

# Bioanalytical Method Development and Validation of MEM-PLGA-Nanoparticles *via* Nasal Route Administration

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## ABSTRACT

The aim of this effort is to increase extended pharmaceutical release by systematizing PN elaboration for ME, a novel treatment for Alzheimer's disease. Bioanalysis is an essential part in drug discovery and development. Bioanalysis is related to the analysis of analytes (drugs, metabolites, biomarkers) in biological samples and it involves several steps from sample collection to sample analysis and data reporting. A simple, sensitive, and quick LC-MS technique for quantifying MEM in rat plasma was developed and validated. Chromatography was carried out on a C18 column (4.6 × 75 mm, 3.5 μm). ME and its internal standard, NLB, were extracted by direct protein precipitation and were chosen as the sample treatment method rather than liquid-liquid extraction techniques and evaluated with LC-MS/MS in multiple-reaction monitoring (MRM) mode. This approach demonstrated intra- and interday precision in the ranges of 2.1-3.7 and 1.4-7.8%. Furthermore, intra- and interday accuracy ranged from 95.6 to 99.8, and 95.7-99.1%, respectively. MEM and NLB showed mean recovery rates of 86.07 ± 6.87 and 80.31 ± 5.70%, respectively. The stated method was effectively applied in the bioequivalence study of MEM and evaluated its potential for treating Alzheimer's disease via the nasal route. MEM administered via the nasal route will demonstrate improved bioavailability and efficacy in the treatment of Alzheimer's disease compared to current therapies.

**Keywords:** Alzheimer's, MEM, NLB, LC-MS, PN.

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**Conflict of interest:** None

## INTRODUCTION

Alzheimer's disease is a progressive neurodegenerative disorder that affects millions of people worldwide, and there is currently no cure<sup>1-3</sup>. The development of effective treatments for Alzheimer's disease is a critical area of research, as the aging population is expected to increase the prevalence of the disease, several drugs are currently available for the treatment of Alzheimer's disease, but they only provide temporary relief of symptoms and do not slow down the progression of the disease<sup>4-8</sup>. There is a lack of research on the potential of MEM, a novel compound, for the treatment of Alzheimer's disease via the nasal route. The nasal route has been shown to offer several advantages over other routes of administration, including increased bioavailability and reduced side effects<sup>9-13</sup>.

### Pathophysiology of Alzheimer Disease:

Figure 1 shows the pathophysiology of Alzheimer Disease Structure

### Bioanalytical Method development

Figure 2 shows the fundamental parameters for Bioanalytical method development and validation

## MATERIALS AND METHODS

### Bioanalytical Method Development for MEM and MEM-PLGA NP:

#### Chromatographic conditions:

Utilizing a C18 column (100 × 3.0 mm) with a particle size of 2 μm and an isocratic flow rate of 0.4 mL min<sup>-1</sup>, a mobile phase system comprising 20% ammonium formate buffer pH 9.5 and 80% methanol was employed. MS detector in SIM (single ion monitoring) mode and positive polarity at m/z 289 (for MEM) and 359 (for NLB).

Schematic representation is given in Figure 3.

## RESULT AND DISCUSSION

### Calibration curve and Linearity Data for Memantine UV absorbance:

Figure 4 shows the Calibration Curve of MEM by UV

### Mass Spectrum Fragmentation:

Base peaks which are also protonated molecular ion peaks are selected for additional single-ion monitoring (SIM) detection

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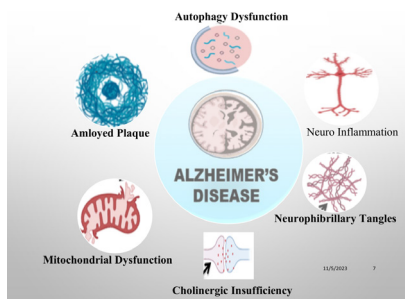


Figure 1: Pathophysiology of Alzheimer Disease Structure

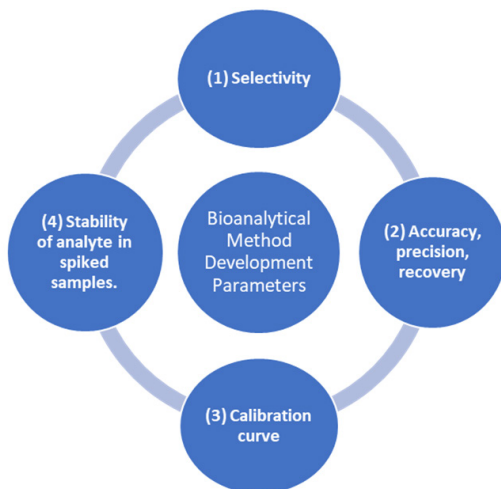


Figure 2: The fundamental parameters for Bioanalytical method development and validation

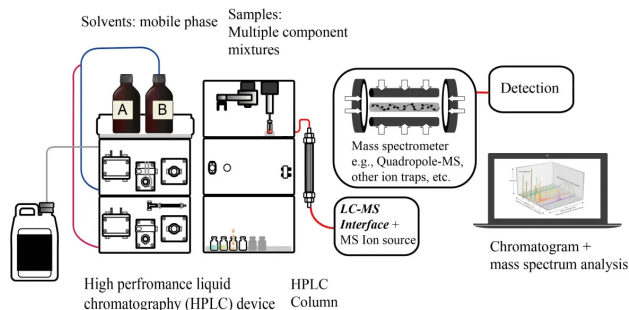


Figure 3: LC-MS system with the Shimadzu® UFLC series trademark was linked to a PC running Lab Solutions LCMS® Software.

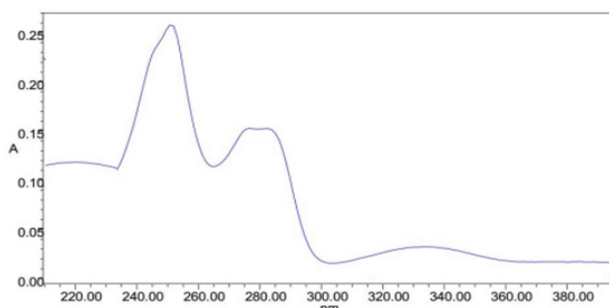
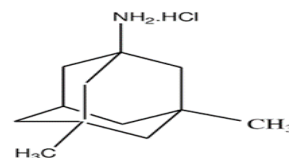
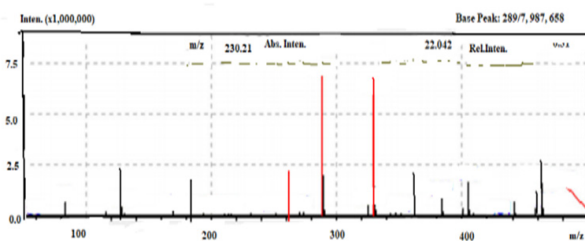
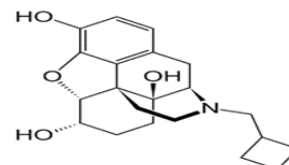
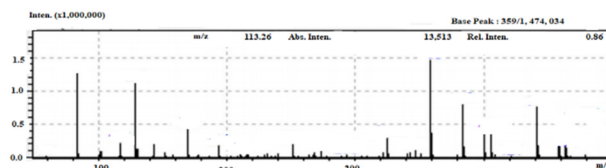


Figure 4: Calibration Curve of MEM by UV



A



B

Figure 5: a) MEM and b) nalbuphine's structure and fragmentation pattern utilizing electrospray ionization (ESI) in positive mode from stock injection

as shown in Figure 5a and 5b

### Preparation of Calibration Standards and Quality Control Samples

Figure 6 shows the chromatograms for brain homogenate samples taken from rats administered MEM-NP dosage form a) without sample preparation using acidification treatment and b) with sample preparation using non acidification treatment; the latter exhibiting a peak at MEM retention.

### Method validation

#### Selectivity and matrix effects:

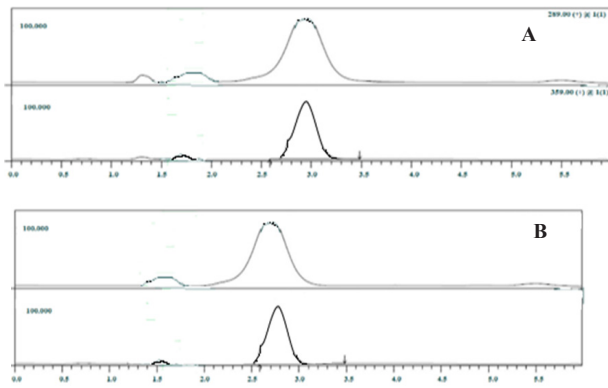
Figure 7a & b show the blank and zero calibrator chromatograms in the brain homogenate matrix.

#### Linearity

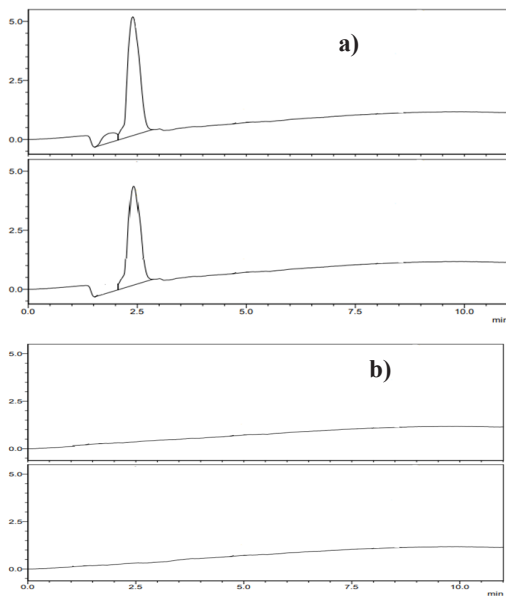
Table 1 shows the linearity parameters for MEM response factor in different biological matrices

#### Sensitivity

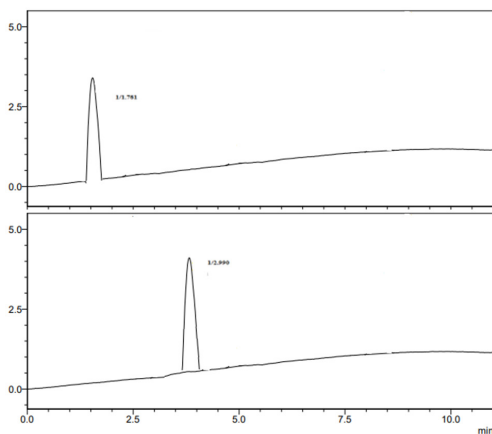
Figure 8 shows the limit of detection (LOD) was established using an LC chromatogram of a 0.2 ng mL<sup>-1</sup> injection that demonstrated a noticeable peak response at MEM retention with a signal-to-noise ratio greater than 3. Table 2 shows the Intraday and Interday Precision Data of MEM on Spiked Rat



**Figure 6:** Chromatograms for brain homogenate samples taken from rats administered MEM-NP dosage form a) without sample preparation using acidification treatment and b) with sample preparation using non acidification treatment; the latter exhibiting a peak at MEM retention



**Figure 7a and b:** show the blank and zero calibrator chromatograms in the brain homogenate matrix



**Figure 8:** limit of detection (LOD) was established using an LC chromatogram of a 0.2 ng mL<sup>-1</sup> injection that demonstrated a noticeable peak response at MEM retention with a signal-to-noise ratio greater than 3

**Table 1:** Linearity parameters for MEM response factor in different biological matrices

| Parameter                    | Plasma                   | CSF                      | Brain                    |
|------------------------------|--------------------------|--------------------------|--------------------------|
| Range (ng mL <sup>-1</sup> ) | 0.5 – 300.0              | 0.5 – 300.0              | 0.5 – 300.0              |
| Intercept (a)                | -335.728                 | 788.456                  | -743.288                 |
| Sa                           | 3750.757                 | 3724.873                 | 5104.245                 |
| Slope (b)                    | 3092.681                 | 4674.896                 | 3968.757                 |
| Sb                           | 32.455                   | 32.238                   | 43.808                   |
| RSD% of the slope            | 1.018                    | 0.669                    | 1.080                    |
| Adjusted R square            | 0.9993                   | 0.9997                   | 0.9992                   |
| S y/x                        | 9198.804                 | 9136.307                 | 12,520.147               |
| F                            | 9661.444                 | 22,389.621               | 8592.246                 |
| Significance F               | 1.283 ×10 <sup>-13</sup> | 4.453 ×10 <sup>-15</sup> | 2.050 ×10 <sup>-13</sup> |

**Table 2:** Intraday and Interday Precision Data of MEM on Spiked Rat Plasma

| Conc (µg/mL) | Intra-day | Inter day |
|--------------|-----------|-----------|
| 75           | 231456    | 232456    |
| 75           | 245412    | 246546    |
| 75           | 241455    | 241652    |
| 75           | 242156    | 241232    |
| 75           | 241562    | 241546    |
| 75           | 240215    | 240514    |
| Avg          | 241254    | 241412    |
| SD           | 881.935   | 2142.56   |

**Table 3:** Recovery of MEM

| Conc. ng/mL | % Recovery | % RSD (n= 3) |
|-------------|------------|--------------|
| 50          | 77.85      | 6.94         |
| 100         | 78.96      | 3.11         |
| 150         | 83.68      | 6.98         |
| 200         | 82.56      | 6.10         |
| 250         | 79.71      | 3.47         |
| 300         | 82.65      | 4.34         |

**Table 4:** Summary of Validation Parameter

| Parameter                              | Observation             |
|--|-------------------------|
| Detection Wavelength                   | 289nm                   |
| Linear Range (ng/ml)                   | 0.5-300                 |
| Correlation coefficient R <sup>2</sup> | 0.9992                  |
| Recovery (%)                           | 77-83                   |
| LOD                                    | 0.2 ng mL <sup>-1</sup> |

Plasma. **Table 3** shows the Recovery of MEM. **Table 4** shows the summary of validation parameter

## CONCLUSION

After all, given their proven capacity to provide a more effective regimen, MEM-PLGA NPs are a more practical alternative for treating AD patients than free MEM. A bioanalytical method for ME has been developed and the method was validated as per USFDA guidelines. The proposed methods were found to be simple, accurate, precise, and reproducible and can be applied to the analysis of drugs in rat plasma. The proposed method was also applied for the estimation of bioavailability, bioequivalence, pharmacokinetic & toxicokinetic data of nanoparticulate formulation.

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