

# The Glutathione S-Transferase (GSTT and GSTM) Genotyping and Alcohol Level in Drunks

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## ABSTRACT

Alcoholism is most the important problem is spreading among the young in the Iraqi population, studies found the health and social harmful effects of alcohol thus the present study deal with The Glutathioe S-Transferase in alcohol use disorder, the GSTT and GSTM genotyping was used in the current study, the current finding showed GSTT+GSTT was present in low percent in drunks than the control group in non-significant differences ( $p = 0.156$ ). the GSTT found in high percent's in drunks and control with null genotyping observed in non-significant differences ( $p = 0.801$ ), the GSTM found in low percent in the drunks than control and null genotyping was higher in drunks than control in significant differences ( $p = 0.009$ ). and finally the GSTT null GSTM and GSTM null GSTT were significant differences ( $p = 0.021$ ), The levels of alcohol was detected according to GST genotyping, the high level of alcohol observed in GSTT+GSTM null genotyping ( $96.25 \pm 22.58$ ) while low percent observed ( $62.00 \pm 2.00$ ) in GSTM null GSTT, all differences were non-significant, it can be concluded that the GSTM null genotyping was strong association with alcohol use disorder, and the null genotyping of both GSTs genes have higher levels of alcohol than other genotyping.

**Keywords:** Glutathione S-Transferase, GSTT, GSTM, Genotyping, Alcohol Level, Drinking Habbit

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## INTRODUCTION

The glutathione S-Transferases (GSTs) are family of soluble enzymes included diverse types of detoxification member's work to reduce conjugated of glutathione and reduction reactions. The substrates of the GSTs are different toxic molecules like carcinogens and electrophiles, after conjugation of these molecules they are more easily to excreted into urine or bile.<sup>1</sup>

The GST of human included classes Alpha, Theta, Mu and Omega with multiple members of each class, its encoded by paralogous genes clusters on separated chromosomes, Alpha on chromosome 6p12,<sup>3,4</sup> Mu on chromosome 1p13,<sup>4,5</sup> Theta on chromosome 22q11.2,<sup>6,7</sup> and Omega on chromosome 10q24.3,<sup>8</sup> while the reverse transcribed pseudo-gene of the Omega class, on chromosome 3,<sup>8</sup> the GST common polymorphisms in the populations of the genes is a deletion in GST M1-1 and GST T1-1 in human.<sup>9</sup> Investigations suggested that these deletions may be happened by homologous recombination events, at least one of the neighboring GST genes didn't intact In both cases, the homozygous for the null allele exhibit a clear phenotype with respect to glutathione conjugation of specific

substrates, the deletion of GSTM1 Homozygous removes GST activity with respect to conjugation of the characteristic GST M1-1 substrate trans-stilbene oxide (TSO), as measured in lymphocyte homogenates.<sup>10-12</sup> The GSTs genotyping may have different susceptibilities to environmental exposures, the deletion of the GSTM1 gene can be increased cancer risk by environmental exposure while the presence of the intact GSTM1 gene would be protective for carcinogen-derived DNA adduct formation and cytogenetic damage.<sup>13</sup>

## METHODOLOGY

About 40 drunks have age ranged (21–59 years) and BMI ranged ( $22\text{--}30 \text{ kg/m}^2$ ) and 29 non-drunk individuals have age ranged (20–34 years) and BMI ranged ( $19\text{--}35 \text{ kg/m}^2$ ), blood samples were collected from each contributor with written consent, blood stored at  $-20^\circ\text{C}$  till DNA extraction, serum used to detect alcohol level for drunks.

## DNA Extraction and Genotyping Detection

DNA was extracted using the favorgene extraction kit for frozen blood, amplification of GSTM and GSTT conducted

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using the oligos mentioned by Moasser *et al.*, (2014),<sup>14</sup> at annealing temperature 60°C for 30 seconds in separating tubes, PCR products were visualized using agaros gel electrophoresis, 1% Agaros, 75 V, 0.5 X TBE buffer, for 40 minutes.

**Data Analysis**

The genotyping detection GSTT+GSTM, GSTT, GSTM, and null genotyping, frequency of genotyping were dependent, significant analyzed via Odd ratio and CI 95%, ANOVA one way also used, the  $p < 0.05$  used for significant detection.

**RESULTS AND DISCUSSION**

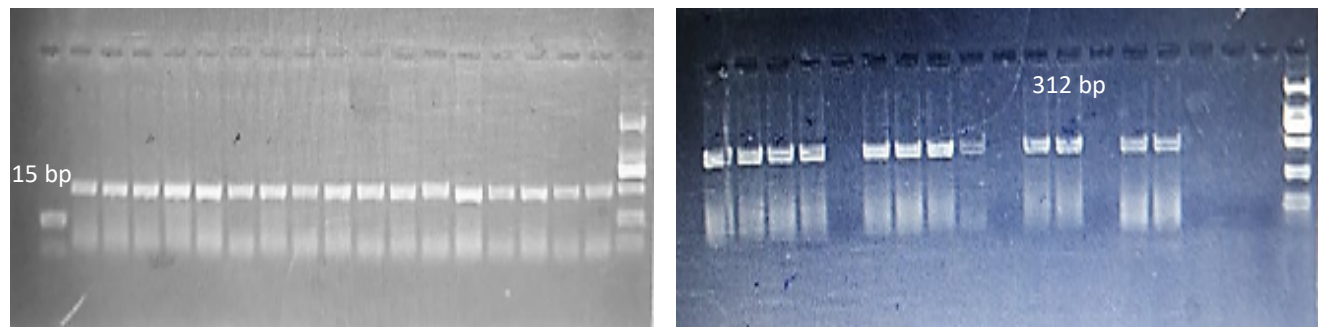
The current findings were clarified to assessment the genotyping of GST in drunks and the level of alcohol levels, the genotyping was observed in the present study included GSTT+GSTM, GSTT, GSTM, GSTT null GSTM and GSTM null GSTT, the GSTT has 312bp and the GSTM has 215 bp, the null genotype mean that the sites didn't amplify and this deal with Al-Musawi *et al.*, (2020)<sup>15</sup> (Figure 1).

The genotyping distribution in drunks and control group shows that the GSTT+GSTM was present in lower percent (57.5%) of drunks than the control group (75.9%), 10% of drunks were null genotyping of GSTT+GSTM and it has not observed in the control group in non-significant differences ( $p 0.156$ ). The GSTT found in high percent's in drunks and control (85%, 82.74%) respectively, and the null genotyping observed in (15%) of drunks and (17.24%) of control in non-

significant differences ( $p 0.801$ ), the GSTM found in low percent in the drunks (62.5%) than control (93.1%) and null genotyping was high in drunks (37.5%) than control (6.89%) in significant differences ( $p 0.009$ ). And finally, the GSTT null GSTM and GSTM null GSTT were significant differences ( $p 0.021$ ) in study groups which were (27%) in drunks and (6.89%) in control for a GSTT null GSTM while (5%) and (17.25%) of GSTM null GSTT for drunks and control group respectively (Table 1).

The level of alcohol was detected according to GST genotyping, the elevated level of alcohol observed in GSTT+GSTM null genotyping ( $96.25 \pm 22.58$ ) while low percent observed ( $62.00 \pm 2.00$ ) in GSTM null GSTT, all differences were non-significant (Table 2).

Alcohol use disorder or (Alcoholism) is a complex disorder trigger via environmental and genetic factors. The genetic factors of alcoholism were resulted from the action of multiple or interacting genes. The detection of these genes is an interest in scientific field and has used some strategies, the current study deal with GST genotyping because of the great important in oxidative stress detoxification, Alcohol has been found to be induced free radicals formation and lipid peroxidation which can lead to DNA damage.<sup>16</sup> The present results show a strong association between GSTT and GSTT null genotyping with alcohol abuse in drunks, also the high level of alcohol was found in GSTT+GSTM null genotyping,



**Figure 1:** Agaros gel electrophoresis of GSTT and GSTM genotyping in drunks, 215 bp of GSTM and 312 bp of GSTT, 75 V, 40 min, 1% agaros with ethidium bromide staining

**Table 1:** The GST genotyping (GSTT and GSTM) in study groups

Genotyping	Drunks	Control	Odd ratio (CI95%)	Sig
<b>GSTT+GSTM</b>				
Present	23(57.5%)	22(75.9%)	8.6170	0.156
Null	4(10%)	0	(0.4384 to 169.385)	
<b>GSTT</b>				
Present	34(85%)	24(82.75%)	0.8471	0.8019
null	6(15%)	5(17.24%)	(0.2316 to 3.0981)	
<b>GSTM</b>				
Present	25(62.5%)	27(93.10%)	8.1000	0.0091
Null	15(37.5%)	2(6.89%)	(1.6809 to 39.0325)	
<b>GSTT null GSTM</b>	11(27%)	2(6.89%)	13.7500	0.0211
<b>GSTM null GSTT</b>	2(5%)	5(17.25%)	(1.4831 to 127.4794)	

**Table 2:** The alcohol level in drunks according to GST genotyping

Genotyping	Alcohol level mg/cm <sup>3</sup>	Sig
GSTT+GSTM	75.26 ± 9.89	0.419
Null	96.25 ± 22.58	
GSTT	72.41 ± 7.160	0.502
Null	84.83 ± 16.01	
GSTM	74.20 ± 9.11	0.988
Null	74.40 ± 8.76	
GSTT null GSTM	66.45 ± 8.21	0.828
GSTM null GSTT	62.00 ± 2.00	

Independent t test

the GSTs are contributed to the metabolism of different types of toxic molecules like potential carcinogenic compounds, such as organic epoxides, peroxides, steroids and aromatic amino/nitro compounds.<sup>17</sup> Helzlsouer *et al.*, (1998)<sup>18</sup> reviewed the isozymes of GST like GSTT1 and GSTM1, which have overlapping substrate specificity, however, the GSTs can interact with alcohol or its contaminants in disease like breast cancer development. For instance the missed of the GST genes can be decreased the ability to conjugate the products of lipid peroxidation, cytotoxic compounds and free radicals producing through the metabolism of alcohol.<sup>19</sup> The present results deal with other evidence that found the null genotyping of the GST was associated with other disease in alcohol consumes patients.<sup>20,21</sup> The present study has many limitations like the difficulty of sample and data collection from drunks. The current investigates concluded that the GSTM null genotyping was strong association with alcohol use disorder, and the null genotyping of both GSTs genes have higher levels of alcohol than other genotyping.

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