RESEARCH ARTICLE

Development of quality standard of Ksheerabala oil: An Ayurvedic Formulation

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ABSTRACT

This contemporary study is intended to standardize the Ksheerabalatailage with respect to Sida cordifolia root powder processed with sesame oil and milk. The chief objective of this contemporary research work is to assess the various Standardization properties of the Ksheerabalatailage like saponification value, iodine value, Acid value, Peroxide value, Total fat, weight per milliliter, high-performance thin-layer chromatography (HPTLC) and gas chromatography–mass spectrometry (GCMS) analysis. The physicochemical properties like the iodine value, saponification value, acid value, peroxide value, total fat, and HPTLC fingerprinting and GC-MS analysis were established. The results of these studies would be useful for authentication, standardization, and disclosing counterfeit deterioration of the original herbal drug of Ksheerabalatailage.

Keyword: Ayurvedic oil, Balamul, Ksheerabalatailage, Sida cordifolia, Vata disorder.

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INTRODUCTION

Ksheerabalatailage (Ksheerabala oil) is meant for Internal and external applications widely prescribed by Ayurvedic practitioner for Vata disorders. It is also used as Vasthi (enema) and Nasya (nasal administration).1 In Ksheerabalatailage, the powder of the root of Sida cordifolia L. (Balamula Churna) is processed with sesame oil and milk. Bala, is an Ayurvedic medicinal plant used to treat bronchial asthma, cold, flu, chills, lack of perspiration, headache, nasal congestion, aching joints and bones, cough, wheezing, and edema. The root infusion is given in nervous, urinary blood, and bile related disorder. S. cordifolia has been reported to possess analgesic, anti-inflammatory, hypoglycemic activities and hepatoprotective activity. Traditionally the plant S. cordifolia has been used for CNS depressant, fat loss, analgesics, anti-inflammatory, hypotensive and hepatoprotective purposes. The presence of ephedrine has highlighted the utility of this plant. Oil preparation of Bala is used to cure pain, swelling disorder, and Gritha preparation cures Heart diseases. This plant has great potential to develop a supplement for athletics as nutraceuticals. Ephedrine is known to stimulate the central nervous system (CNS), and as such, can enhance weight loss.2 Ksheerbalatala was first mentioned in Sahasra Yoga, an authentic Ayurvedic formulary of Kerala. The similar preparation has been mentioned by almost all ancient Ayurvedic texts but with different names. Charaka mentioned as shatashastra pakabalata taila, Sushruta mentioned as Shatapakabalataila and Ashtangahridaya mentioned as Shatapaka- sahasrapakabalataTaila.3-6 An attempt has been made to standardize Ksheerbalata oil due to a lack of modern scientific data.

MATERIALS AND METHODS

Ksheerbalatala was prepared from roots Sida cordifolia as per the reference mentioned in Sahasrayagom tailaparakarana (5/124)5-7 The plant was identified and authenticated by Survey of Medicinal Plants Unit at Central Research Institute of Unani Medicine, Hyderabad. Herbarium of the plant specimens was prepared and deposited in the herbarium section of the Central research institute of Unani Medicine, Hyderabad, with voucher specimen number SMPU/CRI-Hyd13572. The fine powder of Bala (Sidakordifolia root) near about 3.125 kg was mixed with 40 liters of cow’s milk and 10 liters of sesame oil and boiled on a moderate fire constantly checked the Kalka (Paste by rolling between the fingers ). Heating was stopped as the appearance of froth over the oil and the oil alone remained. Varthi (thread formed by pressing underneath paste of processing oil) was exposed to flame and confirmed that absence of crackling sound indicating absence of moisture, then the oil was filtered and cooled, packed in tightly closed containers.7

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Organoleptic and physiological evaluation
The prepared oil is evaluated for organoleptic as well as physiological evaluation as per standard protocol.\(^8\)

HPTLC screening
Thin-layer chromatography of oil was developed using solvent system toluene: ethyl acetate (9:1), which was saturated for 45 minutes in CAMAG twin trough chamber. The extract was applied manually on TLC Silica gel 60 F\(_{254}\) Aluminum coated plate and run up to 8 cm. Plates were observed under daylight, ultraviolet light at 366nm, and subsequently derivatized with iodine vapor and anisaldehyde-sulphuric acid. Developed band colors and retention factor (R\(_f\)) were recorded.\(^9\)

GC-MS analysis
GC-MS analysis was carried out at VIT-SIF Lab, SAS, Chemistry Division for NMR, Vellore, Tamil Nadu, India, Perkin Elmer system Clarus 680 GC was used in the analysis employed a fused silica column, packed with Elite-5MS (5% biphenyl 95% dimethylpolysiloxane, 30 m × 0.25 mm ID × 250μm df) and the components were separated using Helium as carrier gas at a constant flow of 1 mL/min. The injector temperature was set at 260°C during the chromatographic run. The 1 μL of extract sample injected into the instrument the oven temperature was as follows: 60°C (2 min); followed by 300°C at the rate of 10°C for 1 min; and 300 °C, where it was held for 6 minutes. The mass detector conditions were: transfer line temperature 240°C; ion source temperature 240°C; and ionization mode electron impact at 70 eV, scan time 0.2 sec and scan interval of 0.1 second. The fragments were from 40 to 600 Da. The spectrums of the components were compared with the database of a spectrum of known components stored in the GC-MS NIST (2008) library.\(^10\)

RESULTS
The organoleptic and physicochemical parameter is depicted in Table 1 (Figure 1) and Table 2, respectively.

Oil shows four major spots under UV 366nm at Rf values 0.39, 0.49, 0.60 and 0.83.

The phytochemical constituents present in the chloroform extract of the Ksheerabalatailam are reported in Table 3. The GC-MS analysis of the oil extract revealed the presence of three chemical constituents that could contribute to the medicinal properties of the Ksheerabalatailam. The identification of the active principles present in the tailam extract was confirmed based on the peak area, retention time, molecular formula, molecular weight, and peak area in percentage were shown in Table 3 and Figure-3. The first compound identified with less retention time 18.47 min was N-Hexadecanoic acid, molecular weight of 256, molecular formula of C\(_{16}\)H\(_{32}\)O\(_2\) and its peak area percentage was 9.95 %, and the second compound identified with retention time 19.74 min was 17-Octadecynoic acid, Table 1: Organoleptic characters for oil

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Observation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color</td>
<td>Brown</td>
</tr>
<tr>
<td>Odor</td>
<td>Pleasant</td>
</tr>
<tr>
<td>Touch</td>
<td>Oily</td>
</tr>
<tr>
<td>Taste</td>
<td>Characteristic</td>
</tr>
</tbody>
</table>

Table 2: Physiochemical properties of oil

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight per milliliter</td>
<td>0.8421g/mL</td>
</tr>
<tr>
<td>Saponification value</td>
<td>137.4</td>
</tr>
<tr>
<td>Iodine value</td>
<td>116</td>
</tr>
<tr>
<td>Acid value</td>
<td>6.0</td>
</tr>
<tr>
<td>Peroxide value</td>
<td>6.4</td>
</tr>
<tr>
<td>Total fat</td>
<td>94%</td>
</tr>
</tbody>
</table>

Table 3: GC-MS spectral analysis of chloroform extract of Ksheerabalatailam

<table>
<thead>
<tr>
<th>S.NO</th>
<th>RT (Min)</th>
<th>Name of the compound</th>
<th>Molecular weight</th>
<th>Molecular formula</th>
<th>Peak area %</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>18.47</td>
<td>N-Hexadecanoic acid</td>
<td>256</td>
<td>C(<em>{16})H(</em>{32})O(_2)</td>
<td>9.95</td>
</tr>
<tr>
<td>2</td>
<td>19.74</td>
<td>17-Octadecynoic acid</td>
<td>280</td>
<td>C(<em>{18})H(</em>{34})O(_2)</td>
<td>85.97</td>
</tr>
<tr>
<td>3</td>
<td>28.04</td>
<td>1,3-Benzoxazole, 5,5’-(Tetrahydro-1H,3H-furo[3,4-c][furan-1,4-Diyl]bis</td>
<td>354</td>
<td>C(<em>{20})H(</em>{16})O(_6)</td>
<td>4.07</td>
</tr>
</tbody>
</table>
molecular weight of 280, molecular formula of C\textsubscript{18}H\textsubscript{32}O\textsubscript{2} and its peak area percentage was 85.97 %. The third compound identified which took longest retention time 28.04 min to identify was 1,3-Benzodioxole, 5,5’-(Tetrahydro-1H,3H-furo[3,4-c]furan-1,4-Diyl) bis, molecular weight of 354, molecular formula of C\textsubscript{20}H\textsubscript{18}O\textsubscript{6} and its peak area percentage was 4.07 %.\textsuperscript{11-13}

**DISCUSSION**

Now a day’s many herbal raw drugs were adulterated in the market. To confirm the identity of a sample, standardization became a must. Repeated standardization studies on a particular drug and particular part of the drug provide the authenticity in fixing the referral values for future identification and utility. In this regard, *Sida cordifolia* L. root powder, a very useful drug of Ayurvedic system of medicine, was studied for organoleptic characters and subjected to physicochemical analysis to standardize for further clinical studies and utility. The results are further useful for the scholars working in the field of medicinal plants, as referral values of standardization. The developed HPTLC fingerprints of the drug are also useful.
The gas chromatogram shows the relative concentrations of various compounds getting eluted as a function of retention time. The heights of peak indicate the relative concentrations of the components present in the tailam extract. The mass spectrometer analyzes the compounds eluted at different times to identify the nature and structure of the compounds. The mass spectra are finger print of that compound which was identified from NIST library databases. The compounds which was identified by GC-MS analysis were N-Hexadecanoic acid, 17-Octadeenoic acid and 1,3-Benzodioxole, 5,5’-(Tetrahydro-1H,3H-furo[3,4-c]fur-an-1,4-Diyl)bis.

REFERENCES