

# Herbal Instillation of Alloplastic Bone Grafting Materials - A Literature Review on a New Frontier in Regenerative Medicine

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## ABSTRACT

Critical-size bone defects caused by traumas, pathology or periodontal disease still persist as a leading cause of clinical challenge, which may involve giving grafting procedures to regain structure and functionality. The biological gold standard of grafts is considered autologous, because of their osteogenic nature- Osteo inductivemand osteoconductive, but the applications are restricted by the donor-site morbidity, limited availability of grafts and prolongation of operating time. Supply is relieved by allografts and xenografts but limiting factors contain threats of immunogenicity, disease transmission and ethics. Alloplastic grafts (hydroxyapatite ) including 3-calcium phosphate and bioactive Glass all provide sterile, biocompatible, and easily available substitutes; but, their osteoconductive properties are predominant leading to poor biological functionality. Recent progresses in regenerative medicine have introduced the use of herbal phytochemical in synthetic frameworks to improve biological activity. Phytoconstituents include: curcumin, Cissus quadrangularis and polyphenolic compounds demonstrating osteogenic, anti-inflammatory, antioxidant and pro-angiogenic functions. These molecules may be used to enhance greatly when incorporated into polymeric or ceramic alloplasts enhancing Cellular differentiation, vascularization and matrix mineralization, which essentially converts passive scaffolds into bioactive, biomimetic grafting systems. This is a review of the current evidence on the physicochemical properties of alloplastic materials, herbal functionalization methods and preclinical evidence of increased bone regeneration. Collectively, herbal-reinforced alloplasts are a new graft type that is less expensive, biologically responsive, and cost-effective, high-potential clinical translation substitutes.

**Keywords:** Herbal-Functionalized Alloplastic Grafts, Bone Tissue Engineering, Calcium Phosphate Biomaterials , Curcumin and Cissus quadrangularis, Bioactive Composite Scaffolds.

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## INTRODUCTION

It is a natural human ability to have a most amazing repairing capacity on the skeleton but it is not unlimited. Bone loss of high-energy trauma, tumour resection, chronic infection, congenital or periodontal disease of advanced stage may result in defects that are beyond the normal capability of the body's regenerative potential. These are known as critical-sized defects (CSDs) which are defects in the bones that will not cure itself in the life of the organism, and

therefore needs to be operated to be regain form and function <sup>[1,2]</sup> . There is a high clinical burden with millions of operations of bone grafting conducted annually in the orthopaedic, trauma, and maxillofacial fields and highlighting both their frequency and clinical imperative. The problem is especially critical in the field of dentistry, where tooth when this hastens the onset of progressive and irreversible bone resorption of the alveoli, 40%60% loss in ridge volume in two to three yearsmis possible. This impairs

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morphology with serious consequences, location of implants and predictability of Aesthetic and functional rehabilitation. Consequently, processes like ridge augmentation, sinus lift and socket preservation have become the order of the day, the use of which demands effective bone grafting materials. With an aging population and with the growing expectation of patients, the need to have predictable and advanced bone regeneration persists to rise. Over the decades, autografts have been the gold standard in the area of bone grafting harvested from donor sites, including the iliac crest, mandibular ramus, symphysis, or fibula. They provide all the necessary unique characteristics of an ideal bone healing: osteogenesis, osteo induction, osteo conduction, and osteointegration. Osteogenesis is a source of viable osteoblasts in the graft, Osteo induction activates host mesenchymal stem cell differentiation through BMPs growth factors, Osteo conduction provides a scaffold of vascular and cellular ingrowth, and osteointegration provides a guarantee of a bone direct union graft and host. Even with this biological superiority, autografts are offered some serious complications, the main of which are donor-site morbidity, such as chronic pain, infection, nerve damage, etc. hematoma, fractures and gait disturbances. Other factors are the dearth of volume, longer working hours, loss of blood, expense, and susceptibility of postoperative resorption to deteriorate long-term stability. These constraints have spurred the quest to find other bone replacements. Biological alternatives that solve the supply problem and the supply side have surfaced in the form of allografts and xenografts. Autografts are associated with morbidity issues. Allografts are obtained of human donors and tissue banks process them, whereas xenografts, which are usually bovine, do not deproteinize. They come in various formats and provide an off-shelf solution that does not need donor-site complications. Those, however, have their price, such as the risks of transmission of the disease (notwithstanding severe screening and sterilization), possible immunogenicity, and the loss of osteo inductive properties in an irradiation or other processing methods, demineralization, which are capable of denaturing the critical growth factors. Ethical, religious and personal issues of human or animal origin could also restrain acceptance. Alloplastic materials are needed to counter the biological and ethical constraints of allografts and xenografts as synthetic, inorganic, biocompatible alternative have been created. These materials offer infinite supply, perfect sterility, eradication of

transmission of the disease, decrease of morbidity, and good acceptance by the patient and equally good physicochemical characteristics. The evolution from autografts to allografts and then to alloplasts demonstrates a series of progressive problems solving cascade: allografts overcame the disadvantages of autografts, but at the expense of immunogenicity and disease, whereas alloplasts eliminated biological risks altogether. However, their primary drawback is their lack of inherent biological activity. While excellent osteo conductors, alloplasts are bio-inert and lack osteogenic cells and osteo inductive signaling molecules, resulting in a significant “bio-functionality gap” that limits their regenerative potential. Recognizing these challenges, recent research has shifted toward developing multi functional composite grafts that integrate the structural advantages of alloplasts with additional bioactivity<sup>[3,4]</sup>This review proposes herbal reinforcement as a promising strategy to address the osteo inductive deficit of alloplastic materials. Bioactive phytochemicals derived from medicinal plants possess osteogenic, anti-inflammatory, and angiogenic properties that could enhance the regenerative capacity of synthetic scaffolds. By functionalizing alloplasts with such phytochemicals, it may be possible to create composite grafts that not only provide mechanical support but also actively modulate the biological microenvironment to promote more robust and accelerated bone healing. This approach aims to produce a more biomimetic and therapeutically potent bone graft capable of bridging the current biological limitations of synthetic scaffolds while maintaining their safety and availability. This review explores the scientific foundations of this emerging concept, including the characteristics of alloplastic materials, the pharmacological mechanisms of relevant herbal agents, engineering considerations for composite scaffold fabrication, and the growing preclinical and clinical evidence supporting their potential application in bone regeneration.

### OVERVIEW OF BONE MATERIAL GRAFTS

#### 2.1 Biological Grafts: Autografts, Allografts, Xenografts

2.1.1 Autografts: Autografts provide the most favourable biological environment for bone healing because they possess osteogenic cells, osteoconductive matrix, and osteogenic signaling molecules . Despite these advantages, autografts are limited by: donor-site pain, infection risk, hematoma, structural weakening, limited available volume for large defects.<sup>[5,6]</sup>Thus,

although biologically ideal, autografts are often impractical for extensive reconstructions.

2.1.2 Allografts: Allografts avoid donor-site morbidity and offer greater availability than autografts. Processing methods such as freeze-drying, demineralization, and irradiation reduce antigenicity but can also degrade osteo inductive proteins like BMPs. As a result, allografts remain useful but show lower regenerative potential than autografts<sup>[7]</sup>

2.1.3 Xenografts: Xenografts derived from bovine bone closely resemble human mineral composition and provide a stable osteoconductive scaffold. They integrate slowly, resulting in long-term dimensional stability, but patient acceptance may be limited by immune concerns, cultural or ethical issues, and the loss of biological proteins during processing.

## 2.2 Synthetic (Alloplastic) Bone Substitutes:

Alloplastic materials provide sterility, unlimited availability, and predictable handling properties. Their main advantage is osteo conduction, offering a scaffold for new bone formation. Key types include calcium phosphate ceramics, bioactive glass, and polymeric scaffolds, each contributing differently to regeneration<sup>[8,9]</sup>

2.2.1 Calcium Phosphate Ceramics (Hydroxyapatite & Tricalcium Phosphate): Hydroxyapatite provides excellent biocompatibility with slow resorption, while  $\beta$ -TCP resorbs faster and supports quicker bone turnover. Biphasic calcium phosphate combines both to balance stability and resorption for predictable outcomes. Overall, these materials offer reliable osteo conduction with strong preclinical and clinical support.

2.2.2 Bioactive Glass: Bioactive glass forms an HCA layer that enables strong bonding with bone. Newer formulations enhance osteogenic and angiogenic activity through controlled ionic release. However, despite its bioactivity, it often requires polymer or ceramic reinforcement to improve mechanical strength<sup>[10]</sup>

2.2.3 Polymeric Scaffolds: Natural and synthetic polymers like collagen, gelatin, PCL, and PLGA provide tunable porosity, controlled degradation, and strong drug-loading capacity. Techniques such as 3D printing and electrospinning allow precise scaffold design that supports cell migration and vascularization. Although mechanically weaker, polymers function effectively as carriers for growth factors, ceramics, and herbal bioactive compounds<sup>[11]</sup>

## 2.3 Clinical Requirements for an Ideal Bone Graft

An optimal graft material should provide:

1. Mechanical Stability – ability to maintain space and resist collapse under physiological load.

2. Biological Responsiveness – support for osteogenesis, angiogenesis, and remodeling.

3. Controlled Degradation – synchronization with new bone formation.

4. Customizability – capacity for patient-specific fabrication using technologies such as 3D printing

5. Potential for Bioactivation – ability to integrate bioactive molecules, including herbal Phytochemicals, to enhance healing

## 2.4 Emerging Need for Hybrid or Composite Grafts

No single graft material meets all clinical requirements, leading to growing interest in hybrid Composite grafts that combine structural scaffolds with biological signaling agents. Phytochemicals such as curcumin and *Cissus quadrangularis* effectively enhance osteogenesis,<sup>[12]</sup> Angiogenesis, and inflammation control when integrated into synthetic materials

## CALCIUM PHOSPHATE ALLOPLASTS

### 3.1 Overview of Calcium Phosphate Ceramics

Calcium phosphate ceramics are widely used synthetic bone substitutes because their composition closely resembles natural bone and they offer excellent biocompatibility with reliable Osteo conduction<sup>[13]</sup>. They are commonly applied in maxillofacial and orthopaedic procedures, with the main types—hydroxyapatite (HA),  $\beta$ -tricalcium phosphate ( $\beta$ -TCP), and biphasic calcium phosphate (BCP)—each providing different degradation rates and regenerative behaviour.

### 3.2 Hydroxyapatite (HA):

Hydroxyapatite has a Ca/P ratio similar to natural bone, giving it high biocompatibility and strong bonding capacity, with slow degradation that supports long-term volume stability. It is an effective Osteoconductive scaffold that promotes cell adhesion and bone ingrowth, though its slow resorption may leave residual particles at the graft site<sup>[14,15]</sup>. Despite its stability, HA's minimal remodeling and brittleness limit its use in large or load-bearing defects.

### 3.3 $\beta$ -Tricalcium Phosphate ( $\beta$ -TCP):

$\beta$ -TCP is more soluble and resorbs faster than HA, allowing gradual replacement by new bone during Healing. It supports strong cellular infiltration and early osteogenesis, with studies showing near-complete resorption and direct bone integration<sup>[16]</sup>. However, its rapid degradation can lead

to volume loss in larger defects, often requiring combination with more stable materials.

### 3.4 Biphasic Calcium Phosphate (BCP):

BCP combines HA and  $\beta$ -TCP—often in a 60:40 ratio—to balance HA's stability with TCP's resorbability, resulting in a predictable degradation profile. It provides reliable osteo conduction, improved vascular penetration through its interconnected pores, and supports balanced bone remodeling suitable for various clinical applications. BCP maintains structural integrity better than  $\beta$ -TCP and does not exhibit long-term persistence as is the case with HA, thus useful in sinus lifts and ridge augmentation<sup>[17]</sup>.

### 3.5 Porosity and Microstructure

The ratio of the longest and shortest gas and liquid paths in solid phase channels is determined to establish the porosity and microstructure. The size of the optimal pore (200-500  $\mu$ m) and the ability to move through pores interconnected inside the structure increase the migration of osteoblasts, vascularization, and general graft colonization. Micro-scale roughness enhances adhesion of osteoblasts and differentiation, whilst nano-scale features enhance protein adsorption and early cell differentiation.<sup>[18,19]</sup>

### 3.6. Allopaste

Calcium phosphate allopastes are commonly used for augmentation of the alveolar ridge, sinus lifting while HA and BCP for periodontal regeneration, socket preservation, and filling non-load bearing defects.

### 3.7 Limitations and the Bioactivation Requirement.

Even though the calcium phosphate ceramics have good osteo conduction, they have no osteo inductive behavior. They form properties and depend on the biological response of the host. Their bioactivity can be enhanced by the addition of proteins, peptides, ionic molecules, herbs osteogenic molecules such as curcumin, etc. *Cissus quadrangularis*, and polymer ceramic composites which augment biological interactions.<sup>[20]</sup> These plans are to convert calcium phosphate ceramics of passive scaffolds into active bio responsive grafts that have higher regenerative capabilities.

### BIOACTIVE GLASS AS A BONE GRAFT SUBSTITUTE

Bioactive Glass is a versatile synthetic graft material that chemically bonds to the bone forming a hydroxycarbonate apatite (HCA) coating like natural bone mineral. Modern preparations improve

Osteogenic and angiogenic capacity by regulated glass network ionic dissolution.

### 4.1 Composition and Mechanism of Action

SiO<sub>2</sub>, CaO, Na<sub>2</sub>O, and P<sub>2</sub>O<sub>5</sub> composites are found in bioactive glass, and it is subject to ion exchange, silica-layer formation, and calcium phosphate nucleation when implanted, finally to an HCA Layer. This is a HCA layer that promotes osteoblast adhesion and a chemical bond of strong strength with surrounding bone tissue biomaterials.

### 4.2 Biological Effects of Bioactive Glass

Bioactive Glass releases ions of dissolution that promote growth and differentiation of osteoblasts, as well as, osteogenic. Formation of matrices, stimulates osteogenesis of the defect site. The ionic release is also controlled. Stimulates pro-angiogenic action such as VEGF, which enhances vascular ingrowth needed by bone. Regeneration. Also, an increase in the local pH and osmotic activity forms an antimicrobial. Setting that can assist in risk reduction of infection.<sup>[21]</sup> Bioactive Glass comes in the form of granules, putties, porous scaffolds, and based on polymer or ceramic.

### 4.3 Forms and Clinical Uses.

It can be applied in sinus augmentation, ridge reconstruction, periodontal defect repair and more. Craniofacial bone regeneration, in which its high bioactivity is useful in creating bone very fast, vascularization. Pure Bioactive Glass has the following limitations: 1. Mechanical Brittleness Pure bioactive glass is not mechanically strong enough to be used in the load bearing application. 2. Variable Resorption Rates It can stabilize the graft too quickly prior to the formation of sufficient bone. 3. Handling Challenges Granular forms are difficult to adapt to irregular defects, often requiring polymeric carriers or Composite support.

### 4.4 Polymer–Glass Composites

Combining bioactive glass with polymers like collagen, gelatin, PCL, Or PLGA improves handling, flexibility, and mechanical strength while retaining bioactivity.

**1.Ceramic–Glass Hybrids:** Blending bio glass with HA or  $\beta$ -TCP provides balanced bioactivity and Stability with enhanced osteo conduction and early bone healing.

**2.Herbal-Functionalized Bioactive Glass:** Incorporating phytochemicals such as curcumin enhance Osteogenic, angiogenic, and anti-inflammatory effects, adding herbal bioactivity to bio glass.

## 4.5 Clinical Relevance:

Bioactive glass is widely used for sinus lifting, ridge augmentation, and periodontal defect repair due to its strong chemical bonding capability and stimulation of cellular activity. It functions as an effective alternative or adjunct to calcium phosphate ceramics, but for large or mechanically demanding defects, it performs best as part of composite graft systems for added structural support [22]

## POLYMERIC SCAFFOLDS IN BONE TISSUE ENGINEERING

### 5.1 What is Polymeric Scaffolds?

Polymeric scaffolds play a vital role in bone tissue engineering due to their design flexibility, tunable Degradation, and compatibility with bioactive molecule incorporation. Both natural and synthetic Polymers can be fabricated into customized shapes with controlled porosity, making them excellent Carriers for growth factors, ceramics, and herbal phytochemicals .

### 5.2 Types of Polymeric Scaffolds

1.Natural Polymers: Collagen, gelatin, chitosan, alginate, and silk offer strong biocompatibility and Cell adhesion but have low mechanical strength, often requiring ceramic or synthetic reinforcement .

2.Synthetic Polymers: PCL and PLGA provide controlled degradation, mechanical stability, and Predictable processing, making them suitable for load-sharing and drug-delivery applications .

### 5.3 Design Criteria for Polymeric Scaffolds

Porosity & Interconnectivity: Interconnected pores (100–500  $\mu$  m) enable nutrient diffusion, Vascularization, and cell migration .

-Controlled Degradation: Scaffold degradation should match new bone formation to prevent Collapse or residue build up .

-Mechanical Strength: Synthetic polymers like PCL provide superior mechanical stability compared To natural polymers.

-Surface Bioactivity: Chemical modifications or added peptides/phytochemicals enhance cell Adhesion and osteogenic differentiation .

-Fabrication Flexibility: Techniques such as electrospinning and 3Dprinting allow precise control of pore structure and scaffold geometry[23]

### 5.4 Fabrication Techniques for Polymeric Scaffolds

1. 3DPrinting / Additive Manufacturing: Enables patient-specific scaffolds with

precise pore Geometry and controllable mechanical properties .

2. Electrospinning: Produces nanofibers that mimic natural ECM, enhancing cell adhesion and early Osteogenic signaling .

3. Freeze-Drying & Solvent Casting: Creates interconnected porous structures suitable for ceramic or Phytochemical loading, though with less architectural precision than modern methods.

### 5.5 Benefits of Polymeric Scaffolds.

1. Effective Carriers: They are good carriers of herbal extracts, growth factors and drugs.

2. Tunable Degradation: They can be adjusted to the degradation rates to correspond to healing requirements.

3. Surface Adaptability: They can be altered to increase cell binding and bioactivity to their surfaces.

4. Composite Compatibility: They can be mixed with ceramics and bioactive glass to increase the strength And performance.

5. Custom Fabrication: They are susceptible to being fashioned into patient particular structures to allow faultless defects. Reconstruction. Natural polymers provide better biocompatibility, whereas synthetic polymers are able to offer. Greater mechanical characteristics and regulated degradation.[24]

### 5.6 Restraints of Polymer-Only Scaffolds.

1. Low Mechanical Strength: Pure polymeric scaffolds do not have enough mechanical strength to bear a load Applications.

2. Reduced Osteo conductivity: They offer reduced osteo conduction to that of calcium phosphate. Ceramics.

3. Variable Degradation: Natural polymers have unpredictable degradation. Due to these drawbacks, polymers scaffolds are seldom applied on their own and are often integrated. In combination with ceramics or bioactive glass in order to enhance regenerative performance.

### 5.7 Polymeric Composites in Regeneration of Modern Bones.

1. Polymer -Ceramic Composites: A combination of polymers and HA or TCP enhances the strength mechanically. And osteo conductivity, and enabling extensive clinical use.

2. Polymer–Bioactive Glass Composites: These mixtures will improve handling and offer.

Prolonged discharge of ions which invigorates osteogenesis and angiogenesis.

3. Polymer -Herbal Composites: Phytochemicals such as curcumin and Cissus are loaded into polymers. The quadrangularis can be used in the control of release and long-term biological outcomes that enhance osteogenesis. Angiogenesis, and the minimization of inflammation.<sup>[25]</sup>

## 5.8 Clinical Uses of Polymeric Scaffolds.

Guided bone regeneration, periodontal defect repair, controlled Polymeric scaffolds find extensive application in guided bone regeneration, delivery of drugs, 3D-printed grafts, and complexes of herbal bioactive Agents. They are adaptable and can be combined with ceramics, bioactive glass and phytochemicals, the important ingredients of bioactive bone grafts of the next generation.<sup>[26]</sup> Bioactive Agents in bone tissue engineering are naturally occurring and are known as Herbal agents.

## WHY HERBAL PHYTOCHEMICALS?

### 6.1 Introduction.

Traditional alloplastic grafts are structurally stable but biologically inert and this has given rise to Production of more bioactive scaffolds through incorporation of herbal phytochemicals. Compounds like Curcumin and Cissus quadrangularis have natural osteogenic, anti-inflammatory, and angiogenic. Effects that have a significant improvement in graft performance and assist in bridging the bio functionality gap in Synthetic materials<sup>[27]</sup>

### 6.2 Herbal Compounds in Bone Regeneration.

1. Osteogenic Stimulation: Runx2 and ALP transcription factors are upregulated by Phytochemicals. Improving osteoblast mineralization and differentiation.
2. Anti-inflammatory Effects: They suppress the effects of inflammatory cytokines including TNF- 1 and IL-1. An excellent bone healing atmosphere.”
- “3. Antioxidant Effect: A large number of herbal molecules neutralize ROS to protect osteoblasts against oxidative. Stress during regeneration .
4. Angiogenic Support: They stimulate endothelial proliferation and VEGF expression ,Improving vascularization at the site of defects .Collectively, these processes play a significant part in improving. Regenerative capacity of alloplastic scaffolds.

### 6.3 Benefits of Herbal Agents Compared to Traditional Biologics.

1. Affordable & Easily accessible: Herbal compounds are cheap and readily available.
2. Poor Immunogenicity: They are not very dangerous of immunogenicity.
3. High Stability: They have good thermal and chemical stability in the process of scaffold fabrication.
4. Multi-Pathway Activity: They are osteogenic, anti-inflammatory, anti-oxidant, and Angiogenic pathways.
5. Extensive Compatibility: They are compatible with polymers, ceramics, and bioactive Glass. Such benefits render the molecules of herbs the best choice in composite scaffold engineering.

### 6.4 Herbal Compounds of Bone Regeneration.

#### 1. Curcumin

Curcumin has potent anti-inflammatory action, antioxidant action, and induction of Osteogenic, osteoclastogenesis inhibition, and better Osseointegration upon incorporation by scaffolds, as makes it a highly useful multifunctional herbal additive.

#### 2. Cissus quadrangularis

Cissus quadrangularis aids in fracture healing by increasing the rate of bone formation, which is improved. Osteoblast growth and mineralization, and significant antioxidant and anti-inflammatory effect, Rendering it a potent supplement of alloplastic scaffolds.

#### 3. Further Phytochemicals of the Herbs.

Other plant products have also been shown to stimulate, flavonoids, polyphenols, terpenoids, and herbal sterols. Angiogenesis, synthesis of the matrix, and osteogenic differentiation, which adds to regenerative outcomes.<sup>[28]</sup>

### 6.5 The synthetic scaffolds have been used to incorporate the Herbal Molecules.

1. Surface Coating: Surface scaffolds are covered with herbal extracts, which increase cell adhesion and overall bioactivity .
2. Polymer Encapsulation: Polymers such as PLGA and PCL allow the release of under controlled and sustained release of Phytochemicals so as to sustain the long-term effects.
3. Composite Blending: This involves the direct mixing of herbal molecules with HA, B-TCP or bio glass. Bioactive composite grafts .
4. Nanocarrier Systems: Phytochemicals that are nano-formulated enhance their solubility,

# Herbal Instillation Of Alloplastic Bone Grafting Materials-A Literature Review On A New Frontier In Regenerative Medicine

stability and cellular. Absorption, which leads to improved osteogenic reactions.<sup>[29]</sup>

## 6.6 Safety and Biocompatibility.

Compounds of herbs do not tend to be immunogenic and are widely biocompatible. Long history of medical use. Their natural origin enhances patient acceptance, too, by decreasing. Issues related to animal based or genetically modified materials.

## 6.7 Impact of Herbal Agents in Current Graft Design.

Synthetic scaffolds are bio responsive due to the incorporation of herbal molecules. Fibroblast-like multifunctional grafts that are able to: stimulate osteogenesis, modulate inflammation, promote angiogenesis, increasing the scaffold bone integration. This is consistent with the modern trends of regeneration. Objective of coming up with intelligent composite materials is that they join engineering stability with biological intelligence.<sup>[30]</sup>

## HERBAL AGENT - CURCUMIN

### 7.1 Introduction

One of the polyphenolic compounds that are derived by *Curcuma longa* (turmeric) is curcumin. Primarily studied herbal molecules in bone regeneration. It has anti-inflammatory, antioxidant, bone forming and anti-resorptive properties which make it very suitable to be incorporated into artificial scaffolds. These are multifunctional effects that can counter the biological constraints of Traditional alloplastic grafts.<sup>[31]</sup>

### 7.2 Curcumin Biological Pathways in Bone Regeneration.

1. Anti-inflammatory Effect: Curcumin decreases TNF- $\alpha$ , IL-1 $\beta$  and COX 2 and decreases chronic inflammatory mediators, slowing bone formation inflammation.

2. Antioxidant Protection: It cleanses the ROS, reducing the oxidative stress levels and favoring the early osteoblast survival.

3. Osteogenic Stimulation: Curcumin enhances Runx2, ALP and osteocalcin expression that promotes differentiating and mineralization of osteoblasts.

4. Osteoclastogenesis Inhibition: It blocks the process of osteoclast formation mediated by RANKL by controlling NF-KB pathways, balancing bone remodelling.<sup>[32]</sup>

5. Angiogenic Effects: Curcumin promotes the VEGF expression and maintains new blood vessels to enhance nutrients and oxygen supply.

### 7.3 Limitations of Pure Curcumin.

Curcumin is not well soluble in water, it is not well absorbed, it is metabolised very quickly, and it degrades rapidly. Scaffold-based delivery systems are able to address these problems by providing greater systemic activity enabling sustained release that is localized.

### 7.4 Systems of Curcumin-Enhanced Bone Regeneration Delivery.

1. Ceramic-Based Scaffolds (HA/TCP/BCP): Curcumin loaded calcium phosphate ceramics enhances early osseointegration, mineral deposition, bone activity, and improves osteoblasts formation of bone in critical-size defects.

2. Polymeric Scaffolds: Compared to curcumin alone, wrapping it in PCL, PLGA, collagen, or gelatin gives it better sustained release and stabilization of the molecule, which enhances osteogenic signaling.

3. Nano-Formulated Curcumin: The Nanoparticle delivery enhances the solubility, bioavailability of curcumin and cellular absorption enhancing quick osteoblast adhesion, and decreasing oxidative damage.

4. Bioactive Glass -Curcumin Composites: Bio glass delivers osteo stimulatory ions, whereas, curcumin incorporates anti-inflammatory and restorative properties and produces a dual-functional regenerative scaffold.

### 7.5 Biological Outcomes of Curcumin-Enhanced Scaffolds:

There is improved ALP activity and more mineralized nodule formation with scaffolds loaded with curcumin. Increased bone volume and density, decreased inflammation, and enhanced neovascularization as well as graft regenerative properties in in-vivo and in vitro studies. These results substantiate the strong regenerative properties of curcumin potential.

### 7.6 Benefits of Curcumin-Functionalized Scaffolds.

1. Safe and Biocompatible: Curcumin is naturally tolerated.

2. Multifunctional Activity: It has osteogenic, anti-inflammatory and antioxidant activity simultaneously.

3. Enhanced Osseointegration: Curcumin improves syntheses of synthetic grafts.

4. Cost-Effective: It is cheaper compared to other factors of growth like BMPs.

5. Versatile Incorporation: Curcumin can be incorporated readily in polymeric, ceramic or composite scaffolds.<sup>[34]</sup> On the whole, curcumin alters passive alloplastic grafts to highly active regenerative materials.

### 7.7 Clinical Applications of Curcumin-Enhanced Scaffolds.

It has a high potential to augment the alveolar ridge by curcumin-loaded scaffolds, sinus lifting, in the treatment of larger defects when applied to peri-implant osseointegration, periodontal bone repair. Despite the clinical trials being scarce, there exists strong preclinical support of their future translational use<sup>[45]</sup>

## HERBAL AGENT - CISSUS QUADRANGULARIS (CQ).

### 8.1 Introduction to *Cissus quadrangularis* (CQ).

*Cissus quadrangularis* is a traditional ayurvedic herb, which is used in fracture-healing with the property of strong osteogenic, anti-inflammatory and antioxidant effects that are confirmed by modern studies. Stimulate bone repair upon inclusion in scaffolds.<sup>[33]</sup> The reason why it is particularly useful is that it imparts the same effect as with good biological stimulation at a significantly lower price and without the immune disadvantages of recombinant growth factors.

### 8.2 Bioactive Constituents of *Cissus quadrangularis*.

CQ has keto sterones, flavonoid, triterpenoid, vitamin C and calcium rich constituents that synergistically improve osteogenesis, promote collagen-synthesis, offer antioxidant coverage and stimulate mineralization of callus at an early stage.<sup>[34,35]</sup>

### 8.3 Mechanisms in Bone Regeneration.

1. Osteoblast Activation: CQ increases the proliferation, differentiation, mineralization of osteoblasts. Enhances ALP, osteocalcin production and collagen production.
2. Collagen Stabilization: Vitamin C and anabolic phytochemicals facilitate cross-linking of collagen and enhance the extracellular matrix.<sup>[36]</sup>
3. Anti-inflammatory Effects: CQ reduces the inflammatory mediators and results in a more advantageous situation with conditional environment of bone healing.
4. Antioxidant Protection: It decreases the intensity of the reactive oxygen species and enhances antioxidant defense, preventing osteoblast oxidative harm.
5. Angiogenic Support: CQ enhances the rapid development of vascularity, which is beneficial in providing nutrients to fresh bone Formation.

### 8.4 Preclinical Experience.

CQ enhances formation and mineralization of callus, enhancing the mechanical strength of new bone. It promotes the activities of osteoblasts, and decreases

inflammatory and oxidative stressors of healing.<sup>[37]</sup> These results affirm its high usefulness as a bioactive supplement in artificial grafts.

### 8.5 Scaffold Systems With *Cissus quadrangularis*.

1. Ceramic Scaffolds (HA/TCP):CQ is used together with calcium phosphate ceramics to enhance early osteoblast adhesion, mineral deposition, and regulated osteoclastic remodelling, using ceramics structuring and CQ giving biological signaling.
2. Polymeric Scaffolds: CQ encapsulator is able to be used as a controlled-release system within PLGA, PCL or gelatin that are above therapeutic levels during healing.<sup>[38]</sup>
3. Composite Scaffolds: CQ-polymers/ceramics produce multifunctional biocompatible composites with improved mechanical and biological characteristics, improved vascular infiltration, decreased inflammation, and faster osteogenesis, which are closely similar to the bone healing process in nature.

### 8.6 Benefits of CQ as Bioactive Supplement.

1. Naturally Safe& Affordable: CQ is cheap and safe to use.
2. Powerful Osteogenic Activity: It enhances premature bone mineralization and formation.
3. Antioxidant/ Anti-inflammatory: CQ inhibits oxidative stress and inflammation in the healing process.
4. Wide Compatibility: It is compatible with polymers, ceramics and bio glass.
5. Better Early Healing: CQ induces early bone regeneration better than most synthetic drugs.
6. Ethically Acceptable: It does not raise the issues surrounding animal materials.

### 8.7 Clinical uses of CQ-Enhanced Scaffolds.

CQ-integrated scaffolds have potentials to repair the fractures, alveolar bone, periodontal bone regeneration, sinus floor elevation, ridge augmentation and in composite phytochemicals that have to be constantly delivered through systems.<sup>[39,40]</sup>

## 9. ANIMAL AND IN-VITRO MODELS BONE REGENERATION RESEARCH

Preclinical analysis plays a vital part in evaluating the safety, osteogenesis, angiogenesis, and others. Bone grafts and herbal-functionalized scaffolds biocompatibility both by in-vitro experiment and animal models<sup>[41,42]</sup> have been assessed. In-vitro tests- such as MTT cytotoxicity tests, ALP activity measurement, Alizarin Red S mineralization assay, and osteogenic gene expression give quick screening of

## Herbal Instillation Of Alloplastic Bone Grafting Materials-A Literature Review On A New Frontier In Regenerative Medicine

scaffold bioactivity, most specifically of phytochemical-loaded systems.<sup>[43]</sup>

Animal models such as small Rodents and more large-bodied species bearing human-like bones make it possible to judge vascularization, remodelling, biomechanical, and host-material interactions. Critical-size defect models are the best standard of confirming real osteo inductive capability, which can be assessed. Osteo conduction, biodegradation, and integration, and herbal-enhanced scaffolds including Curcumin, Cissus quadrangularis, and ginsenosides are proven to accelerate healing.<sup>[44]</sup> Despite their worth, constraints continue to exist as a result of species variation, high turnover rate in the bones of small animals, moral resistance, and the lack of capacity to reproduce mechanical or immune functionality in-vitro environments.

Type 2 diabetic rats with bony defects treated with PLGA Microspheres incorporated into a Curcumin-loaded Scaffold demonstrated greater bone formation capability when compared to pure Scaffold. Ginsenoside Rb1 (local application Implied) showed excellent osteogenic effects in rats calvarial defect models and successfully repaired the defect in vivo. In a clinical trial, Cissus Quadrangularis combined with bovine hydroxyapatite in humans with periodontal Intra bony Defect showed a trend towards improved bone fill, although the results were not statistically significant compared to hydroxyapatite alone. Aligipore™ (Algae-derived HA), evaluated in a clinical study for maxillary sinus augmentation, demonstrated a 95% implant success rate in a 14-year retrospective study of sinus grafts<sup>[45-47]</sup>.

### FUTURE DIRECTION AND CLINICAL TRANSLATIONAL POTENTIAL OF HERBAL-FUNCTIONALIZED ALLOPLASTS

#### 10.1 Requirement of Next-Generation Bioactive Alloplastic Grafts.

Regeneration of the bones is moving towards the inert alloplasts, multifunctional, biologically active graft systems due to the fact that artificial materials, although sterile, stable and in large supply, are not endowed with intrinsic qualities, Osteo inductive properties. Next-generation implants will focus on increasing osteo induction stimulus, angiogenesis, control inflammation, and integrate with host bone, and are cost-effective. Introduction of herbal bioactive molecules in synthetic scaffolds is promising.

#### 10.2 Why Herbal Reinforcement is a Transformative Strategy?

Phytochemicals like curcumin, Cissus quadrangularis and ginsenosides have highly exhibited Osteogenic, antioxidant, anti-inflammatory and angiogenic actions. They activate osteoblast, differentiate, inhibit inflammatory cytokines, support angiogenesis, mitigate oxidative stress and increase mineralized matrix development. These natural compounds are usually comparable or even greater than synthetic biologically safe and cost-effectiveness growth factors.

#### 10.3 Benefits of Herbal-Functionalized Alloplastic Scaffolds.

1. Improved Biological Performance: Scaffolds that have been biofunctionalized with herbs are bio responsive, enhancing the initial cell attachment, vascularization and matrix development.
2. Very high Patient Acceptance: Plant-based ingredients do not create any ethical, cultural, or religious issues seen with xenografts.
3. Safety and Biocompatibility: The molecules of herbs are low immunogenicity with a long history. of safe medical use .
4. The microenvironment of Controlled Healing: Phytochemical release, a sustained release of phytochemicals regulates the inflammation, oxidative stress and osteoblast/osteoclast balance.
5. General Compatibility Herbal molecules are compatible with 3D-printed scaffolds, polymer-Ceramic composites, nanofibers, hydrogels and microspheres, that allow the design of grafts on a personal basis<sup>[48]</sup>

#### 10.4 Problems with Translation of Herbal-Functionalized Grafts to Clinical Process.

1. Controlled Release: Phytochemicals need to be secured against degradation as they are discharged at constant therapeutic levels to promote regeneration.
2. Herbal Extracts Standardization: Natural variation in plant composition lowers reproducibility. It is necessary to make pharmaceutical-grade standardization.
3. Complexity of Regulatory: Herbal-functionalized scaffolds are considered as a combination products, that dual regulatory review is needed as a device and a biologic.
4. Long-term Safety Studies: To ascertain that the absence of thereof is completely satisfied, long-term in-vivo studies are required to eliminate Perennial inflammation, poisoning, or negative reactions following degradation of scaffolds.
5. Large-Animal and Human Trials: Translation success requires large-animal trials followed by well designed human clinical trials.

## 10.5 Future Research Opportunities.

1. Smart Scaffolds With Responsive Release: Design stimuli-responsive polymers which release phytochemicals programmed by pH, temperature, or enzymatic signals.
2. Multi-Phytochemical Synergy: Conjugate curcumin, CQ and ginsenosides synergistic osteogenic and angiogenic behavior.
3. Bioactive Glass -herbal Hybrids: A combination of herbal phytochemical with ion releasing bio glass is used to maximize osteogenic and angiogenic reactions.
4. Herbal-Nanocomposite Scaffolds: Modify phytochemical stability with the use of nanocarriers to improve cellular absorption and allow selective deposition.
5. Patient-specific herbal Grafts- Design patients-specific 3D-printed scaffolds with herbal treatments depending on the size of the defect and the healing requirements.

## 10.6 Clinical Outlook of Alloplasts that are Herbal-Functionalized.

Alloplastic grafts enriched with herbs offer good balance between synthetic and biological safety. They demonstrate potential in enhancing the healing of critical-size defects, alveolar ridge augmentation, sinus floor elevation, periodontal regeneration and orthopaedic repair. These hybrid systems could be of great benefit with the development of scaffolds engineering and bioactive loading cutting down the use of autografts in clinical use in select cases.<sup>[49]</sup>

## CONCLUSION:

The treatment of giant defects of the bones still remains constrained by the biological limitation of present grafting procedures, especially the non-stimulating nature of the traditional alloplastic substances. Stiffening of these synthetic scaffolds using herbal phytochemicals is a potential approach to improve osteogenesis, angiogenesis and control inflammation whilst maintaining the safety and availability of alloplasts. Evolutionary preclinical research continues to show that compounds with passive scaffolds can be converted to bioactive by using ingredients such as curcumin and *Cissus quadrangularis*, the systems with stronger regeneration ability. Nevertheless, issues such as phytochemical are involved. Before standardization, controlled delivery, regulatory hurdles, and scalability have to be considered. It is possible to achieve clinical translation as nanotechnology, biomaterials engineering, and so on continue to advance. Herbal-functionalized alloplasts are intelligent scaffold design that has a high potential to develop into the future

generation of grafts with the capacity to produce predictable and complete bone regeneration.

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## Herbal Instillation Of Alloplastic Bone Grafting Materials-A Literature Review On A New Frontier In Regenerative Medicine

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## Herbal Instillation Of Alloplastic Bone Grafting Materials-A Literature Review On A New Frontier In Regenerative Medicine

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