

Isolation and Identification of *Bacteroides fragilis* in Baghdad

Luma Yousif Mehdi*, Mayada Noori Iqbal, Zeina Anwar Jaffar

Health and Medical Technical College/ Baghdad, Middle Technical University/ Iraq

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ABSTRACT

Bacteroides fragilis are anaerobic bacteria that cause diversified infections such as diarrhea and colorectal cancer, intra-abdominal infection, postoperative wound infection, and the most antibiotic-resistant among the anaerobic bacteria. This study for determination of the prevalence of *B. fragilis* from patients suffering from diarrhea, Colorectal cancer, Abdominal surgical abscesses and Vaginal inflammation and to determine the resistance of isolated against antibiotics. Samples of (145) patients with different cases were taken from Baghdad hospitals, by using culture, Api 20A kit and PCR were used to detect and confirm isolation and identification of *B. Fragilis*, disk diffusion was performed for antibiotic resistance. The prevalence rates of infection cases increased among children suffering from diarrhea were (11.7%), and colorectal cancer among elderly people were (11%), abdominal surgical abscesses were (9.7%) respectively, and resistance to most antibiotics. This study revealed that the *B. Fragilis* are important pathogens that frequently cause various infections, the antimicrobial resistance has accretion. The future advances research should explain the epidemiology of enterotoxigenic and also participate to the prevention of outbreaks human diseases.

Keyword: *B. fragilis*, Api20A system, PCR, sensitivity to antibiotics.

INTRODUCTION

Bacteroides fragilis is Gram-negative bacillus, an anaerobic and a normal flora community of the human gastrointestinal member of the tract and vagina and illustrate a common cause of endogenous infections in humans that is repeatedly associated with infections such as intraabdominal, diabetic foot, obstetric-gynecologic tract and surgical site infections, as well as toxin-dependent diarrhea in adults and children^{1,2}. Enterotoxigenic *B. fragilis* (ETBF) induced diarrhea in children has been reported by researchers in several parts of the world^{3,4} and associated with acute diarrheal disease, inflammatory bowel disease, and colorectal cancer (CRC) and established as a cause of diarrheal disease in all age groups globally now, with most reports focusing on young children and could be a cause for vaginitis. The *bft* gene is associated with colorectal neoplasia, especially in late-stage CRC and may be a risk agent for developing CRC. The option of antibiotics for curing are limited because of *B. Fragilis* are among the most resistant anaerobic to antimicrobial agents^{5,6,7}, and because reduction national data about the prevalence species of *B. fragilis* and their susceptibility to antibiotics in our city, so that the purpose of this work was to determine the prevalence of *B. Fragilis* in various samples and their antibiotic susceptibility.

METHODS

One hundred forty five (145) patient samples from different sources were collected from

Baghdad hospitals (Child protection teaching hospital, Baghdad teaching hospital, Private Nursing Home Hospital, Children teaching hospital). Sample were taken during the period of first of March 2018 till the end of September 2018.

Isolation of *B. Fragilis*: all samples were taken by sterile disposable cotton swabs, then inserted into Brain heart broth (Oxoid, UK) as transport media and take to the laboratory, each swab was spread on the surface of Columbia agar supplemented with { 5% blood, hemin 0.005 g/L and vitamin K 0.01 g/L, (Sigma Aldrich, UK)} ,and mycostatin (240 U/L), vancomycin (0.004 mg/L, Amikacin (0.01 g/L)(Oxoid, England), and Kanamycin-Vancomycin – Laked Blood (KVLB, Basal Medium is Brucella agar (Fluka) incubated anaerobically by Gas pack at 37C° for 24 to 48hrs. by anaerobic jar (Oxoid Anaerobic Jar with Anaerogen (AN0025,OXOID,UK) gas back Kit. The pure bacterial suspensions were used for API 20A biochemical to confirm identification tests⁸ (API 20A KIT, bioMerieux, Inc. USA) (Table:3). Colonial and microscopic morphology, Gram stain, and the enterotoxin gene (*bft*) was detected by PCR to confirm and complete the identification.

Antibiotic disk diffusion methods was performed with (Oxoid disks, UK). Antimicrobial susceptibility testing to six antimicrobials (Ampicillin, Vancomycin, Erythromycin, Metronidazole, Chloramphenicol, Rifampin) were carried out for (22) isolated by the disk diffusion method on Muellere Hinton agar with 5%

*Author for Correspondence: yousifnawar@yahoo.com

Table 1: Distribution of *B. Fragilis* Infections According to patients cases and difference between the methods for identification and conformation isolates .

Patients cases	Age groups /years	Patients No.	Samples	presumptively	Confirmation isolated by PCR
				Positive No.(%) by culture and Api20A	
Diarrhea	5 and less	41		7(13.7%)	5(9.8%)
	6-10	7		1(1.9%)	1(1.9%)
	11-15	3		0.00	0.00
	Total No.	<u>51</u>		<u>8(15.6%)</u>	<u>6(11.7%)</u>
Stool specimens from Colorectal cancer	60-70	22		3(6.7%)	2(4.4%)
	71-80	23		4(8.9%)	3(6.6%)
	Total No.	<u>45</u>		<u>7(15.6)</u>	<u>5(11%)</u>
Abdominal surgical Abscesses	25-35	16		3(9.7%)	2(6.5%)
	35-45	15		1(3.2%)	1(3.2%)
	Total No.	<u>31</u>		<u>4(12.9%)</u>	<u>3(9.7%)</u>
Vaginal inflammation	25-35	10		1(5,6%)	000
	35-45	8		1(5,6%)	1(5,6%)
	Total No.	<u>18</u>		<u>2(11%)</u>	000

Table 2: Api20A identification results of 22 isolates.

Test	Results
Indole (IND)	-
Urease (URE)	-
Glucose (GLU)	+
Manitol (MAN)	-
Lactose (LAC)	+
Saccharose (SAC)	+
Maltose (MAL)	+
Salicin (SAL)	-
Xylose (XYL)	+
Arabinose (ARA)	-
Hydrolysis(protase)(gelatin)GEL	-
Hydrolysis(β -glucosidase) (esculin)ESC	+
Glycerol (GLY)	-
Cellobiose (CEL)	-
Mannose (MNE)	+
Melezitose (MLZ)	-
Raffinose (RAF)	+
Sorbitol (SOR)	-
Rhamnose (RHA)	-
Trehalose (TRE)	-
Catalase (CAT)	+
Spores (SPOR)	-
GRAM reaction	-
COCC morphology	-

_ negative\ +positive

sheep blood (HiMedia, India). The plates were incubated at 37°C for 24 hrs. anaerobically. The inhibition zone was measured for each antibiotic were determined according to BSAC methods for antimicrobial susceptibility testing⁹.

DNA extraction

Bacterial genomic DNA was extracted from BHI broth samples by employment of Genomic DNA Purification kit (Promega, USA).

The enterotoxin gene was amplified by PCR amplification : the primers used were (forward, 5' -GAG CCG AAG ACG GTG TAT GTG ATT TGT-) and (reverse, 5'-TGC TCA GCG CCC AGT ATA TGA CCT AGT-) primer pairs (Alpha DNA, Canada) which were described previously¹⁰, expected products of amplification was 400 bp.

PCR amplifications were carried out in total reaction volumes of 50 μ l containing 50 pmol of each primer, 25 μ l of 2x Master mix (Accu power® PCR PreMix, BioNeer, Korea), 100 ng of DNA template and 22 μ l of nuclease-free water.

The amplification thermo cycle parameters condition were, 1min at 94C⁰, followed by 40 cycles of 45s at 94 C⁰, 45s at 52 C⁰ and 45 s at 72C⁰ and final extension of 7min at 72C⁰¹⁰.

Samples were loaded carefully into the individual wells of gel agarose, (Promega, USA) stained with ethidium bromide and then electrical power was turned on and identified by comparison with reference markers¹⁰.

RESULTS AND DISSCUSSION

The total samples (n= 145) were collected from patients with differentiated cases. The results showed that out of (145) samples 22(15%) of them were positive for *B. Fragilis* as presumptive isolates by using macroscopic and microscopic examination in addition to traditional biochemical tests, fourteen samples 15(10.3%) were positive for *B. Fragilis* and by using PCR methods for detection enterotoxin, maximum positive diarrhea cases were 6(11.7%), Colorectal cancer 5(11%), abdominal surgical abscesses 3(9.7%), Vaginal infection 1(5,6%) cases respectively .The disribution of *B.fragilis* infection according to the cases, the result shown a highly significant increase infection at diarrhea infection in children less than 5 years of age. (Table: 1).

Culture examination was done on Columbia blood agar under anaerobic conditions, colonies appeared smooth, white to gray, non hemolytic and (1-3mm) in

Table 3: Distribution of Sample Study According to Antibiotic Sensitive .

Antibiotic (µg/disc)	Sensitive No. (%)	Intermediate No. (%)	Resistance No.(%)
Metronidazole, MTZ(5)	22(100%)	00	00
Chloramphenicol , C (10)	22(100%)	00	00
Rifampin, Rif (5)	18(81.8%)	00	4(18.1%)
Ampicillin, AM(25)	00	00	22(100%)
Vancomycin, VA (30)	2(9.09%)	00	20(90.9%)
Erythromycin, E (15)	3(13.6%)	00	19(86.3%)

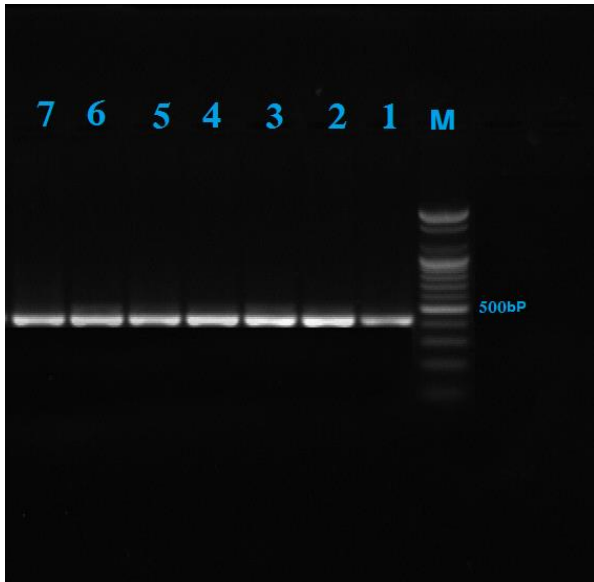


Figure 1: Agarose gel electrophoresis of PCR amplification products of *B. Fragilis* ,expected products of amplification were 400bp.

diameter, all isolates were gave gram positive, rod shaped cells, identification by using Biochemical test to further confirmation with the bacteria, API 20A kits (bio Mériex)was used . After 48 hrs. of incubation all the isolates were confirmed, Table[2] .

Enterotoxigenic *B. Fragilis* (ETBF) induced diarrhea in children has been reported by different researchers in various parts of the world, and suggest that detection of ETBF may be a potential marker of early colorectal carcinogenesis, the similar result were recorded by ^{1,8,11,12,13,19}, and mention that enterotoxigenic *B. fragilis* could be a cause for vaginitis²⁰.

It also tests the susceptibility of the bacterial isolates against (6) types of the antibiotic . The results appear that the *B. Fragilis* bacteria are extremely resistant to numerous antibiotics, so it appears a ratio of resistance to antibiotics (Ampicillin, Vancomycin, Erythromycin) and these results coincides with pervious study^{14,15, 16}, whereas show a highly sensitive against the antibiotics (Metronidazole, Chloramphenicol, Rifampin)^{17,18,8}.

CONCLUSION

The results showed that *B. fragilis* was the most prevalent species in diarrheal stools samples and important anaerobic pathogens that frequently cause various infections, and due to the decrease in sensitivity to antibiotics, selection of antibiotic has been difficult.

The chloramphenicol, and metronidazole remain active against *B. Fragilis* isolates.

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