

A REMARKABLE CASE OF LEUCODERMA TREATED WITH THE INDIAN HOMEOPATHIC REMEDY AEGLE MARMELOS MOTHER TINCTURE

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ABSTRACT

Leucoderma is a common chronic skin depigmentation disorder. Around 1% of people worldwide suffer with leucoderma, which is defined by depigmented skin patches that have lost melanocytes, or cells that produce melanin. There are various forms of leucoderma, the most prevalent of which is non-segmental generalized leucoderma, which is characterized by widely dispersed, typically symmetrical, and progressing lesions. A 30 yrs old male patient presented with white depigmented patch in both the flexural aspect (cubital fossa) of both right and left elbow for past 1 yrs and had been treated with Aegle marmelos mother tincture based on totality of symptoms with follow ups. This clinical case report to evaluate the role of indian homoeopathy remedy Aegle Marmelos mother tincture for leucoderma.

Keywords: Leucoderma, Aegle Marmelos mother tincture, homoeopathy.

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INTRODUCTION-

leucoderma found all across the world, leucoderma is an acquired idiopathic depigmentary disorder that is especially prevalent in tropical nations like Egypt and India [1]. Approximately 1-4% of people worldwide suffer with leucoderma [2]. However, both nationally and internationally, its prevalence varies from 0.1 to >8.8. Indians from the Indian subcontinent had the highest prevalence, followed by those from Mexico and Japan [3]. Adults and children of both sexes are equally affected. Leucoderma often first appears in childhood, or in young adulthood (ages 20 to 30). The disease manifests symmetrically, usually on the face but sometimes on the hands, knees, genitalia, axillae, elbows, and nape of the neck. Leucoderma often manifests as a localized or widespread pattern, while it can also seldom appear in a dermatome. Leucoderma can either progress quickly or stay the

same [4]. Men, women, and children with Leucoderma have serious psychological and social issues in India and other countries. An individual's self-image may be impacted by the disease's appearance, and any pathological change may have psychological effects. Lesions on the body's fleshy parts may have more chance of healing than those on the bony or friction sites [6]. Depending on the form of Leucoderma and its distribution in different locations there are varying rates of success in the treatment of this disease.

Topical corticosteroids, calcineurin inhibitors, phototherapy, systemic immunomodulators, and surgical procedures are examples of conventional therapeutic choices; nevertheless, these methods frequently result in partial, inconsistent, or temporary improvement [5]. Homoeopathy emphasizes individualized treatment, taking into account not only

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			ntary	
HAIR IN PATCH	0 Black			
MARGINS OF PATCH		1 normal		
COLOUR OF PATCH				
REPIGMENTATION				3 Milky white
GRADING SCORE TOTAL SCORE- 13				3 no pigmentati on

PROVISIONAL DIAGNOSIS- Leucoderma

TOTALITY OF SYMPTOMS-

1. Disinclination to talk
2. Irritable if frequently ask question.
3. Disinclination to work with sadness.
4. White depigmentation pattern in both elbow region.
5. Aggravation by scratching, sun heat, friction
Amelioration by after cold water bath
Washing affected part with cold water.

PRESCRIPTION-

AEGLE MARMELOS Q 10-12 Drops in Luke warm water TDS for 15 days

AEGLE MARMELOS Q Apply on affected part BD for 15 days.

	faint brown pigmentation.	Luke warm water TDS for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.
13/02/26	20% reduction in patches size, disinclination to work decreased.	Aegle marmelos Q 10-12 Drops in Luke warm water TDS for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.
02/03/26	40% reduction in patches size.	Aegle marmelos Q 10-12 Drops in Luke warm water BD for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.
17/03/26	80% repigmentation achieved & general wellbeing improved.	Aegle marmelos Q 10-12 Drops in Luke warm water BD for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.

DATE	FOLLOW UPS	PRESCRIPTION
29/12/25	Spot/patches status Q but in irritability much better.	Aegle marmelos Q 10-12 Drops in Luke warm water TDS for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.
13/01/26	Spots showing pigmented patches, irritability better.	Aegle marmelos Q 10-12 Drops in Luke warm water TDS for 15 days Aegle marmelos Q Apply on affected part BD for 15 days.
28/01/26	Margins of patches shows	Aegle marmelos Q 10-12 Drops in

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treatment with Aegle Marmelos mother tincture. The findings suggest that this remedy hence therapeutic potential in selected case of leucoderma however as this is a single case report, the results cannot be generalized. Further well-designed. Clinical studies with larger sample sizes are required to establish its efficacy.



DISCUSSION:

Leucoderma is a chronic depigmentation disorder that can be difficult to manage. In the present case the patient had multiple depigmented patches over the elbow fold, the case was managed using a non-repertorial approach and Aegle marmelos mother tincture was prescribed internally & applied locally. During follow up, clinical improvement with repigmentation & reduction in lesion severity was observed, although this is a single case, the finding suggest that Aegle marmelos may jhave potential in the management of Leucoderma & warrant further clinical studies.

CONCULSION:-

This case demonstrated significant clinical improvement in a patient with leucoderma following

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