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Research Article

Development and Characterization of Ketoprofen Loaded Protransfersome by Using Sodium Cholate for Transdermal Delivery

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ABSTRACT

The study was aimed to characterize protransfersome gel as TDDS of ketoprofen for effective and sustain deliver of drug. The various formulation parameters were optimized by preparing 9 formulations using Sodium cholate as edge activator. All protransfersome formulations were characterized and found that, in physical appearance protransfersome gel was Yellowish semisolid compact mass and the mean particle size of transfersome varied from 1027-1209 nm. TEM micrographs transfersome suspension showed that the vesicles have a uniform spherical shape with a smooth surface. The formulation PTC3-I have higher rate to produce transfersome than all formulations (10.331 \pm 0.221) X 10³. Formulations with cholesterol have good entrapment capacity and formulations with isopropanol have a little advantage of higher entrapment in comparison with others either with butanol or ethanol. Release rate study through cellophane membrane indicate that the % cumulative release in 48 hr was found ranging in 34%-64%, PTdC3-I formulation has shown highest percentage release.

Key words: protransfersome, ketoprofen, sodium cholate.

INTRODUCTION

Transfersomes squeeze themselves even through pores much smaller than their own diameter. This is due to high flexibility of the transfersomes membrane and is achieved judiciously combining by at least two lipophilic/amphiphilic components (phospholipids plus biosurfactant) with sufficiently different packing characteristics into a single bilayer^{1,2}. The high resulting aggregate deformability permits transfersomes to penetrate the skin spontaneously. Transfersomes are ultra deformable hydrophilic lipid vesicles that cross the skin under the influence of a transepidermal water activity gradient³. They are able to transport both high and low molecular weight into the body noninvasively. These vesicles are 105 time more deformable than unmodified liposomes. This characteristic makes transfersomes, to squeeze through pores in the stratum corneum. This makes transfersome a most efficient transdermal vehicle but as liposome its aqueous dispersion may exhibit aggregation, fusion, leaking of entrapped drugs, or hydrolysis of encapsulated drugs, thus limiting the shelf life of the dispersion⁴.

Protransfersome, a product in gel form may avoid many of the problems associated with aqueous dispersions of transfersome and minimize problems of physical stability (aggregation, fusion, leaking). The additional convenience of the transportation, distribution, storage, and dosing would make 'Protransfersome gel' a promising industrial product. Protransfersome gel on hydration form multilamellar transfersome suspension⁴.

Ketoprofen is an anionic non-steroidal anti-inflammatory drug (NSAID). It is a derivative of propionic acid and

widely used in the management and treatment of patients with rheumatic disease⁵⁻⁸. Ketoprofen is used for musculoskeletal and joint disorders such as ankylosing spondylitis, osteoarthritis, and rheumatoid arthritis. NSAIDs are very widely prescribed but they have a poor tolerability profile, with a range of potential adverse effects. Ketoprofen when given orally, its adverse drug reactions are mild upper gastrointestinal complaints such as nausea, dyspepsia or epigastric discomfort^{9, 10}.

The main aim of study was to develop a transdermal delivery vehicle for sustained systemic delivery of ketoprofen using protransfersome system and to investigate the feasibility of using protransfersome as a transdermal drug delivery system for ketoprofen.

MATERIALS AND METHODS

Ketoprofen was provided by Torent Labs Ltd, Mumbai, India. Soya lecithin was a kind gift from Natterman phospholipid GMBH, Germany, and contained 93±3% phosphotidylcholine.

All other chemicals used throughout this investigation were of analytical grade and no additional purification was carried out. Doubled distilled water was used through out the study.

Preparation of Protransfersome gel: Protransfersome gel was prepared by phase separation coacervation technique. The method used by Jain N. K. et al, (2005) was redesigned to prepare Ketoprofen protransfersome. Sodium cholate, soya lecithin, and cholesterol in a specified ratio were taken in a dry, clean, wide mouth small test tube. A dose calculated weighed amount of drug was added to it and than a measured amount of

Sl. No.	Formulation code	PC:S:C	Solvent	
1	PTC1-E	16:3:1	Ethanol	
2	PTC1-B	16:3:1	Butanol	
3	PTC1-I	16:3:1	Isopropanol	
4	PTC2-E	18:2:0	Ethanol	
5	PTC2-B	18:2:0	Butanol	
6	PTC2-I	18:2:0	Isopropanol	
7	РТСЗ-Е	17:3:0	Ethanol	
8	PTC3-B	17:3:0	Butanol	
9	PTC3-I	17:3:0	Isopropanol	

Table 1. Different variables used in the preparation of protransfersome with Sodium cholate

PC:S:C = *Phosphotydil choline* : *surfactant* (*Sodium cholate*) : *Cholesterol*

Table 2 Characterization of Protransfersome Gel

Formulation code	Vesicle size (nm)	Spontaneity (transfersome/mm ³)	Encapsulation efficiency
PTC1-E	1209	$(7.34\pm0.221) \times 10^3$	82.56±3.88
PTC1-B	1191	(9.687±0.883) X 10 ³	85.24±1.55
PTC1-I	1153	(9.9375±0.441) X 10 ³	85.81±1.25
PTC2-E	1172	(8.187±0.312) X 10 ³	71.67±2.32
PTC2-B	1128	(8.406±0.662) X 10 ³	79.71±4.33
PTC2-I	1083	$(10.07\pm0.883) \ge 10^3$	81.11±3.19
PTC3-E	1108	(9.062±0.883) X 10 ³	79.65±1.37
PTC3-B	1062	$(10.106\pm0.662) \times 10^3$	82.18±7.61
PTC3-I	1027	(10.331±0.221) X 10 ³	85.2±4.83

solvents also added to test tube to dissolve the ingredients. The open end of test tube was covered with a lid to prevent loss of solvent from it and warmed over water bath at $67 \pm 3^{\circ}$ C for about 5 minute until the surfactant mixture was dissolved completely. Then the aqueous phase (phosphate buffer saline (pH 7.4)) was added and warmed on a water bath till a clear solution was formed. The clear solution formed was cooled to room temperature to convert it to a gel known as protransfersome gel¹¹.

Optimization of formulation: Various process variables, which could effect preparation and properties of the protransfersome gel formulation, were identified and studied.

Following two process variables of protransfersome gel formulation were selected for optimization of formulation.

Ratio of surfactant, lecithin and cholesterol

Type of solvent

Total 9 formulations were designed on the basis of these variables. The formulation code and respective variables used in the preparation are given in table 1. The effect of these variables was observed on the properties of formulation.

Characterization of Protransfersome Gel

Physical appearance: The prepared gel was viewed by naked eye to characterize color and physical state of gel. Protransfersome gel was also viewed by optical microscope at 40 X magnification, to observe crystal characteristics of gel by spreading a thin layer of protransfersome gel on a slide and placing the cover slip on it¹².

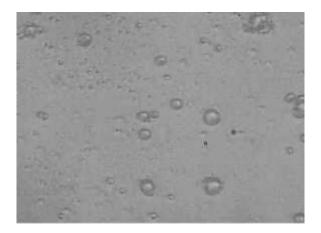
Vesicle size and size distribution: Hydrated protransfersome gel as transfersome suspension was evaluated for transfersome size.

Vesicle size of transfersome was also analyzed by diffraction light scattering method (Malvern Master Sizer). For this protransfersome was hydrated with phosphate buffer saline with slight agitation¹³.

Vesicle shape and surface characteristics: Protransfersome gel was hydrated with phosphate buffer saline (pH 7.4) with slight agitation to produce transfersome. A drop of transfersome suspension was placed on a slide and after placing cover slip observed under microscope. Photomicrographs were taken at 100 X magnification.

To further evaluate the surface characteristics of vesicle transmission electron microscopy (TEM; CM12 Philips, USA) were performed on PTC3-E formulation. The transfersome suspension was negatively stained with a 1% aqueous solution of phosphotungustic acid (PTA). Transfersome suspension was dried on a microscopic carbon coated grid for staining. The excess solution was removed by blotting. After drying the specimen was viewed under the microscope at 13.5, 22 kV old enlargement¹⁴.

Rate of Hydration (spontaneity): Spontaneity of transfersome formation is described as number of transfersome formed after hydration of Protransfersomes for 20 minute. Approximately 20 mg of protransfersome gel was transferred to bottom of a small stoppered glass vial and spread uniformly around the wall of the glass vial with the help of the glass rod. Two ml phosphate buffer saline was added carefully along the walls of the vial and kept aside without agitation. After 20 minute



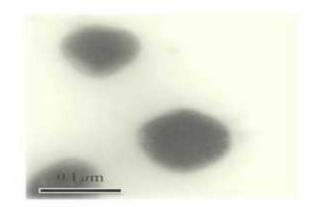


Fig 1 Photomicrograph of PTC3-I

Fig 2 TEM micrograph of PTC3-I

Table: 3 Data of cumulative amount release from protransfersome gel (100mg) at various time point of sample collection through cellophane membranes

Sl. No.	No. Sample collection time Cumulative amount released(µg)							
	(hr)	PTC2-I	PTC3-E	PTC3-B	PTC3-I	H. alc. sol ⁿ		
1	0.5	14	12	22	19	12		
2	1	48	31	53	49	27		
3	1.5	67	49	76	72	49		
4	2	104	78	142	145	78		
5	3	185	134	216	213	92		
6	4	236	196	265	276	112		
7	5	292	258	315	328	135		
8	6	339	284	396	405	166		
9	7	379	365	463	478	203		
10	8	427	472	517	527	245		
11	12	546	533	619	634	274		
12	24	686	625	723	739	342		
13	36	802	713	836	864	406		
14	48	914	838	937	956	471		

suspension was withdrawn and diluted to 10 ml. one drop of diluted suspension was placed on Neubaur's chamber. The number of transfersomes eluted from

protransfersome was counted at RBC subdivisions on Neubaur's chamber¹⁴.

Drug Entrapment efficiency: To evaluate loading capacity of protransfersome system for Ketoprofen, an accurately weighed quantity of protransfersome gel (100 mg) was dispersed into 10 ml phosphate buffer saline to produce transfersome suspension. The transfersome suspension was centrifuged at 18000 rpm in cooling centrifuge at 20 C for 30 min to separate ketoprofen containing transfersome from unentrapped drug. Then the sediment of vesicle was resuspended in 1 ml 30% PEG-400 and 1 ml 0.1% Triton X100 solution was added to it. Resulting solution was filtered and diluted to 100 ml with phosphate buffer saline and analyzed for drug content spectrophotometrically¹⁴.

STATISTICAL ANALYSIS

The statistical significance of the difference in particle size, spontaneity and percentage entrapment between the formulation groups prepared with different ratio of surfactant, lecithin and cholesterol and also to solvent used, was tested by one-way analysis of variance (ANOVA).

Differences were considered to be statistically significant at a level of p = 0.05.

RESULTS AND DISCUSSION

The prepared proniosomal formulations were viewed by naked eye to characterize color and physical state of gel. The results of physical appearance are Yellowish semisolid compact mass.

The prepared Ketoprofen Protransfersome formulation was aimed for transdermal application. Thus vesicle size and vesicle size distribution of transfersomes are crucial parameters for transdermal permeation of such formulation.

Effect of ratio of surfactant, phospotydylchloine and cholesterol has an immense effect on vesicle size and distribution. All batches showed a small mean size, well suited for transdermal permeation.

The mean particle size in by diffraction light scattering varied from 1027-1209 nm ranges. The results are shown in Table 2

In study it was found that the vesicle size of transfersome formed from protransfersome containing S: L: C ratio 3 (S:LC::17:3:0) produces smallest vesicle in comparison to



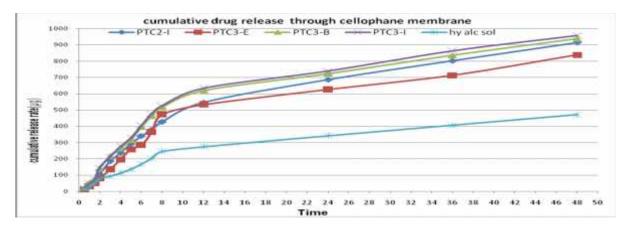


Fig.3 Graphical presentation of cumulative drug release

ratio 2 (S:LC::18:2:0))and ratio 1 (S:LC::17:2:1). For comparison according to ratio, all groups do not significantly differ with each other. The group with Ratio 1 to group with Ratio 2 have p = 0.63 & to group Ratio3 have p = 0.28. The group with Ratio 2 to group of Ratio 3 with p = 0.79. When groups are divided according to solvent used the group of ethanol does not significantly differ to group of isopropanol (p = 0.37), and to group of

butanol p = 0.42. The group with isopropanol to group of butanol with p = 0.56.

Transfersome were examined by optical microscope at 100X magnification and photomicrographs were taken. The photomicrographs of formulations are presented in Figure 2 TEM micrographs of Ketoprofen loaded transfersome suspension showed that the vesicles have a uniform spherical shape with a smooth surface and they are uniformly distributed. It also confirms the vesicle size range, which was obtained by DLS vesicle size analysis.

Spontaneity parameter influences the rate of permeation through skin. The results of study given in Table 2 shows that the spontaneity of protransfersome to form transfersome is greater for formulation containing S: L: C ratio 3 (S:LC::17:3:0) in comparision to ratio 2 (S:LC::18:2:0)) and ratio 1(S:LC::17:2:1). The formulation PTC3-I have higher rate to produce transfersome than all formulations $(10.331\pm0.221) \times 10^3$. For comparison according to sovent, all groups do not significantly differ with each other. The group with ethanol to group with isopropanol have p = 0.48 & to group of butanol have p = 0.64. The group with isopropanol to group of butanol with p = 0.69. When groups are divided according to solvent used the group of ratio 1 does not significantly differ to group of ratio 2 (p =0.57), and to group of ratio 3 (p = 0.48). The group with ratio 2 to group of ratio 3with p = 0.62.

The entrapment efficiency is the major factor to select the optimum formulation. The entrapment efficiency of formulations is given in table 2

If the formulations are evaluated according to Ratio of Phosphatydyl choline, edge activator and cholesterol, the formulations with cholesterol (Ratio 1) have good entrapment capacity in comparison to ratio 2 & 3. Statical data says that group of ratio 1 does not significantly differ to group of ratio 2 (p = 0.31), and to group of ratio 3 (p = 0.52). The group with ratio 2 to group of ratio 3 with p = 0.27.

The formulations with isopropanol have a little advantage of higher entrapment in comparison with others either with butanol or ethanol. The formulation with ethanol does not significantly differ from formulations of butanol (p = 0.49), and from formulation of isopropanol (p = 0.58)

Drug release study: Permeation of Ketoprofen from different formulation was studied using a locally fabricated Franz glass diffusion cell having Cellophane membrane, 200 µm thickness. The effective permeation area of donor compartment exposed to receptor compartment was 2.54 cm² and he receptor compartment was filled with 30 ml of pH 7.4 PBS at temperature $37\pm$ 0.5°C, stirred at 600 rpm. A weighed amount of protransfersome gel (100 mg containing 2.0 mg ketoprofen) was placed on donor compartment with the help of a glass rod. Sample were withdrawn through the sampling port of the diffusion cell at predetermined over intervals 48 hours and analvzed spectrophotometrically. An equal volume of fresh pH 7.4 PBS maintained at 37 ±0.5°C was replaced into the receptor compartment after each sampling ^{13,14,15}.

The release through cellophane membrane from hydroalcoholic solution of drug (1 mg/ml of Hyd. HCl in 5% v/v ethanol in water) was also performed by using above mention procedure.

DATA ANALYSIS

The cumulative amount of Ketoprofen permeated through Cellophane membrane was plotted as a function of time. The slope of the linear portion of the plot was derived by regression. The flux (permeation rate) was calculated from slope.

RESULTS

Drug diffusion study was conducted through cellophane membrane with 4 selected optimized formulations (PTC2-I, PTC3-E, PTC3-B, PTC3-I) and hydro-alcoholic solution of drug. The cumulative amount of Ketoprofen



release from protransfersome formulations through an artificial membrane at various sampling time are presented in Table 3

The result indicate that the % cumulative release in 48hr (Table 3) was found ranging in 34%-64%, PTdC3-I formulation has shown highest percentage release in 48 hr. protransfersome with cholesterol have lower release rate in comparison with others.

The data obtained from permeability studies using cellophane membrane with ketoprofen protransfersome revealed a flux of 6.64 to 7.43 μ g/cm²/hr.

The data of release of ketoprofen from hydro-alcoholic solution revealed that protransfersome formulations have shown significantly increased % release and flux with comparison to same concentration of hydro-alcoholic solution of ketoprofen.

SUMMARY AND CONCLUSION

Protransfersome of ketoprofen was prepared with a purpose of achieving a high local concentration of the active ingredient at the effected site, with as low plasma concentration as possible. Protransfersome gel was optimized by preparing total 9 formulations using various combinations of phosphotydil choline, solvents, cholesterol and Sodium cholate as edge activator.

Formulations containing cholesterol shown high entrapment but has significantly low permeability rat and spontaneity and formulations with isopropyl alcohol have low vesicle size and high permeation rate. PTC3-I formulation found more promising among all formulation and has effective permeation rate. TEM images of transfersome suspension from PTC3-I showed that the vesicles have a uniform spherical shape with a smooth surface and they are uniformly distributed.

In study it was observed that protransfersome is a promising tool for transdermal delivery of drugs with sustain and effective release rate.

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