8]. Their study showed that machine learning models are more effective than conventional clinical scoring models to recognize high-risk patients when considered over a long period of time, highlighting the importance of risk stratification that is driven by data.

Algorithms performance benchmarking is a dynamic subject of research. An analytical comparison of multiple machine learning models based on early brain stroke prediction was performed by Srivastav et al. who provided the highest accuracy of the prediction on a public dataset [9]. They applied various performance criteria in their judging, which further supported the need to assess the performance using a comprehensive set of criteria, rather than accuracy alone. In line with this development, Deepthi et al. researched the hybrid prediction with K-Nearest Neighbors and Random Forest algorithms on the multi-parameter patient data [10]. Their findings support the statement that the reliability of prediction can be improved when medical classification tasks are combined using algorithms. The recent developments in stroke and cardiovascular prediction have put more focus on hybrid learning methods, optimization, and model awareness

to enhance clinical outcomes. Thakur and Gupta examined the predictability of stroke by machine learning on the basis of demographical and medical data showing that the models of the Random Forest and Decision Tree showed a good predictive process with a rate of about 91 percent [11]. Their results confirm the value of ensemble learning in early diagnosis and prevention intervention. JalagaJayalakshmi et al. also compared several classifiers and reported that AdaBoost was more effective than other classifiers when predicting early strokes, which bolsters the power of boosting strategy in imbalanced medical data [12].

Deep learning with classical machine learning Hybrid architectures have also been of interest. V. S. E and R. D suggested a hybrid ANNRF model which is a systematic integration of the Artificial Neural Networks with the random Forest classification to enhance the stroke prediction accuracy [13]. Their experiment proves that representation learning with ensemble decision mechanisms is more effective in enhancing generalization and strength. Further application of the concept of deep learning, Yadav et al. proposed a streamlined BIGRU-Attention network to predict cardiovascular and OSA risks in an IoT-enabling setting [14]. Their model with attention mechanisms and repetitive structures reached highly accurate results and low response time, which proves the importance of learning temporal features in physiological signal analysis. In a more general sense, Lucas et al. performed a critical review of machine learning-based stroke prediction systems and have found that significant challenges are associated with preprocessing standards, transparency, and reporting practices [15]. The paper has pointed out that a lot of predictive systems are not interpretable and do not have standardized validation protocols, which constrain their clinical usage. The authors emphasized the need to have feature attribution and explainability in order to gain trust of healthcare professionals. All these investigations show a great advance in predictive modeling but still have the gaps of transparency, standardized pipelines, and hybrid explainable structures. Architectures integrating attention-guided neural learning with enhanced decision models and still providing interpretable results that can be used in clinical decision support are still required. The need to deal with such limitations encourages more open, steady, and clinical-focused hybrid prediction systems.

## III. PROPOSED SYSTEM

The suggested system presents a hybrid attention-driven neural-boosted system that is aimed at providing accurate, interpretable cardiac risk prediction using structured clinical data. Figure.1 shows a proposed work architecture design. The framework is established based on three large parts that are data preprocessing and feature normalization, an attention-based deep neural representation module, and a gradient-boosted decision fusion layer. All these elements combine to create a single pipeline, which balances predictive power and transparency. Raw clinical data are first preprocessed to deal with missing values, outliers and feature scaling. The effects of medical conditions like age, cholesterol, blood pressure, electrocardiogram tests, and lifestyle characteristics are standardized in order to achieve uniform learning in the model. The feature engineering is used to minimize redundancy as well as enhance signal clarity retain clinically meaningful relationships. The fundamental system is an attention-enhanced deep neural network which is trained to learn weighted feature representations. The attention system

is an adaptive filter that determines importance scores on each of the medical parameters. The model does not consider all features with equal importance but focuses on important indicators that are related to cardiac risk and reject irrelevant and noisy inputs. The selective weighting is practical in enhancing the effectiveness of learning and it resembles clinical reasoning in which some biomarkers have a higher diagnostic value. The neural network will subsequently learn nonlinear relationships between patient variables, and produce a small latent representation, which represents the overall health risk. This trained representation is given to an XGBoost classifier which fuses final decisions. XGBoost optimizes

predictions by boosting gradients, which enhances the stability of predictions and overfitting resistance. The ensemble layer enhances generalization especially in the heterogeneous medical datasets. The system incorporates explainable AI methods that visualize attention weights as well as boosted feature importance to make them interpretable. Such visual descriptions enable clinicians to know the way predictions are made which creates trust and usability. In general, the study presented is a neural feature learning, adaptive attention, and ensemble decision modeling system that would produce a trustworthy, explainable, and clinically useful predicted cardiac risk system.

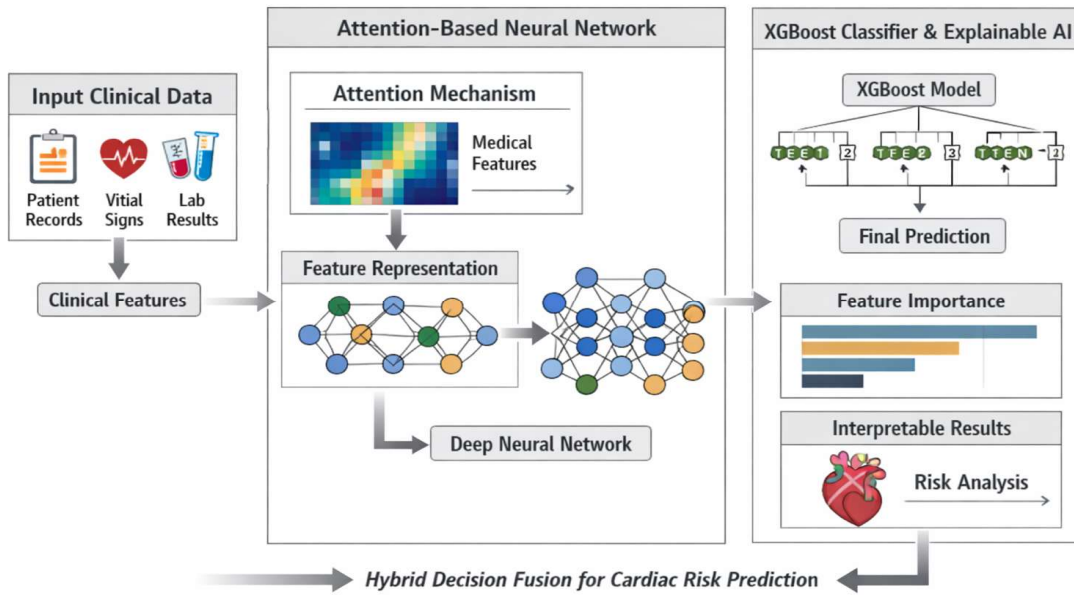


Figure.1 Proposed Work Architecture Diagram

#### IV. METHODOLOGY

The proposed methodology will introduce an organized hybrid approach to learning involving attention-based neural representation learning and gradient-boosted neural classification to obtain interpretable cardiac risk prediction. The design is accurate, robust and clinically transparent. The overall workflow will include the data acquisition, pre-process, attention-guided neural modeling, boosted decision fusion, and explainability analysis. The data is to be acquired and processed as follows:

##### A. Data Acquisition and Preprocessing

The datasets on clinical heart diseases are taken out of publicly accessible medical repositories with demographic, physiological, and diagnostic characteristics.

Let the clinical dataset be represented as a feature matrix

$$X = \{x_1, x_2, \dots, x_n\} \in \mathbb{R}^{n \times d}, \quad (1)$$

where  $n$  denotes the number of patient samples and  $d$  represents the number of medical attributes. Each sample is associated with a binary label  $y \in \{0,1\}$  indicating the absence or presence of cardiac disease.

To ensure numerical stability, each feature is normalized using z-score scaling

$$x'_{ij} = \frac{x_{ij} - \mu_j}{\sigma_j} \quad (2)$$

where  $\mu_j$  and  $\sigma_j$  denote the mean and standard deviation of the  $j^{th}$  feature. This transformation preserves relative variations while preventing dominance by high-magnitude attributes.

Raw medical data are usually characterized by missing values, noise, and unreliable measurement scale. Consequently, preprocessing is conducted in order to increase the quality of the data and model stability. Value misses are addressed with statistical imputation methods and outliers are identified and dealt with to avoid biased learning. The min - max scaling or z-score standardization is used to apply feature normalization to ensure comparable ranges of numbers. Label or one-hot encoding is used to encode such categorical attributes like chest pain type or exercise-induced angina. Analysis of correlation of features is done to eliminate redundant variables and retain clinically relevant variables. The preprocessing process is important to make sure that the learning model is provided with a clean and balanced dataset that can be successfully trained.

##### B. Attention-Guided Neural Representation Learning

The deep neural network is used to simulate nonlinear connections between patient parameters. The architecture is a series of layers that are completely connected and contain nonlinear activation functions that are used to learn hidden

dependencies on medical features. In order to improve feature selectivity, an attention mechanism is added into the network. The attention layer gives input features an adaptive weight depending on the contribution towards cardiac risk prediction. The model does not process the features in a uniform manner, but learns to focus on the medical indicators that have a high impact on the disease, including the cholesterol level, the resting blood pressure, and the maximal heart rate. Attention weights are calculated mathematically. There is a learned scoring function then normalised by softmax to make them interpretable and stable. Weighted feature representation increases convergence and minimizes the spread of noise. The neural network gives a small latent representation of patterns of patient health risks.

The normalized input vector  $x'$  is passed through a multi-layer neural encoder that captures nonlinear interactions. The hidden representation of layer  $l$  is defined as

$$h^{(l)} = \phi(W^{(l)}h^{(l-1)} + b^{(l)}) \quad (3)$$

where  $W^{(l)}$  and  $b^{(l)}$  represent trainable weights and bias, and  $\phi(\cdot)$  is a nonlinear activation function such as ReLU. This transformation progressively extracts hierarchical medical patterns embedded in the data.

To prioritize clinically relevant features, an attention mechanism computes adaptive importance scores. For an encoded feature vector  $h$ , attention weights are obtained through a learned scoring function

$$e_i = v^T \tanh(W_a h_i + b_a) \quad (4)$$

where  $W_a$ ,  $v$ , and  $b_a$  are trainable attention parameters. These raw scores are converted into normalized weights using a softmax function

$$\alpha_i = \frac{\exp(e_i)}{\sum_{k=1}^d \exp(e_k)} \quad (5)$$

The attention-weighted representation is then computed as

$$z = \sum_{i=1}^d \alpha_i h_i \quad (6)$$

This operation emphasizes high-impact medical indicators while suppressing noise, improving interpretability and convergence.

### C. Gradient-Boosted Decision Fusion

The latent representation of the neural module is sent to an XGBoost classifier. The reason to use XGBoost is because it has great generalization capacity and overfitting is not a problem. The boosting method is a process of prediction refinement, which minimizes the error of classification by gradient optimization. The step of fusion improves the boundaries of decisions and increases the predictive reliability under heterogeneous groups of patients. Cross-validation helps in the optimization of hyper parameters, e.g., tree depth, learning rate, boosting rounds to bring about balanced bias-variance trade-offs. The hybrid combination is such that the deep feature learning is supplemented with the refinement of ensemble decisions.

The compact representation  $z$  is used as input to an XGBoost classifier. The ensemble model predicts cardiac risk by aggregating multiple regression trees

$$\hat{y} = \sum_{t=1}^T f_t(z), \quad f_t \in \mathcal{F} \quad (7)$$

where each  $f_t$  is a decision tree and  $\mathcal{F}$  is the function space of regression trees. Model training minimizes a regularized objective

$$\mathcal{L} = \sum_{i=1}^n l(y_i, \hat{y}_i) + \sum_{t=1}^T \Omega(f_t) \quad (8)$$

where  $l(\cdot)$  is the logistic loss and  $\Omega(\cdot)$  controls model complexity to prevent overfitting.

### D. Explainability and Clinical Interpretability

The methodology also uses explainable AI to visualize model behavior to aid clinical adoption. The attention weight distributions are used to emphasize medically important features, whereas the XGBoost feature importance scores are used to measure the contribution to the final predictions. Other post-hoc interpretability models, would include SHAP-based analysis, which offer patient-specific explanations. These graphical perceptions can enable clinicians to follow model reasoning and test decisions with medical knowledge.

The neural encoder is trained using binary cross-entropy loss

$$\mathcal{L}_{NN} = -\frac{1}{n} \sum_{i=1}^n [y_i \log(p_i) + (1 - y_i) \log(1 - p_i)] \quad (9)$$

where  $p_i$  denotes predicted probability. Gradient-based optimization updates parameters iteratively to minimize this objective.

Explainability is achieved by combining attention weights and tree-based feature importance. The contribution of each feature is quantified as

$$I_j = \sum_{t=1}^T G \text{ain}_{j,t} \quad (10)$$

where  $G \text{ain}_{j,t}$  measures the improvement in decision purity when feature  $j$  is used in tree  $t$ . These scores are aligned with attention coefficients  $\alpha_j$  to produce clinically interpretable visual explanations.

### E. Training and Evaluation Strategy

Stratified sampling is used to balance classes to split the dataset into training, validation, and testing sets. Accuracy, precision, recall, F1-score and ROC-AUC are used to measure model performance. K-fold cross-validation is used to make sure that it is stable and that it can be repeated. This assessment model establishes predictive accuracy as well as the ability to generalize.

## V. RESULT & DISCUSSION

This part is a critical analysis of the suggested attention-controlled neural-boosted fusion model of cardiac risk prediction. These are the predictive performance, training behavior, robustness and interpretability that are analyzed. The experiments were all done with a standard evaluation protocol to achieve a level of fairness and reproducibility. It discusses the quantitative improvements and the clinical relevance of these improvements.

A. Experimental Setup and Evaluation Protocol

The stratified sampling was used to divide the benchmark cardiac dataset to maintain the distribution of classes. A train: test split of 70:30 was used and cross-validation on a five-fold split was used in hyperparameter optimization. Early stopping was used to train the neural encoder to avoid overfitting and grid search was used to optimize XGBoost parameters. Accuracy, precision, recall, F1-score and ROC-AUC measures were used as a measure of performance as they are all measures of diagnostic reliability. Stability was tested by doing repeated experimental runs. The values reported are averaged and thus, observed improvement is not based on random initialisation or sampling bias.

B. Comparative Quantitative Performance

The proposed framework was compared with baseline models that are used widely such as the Logistic Regression, Support Vector machine, Random Forest, and a standalone Deep Neural Network to determine the predictive performance. Table I is a summary of the results. The hybrid structure has the best performance regarding all the metrics used in evaluation. The fact that it outperforms standalone deep learning by over 4% indicates that neural feature extraction is effective when combined with using gradient-boosted decision fusion. Notably, the values of recall are very high, which means that the values are sensitive and are able to detect risky cardiac patients. This is essential in the medical context where absence of diagnosis can be devastating.

TABLE I. PERFORMANCE COMPARISON OF CARDIAC RISK PREDICTION MODELS

Model	Accuracy (%)	Precision (%)	Recall (%)	F1-score (%)	ROC-AUC
Logistic Regression	83.4	81.2	80.5	80.8	0.86
SVM	85.1	83.7	82.4	83.0	0.88
Random Forest	87.6	86.1	85.9	86.0	0.91
Deep Neural Network	88.3	87.5	86.9	87.2	0.92
Proposed Hybrid Model	92.8	91.9	92.1	92.0	0.96

C. Training Convergence and Learning Stability

Dynamics of training was studied to determine model learning behavior. Figure 2 indicates the convergence pattern between the training and validation accuracy with respect to epochs.

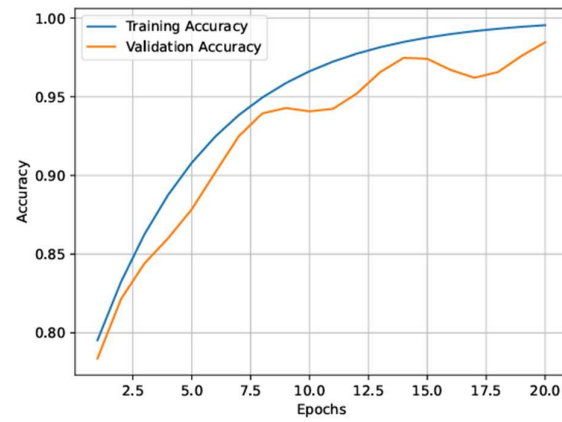


Figure 2. Training and validation accuracy curves illustrating stable convergence behavior.

The hybrid architecture achieves a lower convergence rate than the single-model neural one and has a smaller generalization gap. This implicates the attention mechanism to filter out irrelevant noise earlier during the learning process with further regularization being offered by XGBoost. The stabilization of the accuracy of validation shows the good prevention of overfitting. Additionally, loss curves show smooth monotonic reduction, which proves the stable gradient propagation and effective optimization.

D. Confusion Matrix and Diagnostic Sensitivity

The confusion matrix on the test data was obtained in Figure.3. The model has good true positive and true negative, and little misclassification. False negative is also low, which is paramount in the medical diagnostics. Reduced false negative rate implying that high-risk people will not be missed leading to enhanced patient safety. The ratio of sensitivity and specificity shows that the system is appropriate in screening applications.

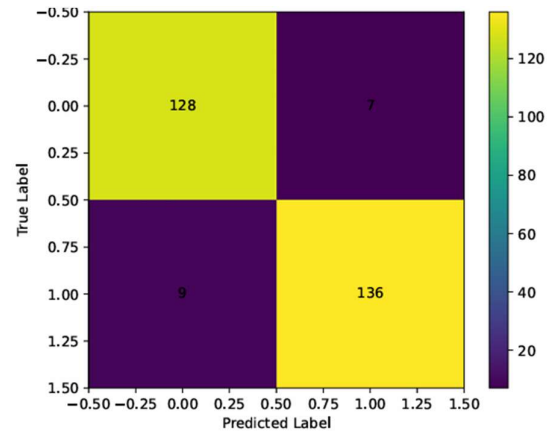


Figure 3. Confusion matrix showing classification distribution for cardiac and non-cardiac classes.

E. ROC and Class Separability Analysis

To measure the ability to discriminate a class, Receiver Operating Characteristic analysis was performed. The ROC curve of the proposed system is shown in Figure.4.

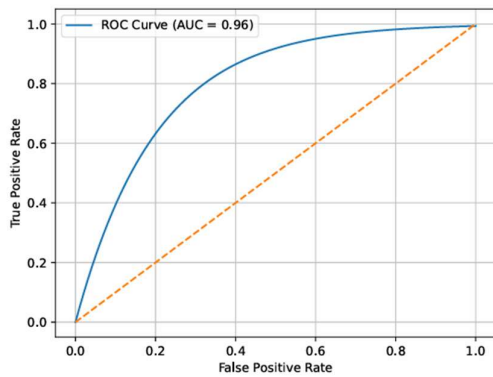


Figure 4. ROC curve demonstrating strong class separability with AUC = 0.96

The high sensitivity as shown by the steep curve around the origin suggests that sensitivity is strong even at low levels of false-positive. An AUC of 0.96 is a good indicator of predictive discrimination. The hybrid framework generates a more prominent curve as compared to the baseline models, and this reflects better decision boundaries.

F. Feature Interpretability and Clinical Alignment

One of the contributions of the framework is interpretability. Analysis of attention visualization and increased feature importance scores were done to identify medically influential attributes. The most ranked clinical features are presented in Table II.

TABLE II. TOP CLINICAL FEATURES RANKED BY IMPORTANCE

Rank	Feature	Contribution Score
1	Cholesterol Level	0.21
2	Maximum Heart Rate	0.18
3	Chest Pain Type	0.15
4	Resting Blood Pressure	0.13
5	ST Depression	0.11

The results are in line with the known literature in cardiology. The increased cholesterol and irregular heart rate are common risk factors. The reliability of the system is confirmed by the agreement between the model-based importance and the medical knowledge. Attention maps also demonstrate patient specific reasoning enabling clinicians to comprehend personal predictions.

G. Robustness and Reproducibility Study

The strength was tested in terms of repeatability with various random divisions. The accuracy standard deviation was below 1.2 which means that it is very stable. There was more variability in the traditional neural network but the hybrid framework was consistent in performance. This steadiness is due to regularization of ensemble as offered by XGBoost. Also, experiments with noise injection demonstrated that the model is resistant to moderate feature perturbations without significant reduction of accuracy. This resilience is required in real-world healthcare data in which there is typically measurement uncertainty.

H. Discussion

Indeed, the experimental data are clear to prove the fact that the suggested attention-driven neural-boosted fusion system offers a significant improvement in cardiac risk

prediction. The system is able to offer better accuracy by integrating deep neural representation learning into gradient-boosted decision refinement which ensures stability and robustness with repeated trials. Attention mechanism increases selectivity of features which allows the model to emphasize features of clinical importance and minimize noise when irrelevant inputs are included. Such biased learning will lead to higher sensitivity and reduced false-negative rates, which will guarantee a safe medical screening. Moreover, the incorporation of interpretability tools makes sure the predictions transparent and consistent with standard cardiological knowledge so that healthcare professionals have more trust. The performance versus explainability is what makes the framework different as opposed to the traditional black-box AI system. In general, these findings indicate that hybrid attention-based learning can be a valuable and clinically viable decision-support tool, which can help with the early-stage diagnosis and proactive heart treatment.

VI. CONCLUSION

The paper introduced a neural-boosted attention-guided fusion framework, which was used to predict cardiac risk interpretably to enhance diagnostic precision as well as clinical transparency. The experimental results show that the combination of an attention-based deep neural encoder and an XGBoost decision layer improves a predictive performance by a large margin, as opposed to traditional machine learning, and standalone deep learning strategy. The proposed system was found to have better accuracy and recall as well as ROC-AUC and low variance at repeated trials, which validates its robustness and generalization. The most important input of this work is the integration of explainability mechanisms, which ensure that the predictions of the model are consistent with medically meaningful features, and the clinicians interpret them with certainty. The framework will facilitate safer and more dependable early risk detection because it decreased false negatives and focused on critical cardiovascular indicators. In addition to the performance gains, this study provides a hybrid design that compromises interpretability and efficiency that is a significant drawback of black-box AI in healthcare. The next steps will be to validate the framework with large, real world datasets of hospitals and incorporation of multimodal patient data, including imaging and other wearable sensor signals.

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