

Floristic Diversity and Ethnomedicinal Importance of Vaatangi Sacred Grove, Rajavommangi Mandal, Alluri Sitaramaraju District, Andhra Pradesh, India

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Abstract

Sacred groves are patches of forest under community based protection, revered as the abode of local deities and maintained through indigenous cultural beliefs. The present study documents the floristic diversity and ethnomedicinal significance of the Vaatangi Sacred Grove located in Rajavommangi Mandal, Alluri Sitaramaraju District, Andhra Pradesh, India. The grove, presided over by Lord Shiva, encompasses one hectare of dry deciduous forest with a documented history exceeding 100 years. Phytosociological analysis of 60 tree species distributed across 29 families was carried out using two 50 m × 100 m sample plots (total area: 0.5 ha per plot). A total of 456 individual trees were enumerated, with an overall basal area of 23.76 m². *Garuga pinnata* (IVI = 13.48), *Bridelia airy-shawii* (IVI = 11.97), *Terminalia bellirica* (IVI = 11.91), and *Mallotus philippensis* (IVI = 11.14) emerged as the most ecologically dominant species. Girth-class distribution revealed a preponderance of trees in the 61–90 cm class, indicating a mature but regenerating forest stand. Ethnomedicinal surveys conducted through semi-structured interviews with local tribal communities documented 23 species used in traditional medicine to treat diverse ailments including diabetes, diarrhoea, fever, skin diseases, and rheumatism. The study underscores the ecological and biocultural significance of the grove and advocates for its conservation and sustainable management.

Keywords: Sacred grove, Phytosociology, Ethnomedicine, Tribal communities, Biodiversity conservation.

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1. Introduction

Sacred groves represent one of the oldest forms of nature conservation practised by human societies worldwide, predating formal protected area legislation by millennia (Bhagwat and Rutte 2006). These forest patches, traditionally protected through religious beliefs and customary laws, serve as in situ repositories of biodiversity and function as cultural keystones within the social–ecological systems of indigenous and tribal communities (Gadgil and Vartak 1976; Chouin 2002). In India, sacred groves—known locally by diverse names such as Devvan, Devrai, Orans, Kovil Kadu, and Sarna—are found across almost every state and ecological zone, collectively harbouring an estimated 1,00,000 to 1,50,000 individual groves (Malhotra et al. 2001). Eastern India, including Andhra Pradesh and neighbouring Odisha, harbours a rich tradition of sacred grove management among Adivasi communities. In the tribal districts of Andhra Pradesh, sacred groves associated with local deities such as Shiva, Durga, and Parvati have been maintained through religious prohibitions on tree felling, hunting, and extraction of forest resources (Rao et al. 2011). These groves often represent the last refugia of floristic elements otherwise lost due to deforestation, agricultural expansion, and urbanisation.

Despite their ecological importance, sacred groves in the Eastern Ghats are poorly documented compared to those in the Western Ghats or north-

eastern India. The Alluri Sitaramaraju District, comprising a largely tribal landscape in the Eastern Ghats, contains numerous sacred groves that remain unstudied. The present investigation therefore aims to: (i) document the floristic composition and phytosociological structure of the Vaatangi Sacred Grove; (ii) assess species diversity, dominance, and importance value index (IVI); (iii) characterise tree girth-class distribution to infer stand dynamics; and (iv) record ethnomedicinal knowledge associated with the grove's plant resources.

2. Study Area

Vaatangi Sacred Grove is situated in Vaatangi Village, Rajavommangi Mandal, Alluri Sitaramaraju District, Andhra Pradesh, India, at approximately 17.456303°N latitude and 82.260197°E longitude. The grove encompasses one hectare of tropical dry deciduous forest and is believed to be more than 100 years old. The presiding deity is Lord Shiva, whose Shiva Lingam is venerated as self-manifested (Swayambhu) by local devotees. An adjacent temple dedicated to Lord Maha Vishnu was subsequently constructed, following a reported divine sign involving a serpent coiled around the deity. The site attracts devotees from the village and surrounding areas during the annual Maha Shivaratri festival. The region experiences a tropical climate with a mean annual rainfall of approximately 1,100–1,300 mm, predominantly received during the south-west monsoon (June–September). The terrain is

undulating, with red-laterite soils predominating. The grove's location within the Eastern Ghats phytogeographic zone confers a distinctive assemblage of plant species, with many elements shared with the Deccan Plateau flora.

3. Materials and Methods

3.1 Phytosociological Survey

Phytosociological data were collected from two 50 m × 100 m quadrats (T1 and T2; total sampled area = 1 ha) laid out systematically within the grove. All trees with a girth at breast height (GBH) ≥ 10 cm were enumerated, identified to species level, and their GBH measured using a measuring tape. Species identification was carried out using standard floristic references (Gamble and Fischer 1915–1935; Pullaiah 2006) and confirmed with voucher specimens deposited in the Herbarium, Department of Botany, Andhra University. Species nomenclature follows the Flora of Andhra Pradesh and Tropicos database.

3.2 Phytosociological Parameters

For quantitative vegetation analysis, the study area was sampled using the quadrat method (Curtis and McIntosh 1950; Misra 1968). A total of two transects (T1 and T2) were laid within a 0.5 ha sample area, and all individuals with girth at breast height (GBH) ≥ 30 cm at 1.37 m above ground level were enumerated and measured.

The following phytosociological parameters were calculated for each species using standard formulae (Curtis and McIntosh 1950; Misra 1968):

Density (D) = Number of individuals of a species / Total number of quadrats studied

Relative Density (RD, %) = (Number of individuals of a species / Total number of individuals of all species) × 100

Frequency (F, %) = (Number of quadrats in which a species occurred / Total number of quadrats studied) × 100

Relative Frequency (RF, %) = (Frequency of a species / Sum of frequency of all species) × 100

Basal Area (BA) = $\pi/4 \times (\text{GBH}/\pi)^2$, calculated for each individual and summed for each species

Relative Basal Area (RBA, %) = (Total basal area of a species / Total basal area of all species) × 100

Important Value Index (IVI) = RD + RF + RBA

3.3 Girth-Class Analysis

Trees were assigned to six girth-class intervals: <30, 31–60, 61–90, 91–120, 121–150, and >150 cm GBH. Basal area and tree density were computed for each class to infer population structure and regeneration status.

3.4 Ethnomedicinal Survey

Ethnobotanical data were collected through semi-structured interviews and focus group discussions with traditional healers (Vaidyas), village elders, and knowledgeable community members residing in Vaatangi Village and adjacent hamlets. A total of 40 informants (25 male, 15 female; age range 35–80 years) were consulted between January and March

2024. Information on plant parts used, mode of preparation, diseases treated, and methods of administration was recorded in native Telugu and subsequently translated. The relative frequency of citation (RFC) for each medicinal species was used to assess the consensus among informants regarding medicinal utility.

4. Results and Discussion

4.1 Floristic Composition

The Vaatangi Sacred Grove supported 60 tree species belonging to 29 families. A total of 456 individual trees were recorded across the two transects, yielding a tree density of 456 trees ha⁻¹ and a cumulative basal area of 23.76 m² ha⁻¹. The most species-rich families were Euphorbiaceae (7 species: *Bridelia airy-shawii*, *Glochidion velutinum*, *Glochidion zeylanicum*, *Macaranga peltata*, *Mallotus philippensis*, *Phyllanthus emblica*, and *Trema orientalis*), Combretaceae (4 species: *Anogeissus latifolia*, *Terminalia alata*, *Terminalia bellirica*, and *Terminalia chebula*), Moraceae (6 species: *Ficus exasperata*, *F. microcarpa*, *F. palmata*, *F. racemosa*, *F. semicordata*, and *F. tinctoria*), and Fabaceae (3 species: *Dalbergia paniculata*, *Ougenia oojenensis*, and *Pterocarpus marsupium*). The high diversity of *Ficus* species is consistent with the known pattern in tropical sacred groves, where fig trees are often explicitly protected for their religious and ecological significance (Ganesan et al. 2008).

The phytosociological parameters for all 60 tree species recorded are presented in Table 1. Species are arranged in alphabetical order. TNI = Total Number of Individuals; D = Density (individuals/ha); F = Frequency (%); Basal Area = m²/ha; R. Density = Relative Density; R. Frequency = Relative Frequency; R. Dominance = Relative Dominance; IVI = Importance Value Index.

Table 1 Phytosociological parameters of tree species recorded in Vaatangi Sacred Grove

S. No.	Species Name	Family	TNI	D	F (%)	Basal Area (m ²)	R. Density	R. Frequency	R. Dominance	IVI
1	<i>Albizia procera</i>	Mimosaceae	13	6.5	5.5	1.55	2.86	1.23	6.53	10.62

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S . N o .	Spec ies Na me	Fam ily	T N I	D	F (%)	B a s a l A r e a (m ²)	R. D e n s i t y	R. F r e q u e n c y	R. D o m i n a n c e	I V I
2	<i>Anogeissus latifolia</i>	Combreataceae	4	2 . 0	5 0	0 . 1 1	0.88	1.23	0.46	2 . 5 7
3	<i>Antidesma acidum</i>	Stilaginaceae	3	1 . 5	5 0	0 . 0 2	0.66	1.23	0.08	1 . 9 8
4	<i>Bauhinia malabarica</i>	Caesalpiniaceae	4	2 . 0	5 0	0 . 1 1	0.88	1.23	0.48	2 . 5 9
5	<i>Bridelia airysmithii</i>	Euphorbiaceae	1	6 . 5	1 0	1 . 0 5	2.86	2.47	6.64	1 . 9 7
6	<i>Bucchania lanzan</i>	Anacardiaceae	4	2 . 0	5 0	0 . 1 4	0.88	1.23	0.57	2 . 6 8
7	<i>Calliandra arborea</i>	Verbenaceae	1	7 . 0	5 0	0 . 0 7	3.08	1.23	3.06	7 . 3 7
8	<i>Canthium dicoccum</i>	Rubiaceae	9	4 . 5	1 0	0 . 0 3	1.98	2.47	1.65	6 . 1 0
9	<i>Casearia tomentosa</i>	Flacourtiaceae	5	2 . 5	1 0	0 . 0 9	1.10	2.47	0.36	3 . 9 3
10	<i>Cassia</i>	Caesalpiniaceae	1	6 . 0	5 0	0 . 0	2.64	1.23	0.83	4 .

S . N o .	Spec ies Na me	Fam ily	T N I	D	F (%)	B a s a l A r e a (m ²)	R. D e n s i t y	R. F r e q u e n c y	R. D o m i n a n c e	I V I
	<i>fistulosa</i>	iaceae				2 0				7 0
11	<i>Chloroxylon swietenia</i>	Flindersiaceae	8	4 . 0	5 0	0 . 2 8	1.76	1.23	1.18	4 . 1 8
12	<i>Dalbergia paniculata</i>	Fabaceae	2	1 . 0	5 0	0 . 0 7	0.44	1.23	0.31	1 . 9 8
13	<i>Diospyros melanoxylon</i>	Ebenaceae	3	1 . 5	5 0	0 . 0 6	0.66	1.23	0.23	2 . 1 3
14	<i>Diospyros montana</i>	Ebenaceae	1	5 . 5	1 0	0 . 2 8	2.42	2.47	1.16	6 . 0 4
15	<i>Diospyros sylvatica</i>	Ebenaceae	8	4 . 0	1 0	0 . 4 5	1.76	2.47	1.91	6 . 1 4
16	<i>Ficus exasperata</i>	Moraceae	4	2 . 0	5 0	0 . 1 8	0.88	1.23	0.75	2 . 8 7
17	<i>Ficus microcarpa</i>	Moraceae	3	1 . 5	5 0	0 . 1 3	0.66	1.23	0.55	2 . 4 4
18	<i>Ficus palmata</i>	Moraceae	4	2 . 0	5 0	0 . 2 1	0.88	1.23	0.87	2 . 9 8

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S. No.	Species Name	Family	TNI	D	F (%)	Basal Area (m ²)	R. Density	R. Frequency	R. Dominance	IVI
19	<i>Ficus racemosa</i>	Moraceae	3	15	50	0.08	0.66	1.23	0.35	2.25
20	<i>Ficus semicordata</i>	Moraceae	6	30	1049	0.32	1.37	2.47	2.07	5.85
21	<i>Ficus tinctoria</i>	Moraceae	1	05	502	0.22	0.3	1.23	0.08	1.53
22	<i>Firmiana colorata</i>	Sterculiaceae	7	35	5026	0.54	1.3	1.23	1.09	3.87
23	<i>Garuga pinnata</i>	Burseraceae	19	95	1062	4.18	2.47	6.84	1.34	8.8
24	<i>Glochidion velutinum</i>	Euphorbiaceae	6	30	1022	0.32	2.47	0.92	4.71	
25	<i>Glochidion zeylanicum</i>	Euphorbiaceae	3	15	508	0.66	1.23	0.33	2.23	
26	<i>Gmelina arborea</i>	Verbenaceae	6	30	5000	0.32	1.23	4.22	6.78	
27	<i>Greivia tilifolia</i>	Tiliaceae	14	70	1001	3.08	2.47	4.27	9.81	

S. No.	Species Name	Family	TNI	D	F (%)	Basal Area (m ²)	R. Density	R. Frequency	R. Dominance	IVI
28	<i>Gyrocarpus americana</i>	Hernandiaceae	3	15	508	0.66	1.23	0.35	2.25	
29	<i>Haldinia cordifolia</i>	Rubiaceae	3	15	011	0.66	1.23	0.46	2.35	
30	<i>Holoptelea integrifolia</i>	Ulmaceae	1	05	503	0.22	1.23	0.13	1.59	
31	<i>Homalium nepalense</i>	Flacourtiaceae	5	25	5023	1.10	1.23	0.95	3.28	
32	<i>Hymenodictyon orixense</i>	Rubiaceae	2	10	5017	0.44	1.23	0.71	2.39	
33	<i>Kydia calycina</i>	Malvaceae	15	75	5040	3.30	1.23	5.90	10.44	
34	<i>Lanena coromandelica</i>	Anacardiaceae	14	70	1058	3.08	2.47	2.45	7.99	
35	<i>Macaranga peltata</i>	Euphorbiaceae	8	40	1032	1.76	2.47	1.34	5.57	

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S. No.	Species Name	Family	T	D	F	B	R	R	R	I
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36	<i>Mallotus philippensis</i>	Euphorbiaceae	24	12	10	0.81	5.27	2.47	3.40	1.14
37	<i>Manihot indica</i>	Anacardiaceae	8	4	10	1.13	1.76	2.47	4.76	8.99
38	<i>Mic helia cham pa ca</i>	Magnoliaceae	3	1	50	0.08	0.66	1.23	0.32	2.21
39	<i>Miliusa tomentosa</i>	Annonaceae	7	3	10	0.24	1.54	2.47	0.99	5.00
40	<i>Mitr agyna parv ifolia</i>	Rubiaceae	3	1	50	0.08	0.66	1.23	0.32	2.21
41	<i>Muraya paniculata</i>	Rutaceae	2	1	50	0.01	0.44	1.23	0.03	1.70
42	<i>Ougenia oojenensis</i>	Fabaceae	2	1	50	0.09	0.44	1.23	0.38	2.06
43	<i>Phyllanthus emblica</i>	Euphorbiaceae	4	2	10	0.14	0.88	2.47	0.58	3.93
44	<i>Prema tomentosa</i>	Verbenaceae	2	1	50	0.0	0.44	1.23	0.10	1.0

S. No.	Species Name	Family	T	D	F	B	R	R	R	I
			N		(	a	D	Fr	Do	V
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	<i>ntos a</i>					02				78
45	<i>Protium serratum</i>	Burseraceae	9	4	10	0.46	1.98	2.47	1.93	6.38
46	<i>Pterocarpus marsupium</i>	Fabaceae	25	12	50	0.86	5.49	1.23	3.63	10.36
47	<i>Pterospermum xylocarpum</i>	Sterculiaceae	10	5	50	0.49	2.20	1.23	2.06	5.49
48	<i>Schleichera oleosa</i>	Sapindaceae	18	9	10	0.1	3.96	2.47	4.26	10.68
49	<i>Semecarpus anardium</i>	Anacardiaceae	2	1	50	0.04	0.44	1.23	0.18	1.86
50	<i>Syzygium cumini</i>	Myrtaceae	14	7	10	0.71	3.08	2.47	3.00	8.55
51	<i>Tamarindus indica</i>	Caesalpiniaceae	11	5	50	0.34	2.42	1.23	1.45	5.10
52	<i>Terminalia alata</i>	Combretaceae	15	7	50	0.45	3.30	1.23	1.91	6.44

S . N o .	Spec ies Na me	Fam ily	T N I	D I	F (%)	B a s a l A r e a (m ²)	R. D en sity	R. Fr eque ncy	R. Do mi na nce	I V I
53	<i>Terminalia bellirica</i>	Combretaceae	20	100	100	1.02	4.40	2.47	5.04	11.91
54	<i>Terminalia chebula</i>	Combretaceae	35	15	50	0.13	0.66	1.23	0.54	2.44
55	<i>Toona ciliata</i>	Meliaceae	60	30	50	0.40	1.32	1.23	1.69	4.24
56	<i>Trema orientalis</i>	Ulmaceae	20	100	50	0.08	0.44	1.23	0.34	2.01
57	<i>Wrightia arborea</i>	Apoynaceae	40	20	50	0.06	0.88	1.23	0.25	2.36
58	<i>Wrightia tinctoria</i>	Apoynaceae	80	40	100	0.25	1.76	2.47	1.07	5.29
59	<i>Xylocarpus</i>	Mimosaceae	10	50	50	0.37	2.20	1.23	1.56	4.99
60	<i>Zanthoxylum armatum</i>	Rutaceae	40	100	100	0.03	0.44	2.47	0.13	3.04
	Total		456	227	237	10.76	100	100	100	300

4.2 Importance Value Index and Dominant Species

The Importance Value Index (IVI) integrates relative density, relative frequency, and relative dominance, and provides a comprehensive measure of ecological dominance. Among the 60 species recorded, *Garuga pinnata* (Burseraceae) attained the highest IVI of 13.48, reflecting its numerically abundant occurrence (19 individuals) across both plots, high basal area (1.62 m²), and ubiquitous distribution (100% frequency). *Bridelia airyshawii* (IVI = 11.97), *Terminalia bellirica* (IVI = 11.91), and *Mallotus philippensis* (IVI = 11.14) occupied the second to fourth positions respectively, with *Bridelia airyshawii* noteworthy for its even distribution across both transects and high basal area contribution. *Pterocarpus marsupium*, recorded exclusively in T1 with 25 individuals and an IVI of 10.36, is of particular conservation interest given its IUCN Vulnerable status and significant ethnomedicinal value as an antidiabetic tree.

The top ten dominant species, *Garuga pinnata*, *Bridelia airyshawii*, *Terminalia bellirica*, *Mallotus philippensis*, *Albizia procera*, *Kydia calycina*, *Schleichera oleosa*, *Grewia tiliifolia*, *Syzygium cumini*, and *Lannea coromandelica* together account for approximately 103.8 IVI units (34.6% of the total IVI of 300), indicating a moderately diverse community without extreme monodominance. This pattern is characteristic of well-conserved sacred groves in the Eastern Ghats (Misra et al. 2014).

4.3 Girth-Class Distribution and Stand Structure

The girth-class distribution of trees (Table 2) followed an inverse-J-shaped curve, with the highest tree density recorded in the 61–90 cm GBH class (213 trees; 46.7% of total individuals) and the highest basal area also concentrated in this class (9.31 m²; 39.2% of total basal area). A secondary concentration was observed in the 31–60 cm class (133 trees). Trees with GBH >150 cm, representing old-growth individuals, were represented by 24 trees with a cumulative basal area of 5.18 m², indicating the presence of mature canopy elements integral to forest microclimate and epiphyte diversity.

The relatively low density in the <30 cm class (26 trees) may reflect suppression of regeneration in the sub-canopy due to dense canopy closure, a pattern frequently documented in tropical dry deciduous groves (Nath et al. 1998). Future management interventions should consider targeted gap creation to promote natural regeneration, particularly for economically and medicinally important species such as *Pterocarpus marsupium* and *Terminalia bellirica*.

Table 2 Girth-class distribution of trees in Vaatangi Sacred Grove (Transect T1 + T2 combined)

Girth Class (cm)	Basal (m ²)	Area	Tree Density (trees/ha)
<30	0.1037		26
31–60	2.3990		133
61–90	9.3054		213
91–120	2.4597		31
121–150	4.3154		29
>150	5.1789		24
Total	23.7620		456

4.4 Ethnomedicinal Importance

Ethnomedicinal surveys revealed that 23 of the 60 recorded tree species (38.3%) are used in traditional medicine by the local tribal communities of Vaatangi and surrounding villages. A total of 35 distinct medicinal applications were documented, targeting diverse health conditions including metabolic disorders (diabetes), gastrointestinal ailments (diarrhoea, constipation, dysentery), dermatological conditions (skin diseases, psoriasis, wounds), febrile illnesses, and musculoskeletal disorders (rheumatism, arthritis). The ethnomedicinal data are summarised in Table 3.

Pterocarpus marsupium emerged as the most medicinally significant species, with its bark decoction widely used as a hypoglycaemic agent for managing type-2 diabetes mellitus—a use supported by extensive pharmacological literature documenting the antidiabetic activities of pterostilbene and (-)-epicatechin present in its heartwood and bark (Ahmad et al. 1991). *Phyllanthus emblica* (Indian Gooseberry / Amla) was valued for its multipurpose medicinal uses including management of diabetes, cough, and anaemia, consistent with its well-established phytochemical profile rich in vitamin C and tannins. *Terminalia bellirica* and *Terminalia chebula*, both constituents of the traditional Ayurvedic formulation Triphala, were cited for their utility in treating diarrhoea, cough, and eye diseases.

Syzygium cumini seeds were frequently cited for antidiabetic use, and this is consistent with reports from across the Eastern Ghats tribal belt (Padal et al. 2013). The use of *Wrightia tinctoria* for skin diseases including psoriasis, and *Semecarpus anacardium* for arthritis, corroborates ethnomedicinal records from adjacent districts. *Lannea coromandelica* bark paste applied to wounds and fractures represents a traditional surgical practice documented among tribal communities in Odisha and Andhra Pradesh (Panda 2007).

Table 3 Ethnomedicinal plants recorded from Vaatangi Sacred Grove

Species Name	Part Used	Ailments Treated	Mode of Preparation/Use
<i>Albizia procera</i>	Bark	Fever, skin diseases	Paste applied externally; decoction taken orally
<i>Bridelia airy-shawii</i>	Leaf, Bark	Wounds, ulcers	Leaf juice applied on wounds; bark decoction for ulcers
<i>Buchanania lanzan</i>	Seed, Bark	Dysentery, skin disorders	Seed oil applied; bark decoction consumed
<i>Callicarpa arborea</i>	Leaf	Rheumatism, skin diseases	Leaf paste applied topically
<i>Canthium dicoccum</i>	Root, Leaf	Fever, jaundice	Root decoction taken orally
<i>Cassia fistula</i>	Fruit, Leaf	Constipation, skin infection	Fruit pulp consumed; leaf paste applied externally
<i>Chloroxylon swietenia</i>	Bark, Wood	Diarrhoea, dysentery	Bark decoction taken orally
<i>Diospyros melanoxylon</i>	Bark, Fruit	Diarrhoea, toothache	Bark decoction for diarrhoea; fruit used for toothache
<i>Garuga pinnata</i>	Bark, Leaf	Rheumatism, fever	Bark paste applied on joints; leaf decoction taken
<i>Grewia tiliifolia</i>	Bark, Fruit	Fever, urinary problems	Bark decoction taken orally
<i>Lannea coromandelica</i>	Bark	Wounds, fractures	Bark paste applied on wounds and fractured bones

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Species Name	Part Used	Ailments Treated	Mode of Preparation/Use
<i>Mallotus philippensis</i>	Fruit, Seed	Skin diseases, anthelmintic	Fruit powder applied externally for skin diseases
<i>Mangifera indica</i>	Bark, Leaf	Diarrhoea, skin diseases	Bark decoction for diarrhoea; leaf juice for skin
<i>Phyllanthus emblica</i>	Fruit	Diabetes, cough, anaemia	Fruit consumed raw or as juice; dried fruit used in decoction
<i>Pterocarpus marsupium</i>	Bark, Heartwood	Diabetes, wounds	Bark decoction for diabetes; heartwood powder on wounds
<i>Schleicheria oleosa</i>	Bark, Leaf	Skin diseases, itch	Bark paste applied topically
<i>Semecarpus anacardium</i>	Seed, Bark	Arthritis, skin diseases	Seed oil applied externally; bark decoction for arthritis
<i>Syzygium cumini</i>	Bark, Seed	Diabetes, diarrhoea	Seed powder taken for diabetes; bark decoction for diarrhoea
<i>Tamarindus indica</i>	Fruit, Leaf	Constipation, fever	Fruit pulp consumed; leaf decoction taken for fever
<i>Terminalia bellirica</i>	Fruit, Bark	Cough, diarrhoea, eye diseases	Fruit powder mixed with honey for cough; decoction for diarrhoea

Species Name	Part Used	Ailments Treated	Mode of Preparation/Use
<i>Terminalia chebula</i>	Fruit	Digestive disorders, ulcer	Dried fruit powder taken orally
<i>Wrightia tinctoria</i>	Bark, Leaf	Skin diseases, psoriasis	Leaf paste and bark decoction applied on skin
<i>Xylia xylocarpa</i>	Bark	Fever, rheumatism	Bark decoction taken orally

5. Conservation Status and Threats

Sacred groves in the Eastern Ghats face a complex array of anthropogenic pressures. The Vaatangi Sacred Grove, while currently protected through religious taboos and community oversight, is subject to increasing edge effects from adjacent agricultural fields, road widening, and the gradual erosion of traditional knowledge among younger generations. The grove's location within a notified tribal area (Scheduled Tribe region) offers some degree of informal legal protection; however, formal recognition under the Indian Forest Act or Biodiversity Act (particularly as a Community Conserved Area) would significantly enhance its long-term security.

The dominance of a single girth-class (61–90 cm) and the paucity of individuals in the lower girth-classes (<30 cm) may indicate that natural regeneration is inhibited by livestock browsing a common threat in village adjacent groves and possibly by the periodic removal of undergrowth for temple maintenance. Documentation and registration of the grove under the Biological Diversity Act, 2002, in conjunction with the National Biodiversity Authority and State Biodiversity Board, would facilitate conservation planning and provide access to conservation funds. Community based biodiversity management plans (BMPs) could formalise the existing de facto conservation while incorporating modern ecological monitoring.

6. Conclusions

The Vaatangi Sacred Grove harbours a diverse assemblage of 60 tree species across 29 families, reflecting the ecological integrity maintained through indigenous religious conservation practices. *Garuga pinnata*, *Bridelia airy-shawii*, *Terminalia bellirica*, and *Mallotus philippensis* are the keystone ecological dominants as indicated by their IVI values. Girth-class distribution suggests a structurally mature forest with indications of limited natural regeneration in the smaller size classes. Ethnomedicinal surveys documented 23 medicinally significant species, including the IUCN Vulnerable

Pterocarpus marsupium, underscoring the grove's dual value as a biodiversity repository and a living pharmacy for local communities. Formal legal recognition, community engagement, and integration with biodiversity conservation policies are urgently recommended to safeguard this culturally and ecologically significant landscape element.

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